

LESSON PLANS

DEPARTMENT OF HOME SCIENCE

B.SC (HOME SCIENCE)

SESSION

April 2021-July2021

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Name of the Assistant/Associate Professor: Ms. Archana Dua

Class and Section: B.Sc (Home-Science) -2nd Semester

Subject: Human Development- I

Mode of Teaching: Online & Offline

Lectures Per Week: 3+2

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to Syllabus
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Growth & development, Factor affecting Development To continue
16.4.2021	
17.4.2021	
18.4.2021	Sunday
19.4.2021	Meaning of Nature – Nature , Maturation And learning Practical –Technologies to study children, Development Assessment of infants and Pre-schools Will Be Told /Discussed
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	Test of Whatever Has been Done So Far (Oral/Written)
23.4.2021	
24.4.2021	
25.4.2021	Sunday
26.4.2021	Test Practical –Technologies to study children, Development Assessment of infants and Pre- schools Will Be Told /Discussed
27.4.2021	
28.4.2021	Discuss Nature – Nature Issues In Development
29.4.2021	Various Principles Of development
30.4.2021	
01.5.2021	
02.5.2021	SUNDAY
03.5.2021	Principles Of Development to Continue Practical – Collection Of Rhymes For Children of Nursery School
04.5.2021	
05.5.2021	Principles Of Development to Continue
06.5.2021	Principles Of Development to Continue
07.5.2021	
08.5.2021	
09.5.2021	SUNDAY
10.5.2021	Principles Of Development to Continue Practical Collection Of Stories Of Children of Nursery School record in file
11.5.2021	
12.5.2021	Principles Of Development to Continue
13.5.2021	Principles Of Development to Continue
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	
16.5.2021	SUNDAY
17.5.2021	Test Practical- Preparation of Preschool Activities Contd...
18.5.2021	

19.5.2021	A)Preparation Of Five Activities For Preschoolers B) Writing Five Rhymes (Hindi) And Five Rhymes (English) & Two Stories For Children Of Nursery School
20.5.2021	A)Preparation Of Five Activities For Preschoolers B) Writing Five Rhymes (Hindi) And Five Rhymes (English) & Two Stories For Children Of Nursery School
21.5.2021	
22.5.2021	
23.5.2021	SUNDAY
24.5.2021	Various Stages Of Development Practical- Preparation of Preschool Activities Contd...
25.5.2021	
26.5.2021	Various Stages Of Development
27.5.2021	Various Stages Of Development
28.5.2021	
29.5.2021	
30.5.2021	SUNDAY
31.5.2021	Stages Of Parental Development Practical- Preparation of Preschool Activities Contd...
01.6.2021	
02.6.2021	Stages Of Parental Development
03.6.2021	Various Factor Affecting Parental Development Contd...
04.6.2021	
05.6.2021	
06.6.2021	SUNDAY
07.6.2021	Various Factor Affecting Parental Development Contd... Practical- Preparation of Preschool Activities Contd
08.6.2021	
09.6.2021	Various Factor Affecting Parental Development Contd...
10.6.2021	Various Factor Affecting Parental Development Contd...
11.6.2021	
12.6.2021	
13.6.2021	SUNDAY
14.6..2021	Test Of Unit II (Oral /Written)Practical- Preparation of Preschool Activities Contd
15.6.2021	
16.6.2021	Neonates – Physical Characteristics
17.6.2021	Neonates – Physical Characteristics
18.6.2021	
19.6.2021	
20.6.2021	SUNDAY
21.6.2021	Neonates – Sensory Capacities Contd, Reflexes Of A Newborn Practical- Observing An Infants For Physical Development
22.6.2021	
23.6.2021	Revision Of Unit III Done So Far.
24.6.2021	SANT KABIR JAYANTI
25.6.2021	
26.6.2021	
27.6.2021	SUNDAY
28.6.2021	Revision Of Unit III Done So Far. Practical- Observing An Infants For Physical & Motor Development
29.6.2021	
30.6.2021	Infancy – Development Tasks , Physical Development
01.7.2021	Infancy – Social , Motor Development

02.7.2021	
03.7.2021	
4.7.2021	SUNDAY
05.7.2021	Infancy – Emotional And Cognitive Development Factors Affecting Development In Infancy
06.7.2021	
07.7.2021	Discuss Sensory Capacities And Reflexes Of A Newborn?
08.7.2021	Age Group 2-6 Yr Early Childhood)- Developmental Tasks
09.7.2021	
10.7.2021	
11.7.2021	SUNDAY
12.7.2021	Early Childhood – Social And Emotional Development Practical- Observing Emotional And Motor Development In Early Childhood
13.7.2021	
14.7..2021	Early Childhood – Cognitive & Language Development
15.7.2021	Revision Of Unit IV Done So far
16.7.2021	
17.7.2021	
18.7.2021	SUNDAY
19.7.2021	Test Of Unit IV Covered So far Practical- Observing Social Parent Child And Child – Child Interaction
20.7.2021	
21.7.2021	ID UL ZUHA
22..7.2021	Preschool Orientation & Significance Importance of play for Preschoolers
23.7.2021	
24.7.2021	
25.7.2021	SUNDAY
26.7.2021	Factor Affecting Development In Early childhood
27.6 2021	
28.7.2021	REVISION

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Name of the Assistant/Associate Professor: Ms. Archna Dua

Class and Section: B.Sc -Home Science -4th Semester

Subject: Human Development-III

Mode of Teaching: Online & Offline

Lectures Per Week: 3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	
13.4.2021	Introduction to Syllabus
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	
16.4.2021	
17.4.2021	Young Adult-Hood(19-40 years) Responsibilities & Adjustments at Home(to be cont'd)
18.4.2021	Sunday
19.4.2021	
20.4.2021	Responsibilities & Adjustments at Home (to be cont'd....)
21.4.2021	RAM NAVMI
22.4.2021	
23.4.2021	
24.4.2021	Enlist Various Responsibilities & Adjustment during 19-25 yrs & 25-40 yrs at Home & at Workplace
25.4.2021	Sunday
26.4.2021	
27.4.2021	Responsibilities & Adjustment during 19-40 yrs at Workplace
28.4.2021	Responsibilities & Adjustment at Workplace
29.4.2021	
30.4.2021	
01.5.2021	Young Adulthood at Workplace Sex Role Issues
02.5.2021	SUNDAY
03.5.2021	
04.5.2021	Young Adulthood-Sex Role Issues & Implications for Young Adults
05.5.2021	Middle Adulthood (41-60 yrs)- Definition, Physical Changes
06.5.2021	
07.5.2021	
08.5.2021	Health Issues During 41-60 yrs
09.5.2021	SUNDAY
10.5.2021	
11.5.2021	Stresses During Middle age
12.5.2021	Coping with Stress at Family & Workplace
13.5.2021	
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Test of Unit-II done till now
16.5.2021	SUNDAY
17.5.2021	
18.5.2021	Discuss Various Stress Coping Strategies in 41-60 yrs

19.5.2021	Occupation & Job Satisfaction(41-60) yrs
20.5.2021	
21.5.2021	
22.5.2021	Preparation for Retirement during 41-60 yrs
23.5.2021	SUNDAY
24.5.2021	
25.5.2021	Late Adulthood & Aging- Development Task
26.5.2021	Common Interests in Old Age
27.5.2021	
28.5.2021	
29.5.2021	Adjustment to Family Life in Old Age
30.5.2021	SUNDAY
31.5.2021	
01.6.2021	Health Problems in Old Age Oral Test of this Unit done till now
02.6.2021	Observing an Elderly at Home & Write about Various Health related Problems, Psychological & Memory Changes, taking Place in him/her .
03.6.2021	
04.6.2021	
05.6.2021	Psychological Cognitive & memory Changes in Old Age Changes
06.6.2021	SUNDAY
07.6.2021	
08.6..2021	Oral/Written Test of Unit III
09.6.2021	Effects of retirement on self & family
10.6.2021	
11.6.2021	
12.6.2021	Effects of retirement on Society, Identity & friendship
13.6.2021	SUNDAY
14.6..2021	
15.6.2021	Problem of Old Age
16.6.2021	Describe the Effects of Retirement on self & family, Society, Identity & friendship
17.6.2021	
18.6.2021	
19.6.2021	Various Coping Strategies for dealing with problems of old age
20.6.2021	SUNDAY
21.6.2021	
22..6.2021	Various Coping Strategies for dealing with problems of old age contd..
23.6.2021	Test of Problem of Old age.
24.6.2021	SANT KABIR JAYANTI
25.6.2021	
26.6 2021	Discussing the test answer problems of elderly
27.6.2021	SUNDAY
28.6.2021	
29.6.2021	Revision of Unit-I (Discussing old Question Paper)
30.6.2021	
01.7.2021	Revision of Unit-II
02.7.2021	
03.7.2021	Revision of Unit-II
04.7.2021	SUNDAY
05.7.2021	
06.7.2021	Revision of Unit-III
07.7.2021	Revision of Unit-III

08.7.2021	
09.7.2021	
10.7.2021	Revision of Unit-IV
11.7.2021	SUNDAY
12.7.2021	
13.7.2021	Revision of Unit-IV
14.7.2021	Revision of Unit-IV
15.7.2021	
16.7.2021	
17.7.2021	REVISION
18.7.2021	SUNDAY
19.7.2021	
20.7.2021	REVISION
21.7.2021	ID UL ZUHA
22.7.2021	
23.7.2021	
24.7.2021	REVISION

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Name of the Assistant/Associate Professor: Ms. Archana Dua

Class and Section: BSc-Home-Science-4th Semester

Subject: Community Development and Communication

Mode of Teaching: Online & Offline

Lectures Per Week: 3+2

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to syllabus
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Practical
16.4.2021	Means of communication
17.4.2021	
18.4.2021	Sunday
19.4.2021	scope of communication
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	Practical
23.4.2021	importance of communication
24.4.2021	
25.4.2021	Sunday
26.4.2021	Preparation of non projected aid- chart
27.4.2021	
28.4.2021	Means, scope and importance of communication
29.4.2021	Practical
30.4.2021	Elements and Problems of communication
01.5.2021	
02.5.2021	SUNDAY
03.5.2021	Problems of communication with special reference to India
04.5.2021	
05.5.2021	Preparation of non projected aid- poster
06.5.2021	Practical
07.5.2021	Models of communication
08.5.2021	
09.5.2021	SUNDAY
10.5.2021	Various types of communication
11.5.2021	
12.5.2021	Test of unit 1
13.5.2021	Practical
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	
16.5.2021	SUNDAY
17.5.2021	Preparation of non projected aid- leaflet & folder
18.5.2021	
19.5.2021	Classification of teaching methods according to form
20.5.2021	Practical
21.5.2021	Preparation of mobile on particular topic
22.5.2021	
23.5.2021	SUNDAY

24.5.2021	Classification of teaching methods according to form
25.5.2021	
26.5.2021	Classification of teaching methods according to use
27.5.2021	Practical
28.5.2021	Scope of different extension methods
29.5.2021	
30.5.2021	SUNDAY
31.5.2021	Advantages of different extension methods
01.6.2021	
02.6.2021	Limitations of different extension methods
03.6.2021	Practical
04.6.2021	Preparation of flash cards & usage for education of rural women on a particular theme
05.6.2021	
06.6.2021	SUNDAY
07.6.2021	Limitations of different extension methods
08.6.2021	
09.6.2021	Test of unit 2
10.6.2021	Practical
11.6.2021	Introduction to Panchayati Raj System
12.6.2021	
13.6.2021	SUNDAY
14.6.2021	Preparation of puppet as a media of communication. Each student will be given different character to prepare.
15.6.2021	
16.6.2021	Meaning of Panchayati Raj System
17.6.2021	Practical
18.6.2021	Functions of Panchayati Raj System
19.6.2021	
20.6.2021	SUNDAY
21.6.2021	Writing story(theme based) for the puppet show to educate rural women on the topic to be given
22.6.2021	
23.6.2021	Problems of Panchayati Raj System
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Principles of democratic decentralization
26.6.2021	
27.6.2021	SUNDAY
28.6.2021	Classification of Audiovisual Aids
29.6.2021	
30.6.2021	Puppet show to be organized for educating rural women on the topic written about
01.7.2021	Practical
02.7.2021	Scope of Audio Visual Aids
03.7.2021	
04.7.2021	SUNDAY
05.7.2021	Advantages and limitations of Audiovisual Aids
06.7.2021	
07.7.2021	Factors affecting selection of Audiovisual Aids
08.7.2021	Practical
09.7.2021	Preparation of projected aid –transparency
10.7.2021	
11.7.2021	SUNDAY

12.7.2021	Factors affecting use of Audiovisual Aids
13.7.2021	
14.7.2021	Use of radio talks, television
15.7.2021	Practical
16.7.2021	Preparation of projected aid- power-point presentation
17.7.2021	
18.7.2021	SUNDAY
19.7.2021	Use of conferences, personal talks. Tours
20.7.2021	
21.7.2021	ID UL ZUHA
22.7.2021	Practical
23.7.2021	Revision of syllabus
24.7.2021	

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Name of the Assistant/Associate Professor: Ms. Archna Dua

Class and Section: B.Sc Home Science -6th Semester

Subject: Therapeutic Nutrition

Mode of Teaching: Online & Offline

Lectures Per Week: 4+3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction of Syllabus
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	
16.4.2021	Principles of Diet Therapy Contd.Practical: Talking About Therapeutic Nutrition , Telling About Full Diet , Soft Diet ,Fluid Diet And Bland Diet (With Example)
17.4.2021	Modification of Normal Diet To Suit Therapeutic Purposes
18.4.2021	Sunday
19.4.2021	Modification of Normal Diet To Suit Therapeutic Purposes Contd..
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	
23.4.2021	Modification of Normal Diet To Suit Therapeutic Purposes Contd.. Practical: Modifying Normal Diet For An Obese Person
24.4.2021	a)Make A List Of High Fiber Food And Low Fiber Foods b) Enlist Food Stuff With High Sodium Content and low sodium content?
25.4.2021	Sunday
26.4.2021	Definition Of A Dietician
27.4.2021	
28.4.2021	Role of a Dietician
29.4.2021	
30.4.2021	Role of a Dietician Contd..Practical :Planning a Diet For An Adult Man Suffering From Chronic Diarrhea .Calculate Any Three Important Nutrients
01.5.2021	Test on Role Of A Dietician
02.5.2021	SUNDAY
03.5.2021	Gastro Intestinal Diseases (Unit II)
04.5.2021	
05.5.2021	Diarrhea – Causes & Types
06.5.2021	
07.5.2021	Nutritional management In Diarrhea Practical : Preparation Of Diet For A Diet Patient
08.5.2021	Nutritional management In Diarrhea Continue
09.5.2021	SUNDAY
10.5.2021	Nutritional management In Diarrhea Continue Make A Menu Plan For An Adult Man Having Chronic Diarrhea .
11.5.2021	
12.5.2021	Constipation – Types And Causes
13.5.2021	
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Nutritional management In Constipation
16.5.2021	SUNDAY
17.5.2021	Nutritional management In Constipation Contd..

18.5.2021	
19.5.2021	Constipation Practical: Planning A Diet For An Adult Sedentary Man Suffering From Chronic constipation. Calculate Fiber.
20.5.2021	
21.5.2021	Fever-Types and Causes Practical: Preparation Of Diet For An Adult Sedentary Man Suffering From Chronic Constipation
22.5.2021	Fever-Types and Causes Contd
23.5.2021	SUNDAY
24.5.2021	Nutritional management In Typhoid
25.5.2021	
26.5.2021	Nutritional management In T.B
27.5.2021	
28.5.2021	Make A Menu Plan For An Adult Sedentary Man Suffering From Chronic Constipation Practical : Planning A Diet For A Typhoid Patient , Calculate Vitamin C?
29.5.2021	Weight Management –Overweight And Obesity, Underweight (Unit III)
30.5.2021	SUNDAY
31.5.2021	Obesity-Types, Causes
01.6.2021	
02.6.2021	Nutritional Management in Obesity
03.6.2021	Underweight - Causes Practical: Preparation of Diet For An Obese Lady.
04.6.2021	
05.6.2021	Nutritional management In Obesity Contd.
06.6.2021	SUNDAY
07.6.2021	Diabetes Mellitus – Causes Contd.
08.6.2021	
09.6.2021	Diabetes Mellitus Signs & Symptoms
10.6.2021	
11.6.2021	Nutritional management In Diabetes Mellitus Practical: Planning A Diet For A Diabetic Patient. Calculate Carbohydrates
12.6.2021	Nutritional management In Diabetes Mellitus Contd.
13.6.2021	SUNDAY
14.6..2021	Test : Diabetes Mellitus
15.6.2021	
16.6.2021	Hypertension – Nutritional Management
17.6.2021	
18.6.2021	a) Make A List Of Foodstuffs With High Glycemic Index And Low Glycemic Index b) Enlist Foodstuffs Having Low And High Sodium Content?Practical : Preparation Of Diet For Diabetic Patient
19.6.2021	Kidney Disorder- Type & Causes
20.6.2021	SUNDAY
21.6.2021	Kidney Disorder- Type & Causes
22..6.2021	
23.6.2021	Nutritional management In various Kidney Disorder
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Nutritional management In various Kidney Disorder Contd.Practical: Preparation Of Diet Of A Hypertensive Patient
26.6 2021	Revision Unit I (Discussion Through Old Question Paper)
27.6.2021	SUNDAY
28.6.2021	Revision Unit II (Discussion Through Old Question Paper)

29.6.2021	
30.6.2021	Revision Unit II (Discussion Through Old Question Paper)
01.7.2021	
02.7.2021	Revision Unit III (Discussion Through Old Question Paper) Practical
03.7.2021	Revision Unit III (Discussion Through Old Question Paper)
04.7.2021	SUNDAY
05.7.2021	Revision Unit IV(Discussion Through Old Question Paper)
06.7.2021	
07.7.2021	Revision Unit IV(Discussion Through Old Question Paper)
08.7.2021	
09.7.2021	REVISION
10.7.2021	REVISION
11.7.2021	SUNDAY
12.7.2021	REVISION
13.7.2021	
14.7.2021	REVISION
15.7.2021	
16.7.2021	REVISION

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Name of the Assistant/Associate Professor: Ms. Archna Dua

Class and Section: B.Sc -Home Science -6th Semester

Subject: Nutritional Bio-Chemistry II

Mode of Teaching: Online & Offline

Lectures Per Week: 4+3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction of the Syllabus
13.4.2021	Practical -Do's & Don'ts of working in the biochemistry lab, Reactions of Fatty & Acids
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Properties of Fatty & Acids
16.4.2021	
17.4.2021	Lipids- Definition, Classification of Lipids, Properties of Fatty & Acids Contd
18.4.2021	Sunday
19.4.2021	Lipids- Definition, Classification of Lipids, Properties of Fatty & Acids Contd
20.4.2021	Practical - Reactions of Fats & oils
21.4.2021	RAM NAVMI
22.4.2021	Classification of Lipids, Properties of Fatty & Acids Contd..
23.4.2021	
24.4.2021	Properties of Fatty & Acids Contd..
25.4.2021	Sunday
26.4.2021	Properties of Fatty & Acids Contd..
27.4.2021	Practical- Determination of acid value of fats & oils
28.4.2021	Discuss the Following a) Halogenation of Fatty Acids b) Hydrogenation in Fatty Acids c) Saturated & Unsaturated Fatty Acids
29.4.2021	β Oxidation of Fatty Acids
30.4.2021	
01.5.2021	β Oxidation of Fatty Acids Contd..
02.5.2021	SUNDAY
03.5.2021	β Oxidation of Fatty Acids Contd..
04.5.2021	Practical-Determination of acids value of fats & oils
05.5.2021	β Oxidation of Fatty Acids Contd.
06.5.2021	Test of β Oxidation of Fatty Acids
07.5.2021	
08.5.2021	Biosynthesis of fatty acids
9.5.2021	SUNDAY
10.5.2021	Ketone Body Formation
11.5.2021	Practical- Determination of Saponification value of fats & oils
12.5.2021	Ketosis & Fatty Livers
13.5.2021	Fatty Livers Contd.. Write about the following:- a) β Oxidation of fatty acids b) Ketone body formation
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	TCA Cycle
16.5.2021	SUNDAY

17.5.2021	TCA Cycle Contd..
18.5.2021	Practical- Determination of Saponification value of fats & oils
19.5.2021	TCA Cycle Contd..
20.5.2021	Test of TCA Cycle
21.5.2021	
22.5.2021	Electron Transport Chain
23.5.2021	SUNDAY
24.5.2021	Electron Transport Chain
25.5.2021	Practical- Determination of Saponification value of fats & oils
26.5.2021	Electron Transport Chain
27.5.2021	Electron Transport Chain
28.5.2021	
29.5.2021	Oxidative Phosphorylation Theories Contd..
30.5.2021	SUNDAY
31.5.2021	Oxidative Phosphorylation Theories Contd..
01.6.2021	Practical- Determination of Saponification value of fats & oils
02.6.2021	Describe various components of electron transport chain?
03.6.2021	Biosynthesis of proteins
04.6.2021	
05.6.2021	Biosynthesis of proteins
06.6.2021	SUNDAY
07.6.2021	Biosynthesis of proteins
08.6.2021	Practical- To study properties of amino acids phenylalamine, tyrosine, arguine, cysereine, tryptophan
9.6.2021	Biosynthesis of proteins Contd..
10.6.2021	Biosynthesis of proteins Contd..
11.6.2021	
12.6.2021	Biosynthesis of proteins Contd..
13.6.2021	SUNDAY
14.6..2021	Biosynthesis of proteins Contd..
15.6.2021	Practical- To study properties of amino acids
16.6.2021	Biosynthesis of proteins Contd..
17.6.2021	Biosynthesis of proteins Contd..
18.6.2021	
19.6.2021	Test on Biosynthesis of protein
20.6.2021	SUNDAY
21.6.2021	Test on Electron transport chain
22.6.2021	Practical- To study properties of amino acids
23.6.2021	Explain biosynthesis of proteins?
24.6.2021	SANT KABIR JAYANTI
25.6.2021	
26.6.2021	Nucleic Acids- What are these
27.6.2021	SUNDAY
28.6.2021	DNA & RNA similarities & differences
29.6.2021	Practical- Identity the given unknown amino acids
30.6.2021	DNA- Structure
01.7.2021	RNA- Structure
02.7.2021	
03.7.2021	Replication
04.7.2021	SUNDAY
05.7.2021	Replication

06.7.2021	Practical- Identify the given unknown amino acids
07.7.2021	Translation
08.7.2021	Transcription
09.7.2021	
10.7.2021	Genetic Code
11.7.2021	SUNDAY
12.7.2021	Nucleosides, Types of RNA
13.7.2021	Practical- Viva Question will be discussed
14.7.2021	Write notes on the following: a) Genetic code b) DNA & RNA c) Nucleotides & Nucleosides
15.7.2021	Test of Unit IV
16.7.2021	



Name of the Assistant/Associate Professor: Ms. Usha Pant

Class and Section: B. A 2nd Semester

Subject: Home Science

Mode of Teaching: Online & Offline

Lectures Per Week: 6 {theory}

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Discussion of the syllabus
13.4.2021	Introduction of chapter I
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Objectives and meaning of health education
16.4.2021	Causes of soil pollution
17.4.2021	Effect of soil pollution
18.4.2021	Sunday
19.4.2021	Causes of air pollution
20.4.2021	Effect of air pollution
21.4.2021	RAM NAVMI
22.4.2021	Causes of noise pollution
23.4.2021	Effect of noise pollution
24.4.2021	Causes of water pollution
25.4.2021	Sunday
26.4.2021	Effect of water pollution
27.4.2021	Definition of health & hygiene
28.4.2021	Factors relating to health
29.4.2021	Factors relating to health
30.4.2021	Importance of water
01.5.2021	Impurities of water
02.5.2021	SUNDAY
03.5.2021	Types of water
04.5.2021	Sources of contamination of water
05.5.2021	Purification of water--natural method
06.5.2021	Domestic method of purification of water
07.5.2021	Domestic method of purification of water
08.5.2021	Test
9.5.2021	SUNDAY
10.5.2021	Definition of infection, infection agents, infectious disease
11.5.2021	Incubation period, mode of spread of infection
12.5.2021	Channels of transmission of infection
13.5.2021	Prevention and control of infection
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Discussion on the chapter , question -answer session
16.5.2021	SUNDAY
17.5.2021	Disinfection – meaning and definition
18.5.2021	Types of disinfection
19.5.2021	Method of disinfection
20.5.2021	Commonly used disinfectants in home
21.5.2021	Test
22.5.2021	Immunity – definition & introduction

23.5.2021	SUNDAY
24.5.2021	Types of immunity
25.5.2021	Natural immunity
26.5.2021	Acquired immunity
27.5.2021	Acquired immunity
28.5.2021	Immunization schedule- assignment
29.5.2021	Discussion on assignment
30.5.2021	SUNDAY
31.5.2021	Test
01.6.2021	Diseases spread by insects-----Malaria
02.6.2021	Causes and spread of Malaria
03.6.2021	Symptoms of malaria
4.6.2021	Prevention and control of malaria
5.6.2021	Discussion and presentation on Malaria
6.6..2021	SUNDAY
7.6.2021	Typhoid – introduction
8.6..2021	Cause and mode of spread of typhoid
9.6.2021	Symptoms of typhoid
10.6.2021	Prevention and control of typhoid
11.6.2021	Discussion and presentation on Typhoid
12.6.2021	Cause and mode of spread of dysentery
13.6.2021	SUNDAY
14.6..2021	Symptoms of dysentery
15.6.2021	Prevention and control of dysentery
16.6.2021	Test on typhoid and dysentery
17.6.2021	Cause and mode of spread of cholera
18.6.2021	Symptoms of cholera
19.6.2021	Prevention and control of cholera
20.6.2021	SUNDAY
21.6.2021	Discussion and presentation on cholera
22..6.2021	Diseases spread by droplet infection – introduction
23.6.2021	Causes and mode of spread of Measles
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Symptoms of measles
26.6 2021	Prevention and control of measles
27.6.2021	SUNDAY
28.6.2021	Causes and mode of spread of Mumps
29.6.2021	Symptoms of mumps
30.6.2021	Prevention and control of mumps
01.7.2021	Discussion and presentation on mumps
02.7.2021	Causes and spread of TB
03.7.2021	Symptoms of TB
04.7.2021	SUNDAY
05.7.2021	Prevention and control of TB
06.7..2021	Causes and spread of diptheria
07.7.2021	Symptom and prevention of diptheria
08.7.2021	Test on droplet infection
09.7.2021	Causes and mode of spread of leprosy
10.7.2021	Symptoms and prevention of leprosy

11.7.2021	SUNDAY
12.7.2021	Causes and spread of AIDS
13.7.2021	Symptoms and prevention of AIDS
14.7.2021	Causes, mode of spread , symptoms of tetanus
15.7.2021	Elementary idea about transmission of heat in daily life
16.7.2021	Conduction, convection and radiation
17.7.2021	Thermos flask- structure and working principle
18.7.2021	SUNDAY
19.7.2021	Test on transmission of heat
20.7.2021	Thermometer—types simple conversion in thermometer
21.7.2021	ID UL ZUHA
22.7.2021	Evaporation- introduction
23.7.2021	Factors affecting evaporation
24.7.2021	Refrigerator—structure and working principle
25.7.2021	SUNDAY
26.7.2021	Test on evaporation
27.6 2021	Revision
28.7.2021	Revision

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Name of the Assistant/Associate Professor: Ms. Usha Pant

Class and Section: B A- 2nd Semester

Subject: Home Science, HS02 (practical)

Mode of Teaching: Online & Offline

Lectures Per Week: 6

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction of the syllabus
13.4.2021	Discussing the material required for practical
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Making drawing of pot on sheet
16.4.2021	Making pattern on pot
17.4.2021	Coloring the pattern
18.4.2021	Sunday
19.4.2021	Coloring the pattern
20.4.2021	Preparing file
21.4.2021	RAM NAVMI
22.4.2021	Demonstration on spray painting
23.4.2021	Evaluation of spray painting of students
24.4.2021	Demonstration of bhindi painting
25.4.2021	Sunday
26.4.2021	Sharing video on preparing textures
27.4.2021	Demonstration of leaf texture
28.4.2021	Evaluation of student's work
29.4.2021	Demonstration of paper napkin and foil texture
30.4.2021	Preparing glass bottle for decoration
01.5.2021	Base painting of bottle
02.5.2021	SUNDAY
03.5.2021	Decoration of bottle with different textures
04.5.2021	Sharing videos of bottle decoration
05.5.2021	Completing bottle decoration
06.5.2021	Use of waste material for making useful articles
07.5.2021	Demonstration of using old newspaper for making pen stand
08.5.2021	Pen stand making with newspaper rolls
9.5.2021	SUNDAY
10.5.2021	Completing pen stand
11.5.2021	Decorating the pen stand
12.5.2021	Making papier Mache'
13.5.2021	Sharing video of using papier Mache
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Evaluation of student work
16.5.2021	SUNDAY
17.5.2021	Decoration of papier Mache article
18.5.2021	Decorating papier Mache article
19.5.2021	Introduction of paper flower making
20.5.2021	Use of newspaper in flower making
21.5.2021	Live online class of flower making
22.5.2021	Making paper leaf
23.5.2021	SUNDAY

24.5.2021	Demonstration of flower making with colored paper
25.5.2021	Evaluating student work
26.5.2021	Making flower bouquet
27.5.2021	Making flower bouquet
28.5.2021	Completing the bouquet
29.5.2021	Sharing video on flower making with organdy cloth
30.5.2021	SUNDAY
31.5.2021	Flower making with organdy cloth
01.6.2021	Flower making with cloth
02.6.2021	Evaluation of student work
03.6.2021	Completing file work
4.6.2021	Completing file work
5.6.2021	Making flower from polythene bags
6.6..2021	SUNDAY
7.6.2021	Demonstration of making polythene bag flowers
8.6..2021	Sharing videos
9.6.2021	Evaluation of student work
10.6.2021	Evaluation of student work
11.6.2021	Making wisteria paper flowers
12.6.2021	Demonstration of making pop up card
13.6.2021	SUNDAY
14.6..2021	Making pop up card
15.6.2021	Completing the card
16.6.2021	Making decorative envelop from old marriage cards
17.6.2021	Making envelop
18.6.2021	Students completing card and envelop
19.6.2021	Completing the envelop
20.6.2021	SUNDAY
21.6.2021	Evaluation of student work
22..6.2021	Use of old jeans for making bag
23.6.2021	Sharing video and demonstrating use of jeans
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Decorating the bag
26.6.2021	Introduction of tie& dye and material required
27.6.2021	SUNDAY
28.6.2021	Demonstration of tie with knot method
29.6.2021	Tie with dal method
30.6.2021	Tie with diagonal lines
01.7.2021	Sharing video on tie & dye
02.7.2021	Evaluation of student work
03.7.2021	Method of dyeing the tied cloth
4.7.2021	SUNDAY
5.7.2021	Dyeing of cloth samples
6.7..2021	Demonstration of unknitting the tied samples
7.7.2021	Finishing of tie & dye samples
8.7..2021	Evaluation of student work
9.7.2021	Making chart on immunization.....introduction
10.7.2021	Guiding students to make chart
11.7.2021	SUNDAY
12.7.2021	Chart preparation by students
13.7.2021	Chart preparation

14.7.2021	Finishing of chart
15.7.2021	Evaluation of student work
16.7.2021	Preparing file cover.....introduction
17.7.2021	Methods of decorating file cover
18.7.2021	SUNDAY
19.7.2021	File cover decoration method
20.7.2021	Sharing videos on file decoration
21.7.2021	ID UL ZUHA
22.7.2021	Preparing students for viva
23.7.2021	Preparing viva questions
24.7.2021	Evaluation of file
25.7.2021	SUNDAY
26.7.2021	Practical revision
27.6.2021	Revision
28.7.2021	Revision

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Name of the Assistant/Associate Professor: Ms. Usha Pant

Class and Section: B.Sc -Home Science-4th Semester

Subject: Introduction to Home Management-II

Mode of Teaching: Online & Offline

Lectures Per Week: 4+3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction of the subject
13.4.2021	Ergonomics---introduction
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Use of ergonomics in home
16.4.2021	Body mechanics—introduction
17.4.2021	Principles of body mechanics
18.4.2021	Sunday
19.4.2021	Introduction of practical
20.4.2021	Work simplification- introduction and importance
21.4.2021	RAM NAVMI
22.4.2021	Classes of change
23.4.2021	Classes of change
24.4.2021	Discussion on classes of change
25.4.2021	Sunday
26.4.2021	Demonstration to make pathway chart
27.4.2021	Work study techniques- introduction
28.4.2021	
29.4.2021	Pathway chart
30.4.2021	Operation chart
01.5.2021	Discussion on work simplification techniques and their use
02.5.2021	SUNDAY
03.5.2021	Color wheel ---introduction, making color wheel for file
04.5.2021	Test on work simplification
05.5.2021	
06.5.2021	Income---- types
07.5.2021	Budget- meaning and introduction
08.5.2021	Types of budget
9.5.2021	SUNDAY
10.5.2021	Color wheel making
11.5.2021	Types of budget
12.5.2021	
13.5.2021	Steps in making budget
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Steps in making budget
16.5.2021	SUNDAY
17.5.2021	Making budget for LIG
18.5.2021	Factors affecting budget
19.5.2021	
20.5.2021	Factors affecting budget
21.5.2021	Ernest engel law of consumption

22.5.2021	Test on budget
23.5.2021	SUNDAY
24.5.2021	Budget making for MIG, HIG
25.5.2021	Saving—introduction
26.5.2021	
27.5.2021	Importance of saving
28.5.2021	Types of savings—compulsory saving. PF, Pension
29.5.2021	Voluntary saving—banks
30.5.2021	SUNDAY
31.5.2021	Making complementary color scheme
01.6.2021	Insurance -importance and types
02.6.2021	
03.6.2021	Types of insurance
04.6.2021	Test on saving
05.6.2021	Credit---its use
06.6.2021	SUNDAY
07.6.2021	Making triad and analogous color scheme
08.6.2021	Problem in credit
09.6.2021	
10.6.2021	Types of credit
11.6.2021	Types of credit
12.6.2021	Requirements in taking credit
13.6.2021	SUNDAY
14.6..2021	Making monochromatic color scheme
15.6.2021	Discussion on chapter on credit
16.6.2021	
17.6.2021	Taxation—introduction
18.6.2021	Importance and use of income tax
19.6.2021	Types of tax
20.6.2021	SUNDAY
21.6.2021	Making of alpana
22..6.2021	
23.6.2021	Types of tax
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Basic calculation of tax
26.6.2021	Calculating tax
27.6.2021	SUNDAY
28.6.2021	Making geometrical rangoli
29.6.2021	Calculating income tax
01.7.2021	Calculating income tax
02.7.2021	Definition of art
03.7.2021	Elements of art—introduction
04.7.2021	SUNDAY
05.7.2021	Geometrical rangoli making
06.7.2021	Line, form, texture
07.7.2021	
08.7.2021	Color, pattern, light
09.7.2021	Test
10.7.2021	Color—classification
11.7.2021	SUNDAY

12.7.2021	Making freehand rangoli
13.7.2021	Classification of color
14.7.2021	
15.7.2021	Dimensions of color
16.7.2021	Color schemes
17.7.2021	Color schemes
18.7.2021	SUNDAY
19.7.2021	Freehand rangoli making
20.7.2021	Factors affecting use of color in home decoration
21.7.2021	ID UL ZUHA
22.7.2021	Discussing old question paper
23.7.2021	Doubt class
24.7.2021	Doubt class



Name of the Assistant/Associate Professor: Ms. Usha Pant

Class and Section: B.Sc- Home Science 6th Semester

Subject: Interior Designing

Mode of Teaching: Online & Offline

Lectures Per Week: 4+3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction of the subject
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Furniture--introduction
16.4.2021	Selection of furniture
17.4.2021	Practical syllabus ...introduction
18.4.2021	Sunday
19.4.2021	Selection of furniture
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	Types of furniture
23.4.2021	Types of furniture.....assignment
24.4.2021	Assignment on types of furniture....ppt
25.4.2021	Sunday
26.4.2021	Furniture arrangement in different rooms
27.4.2021	
28.4.2021	Furniture arrangement in different rooms
29.4.2021	Discussion on the chapter
30.4.2021	Test
01.5.2021	Bottle painting demonstration....practical
02.5.2021	SUNDAY
03.5.2021	Lighting arrangement in home....introduction
04.5.2021	
05.5.2021	Types of lighting arrangement
06.5.2021	Types of lighting arrangement
07.5.2021	Lighting arrangement in different rooms
08.5.2021	Preparing bottle for painting.....practical
09.5.2021	SUNDAY
10.5.2021	Lighting arrangement in different rooms
11.5.2021	
12.5.2021	Importance of accessories in decoration
13.5.2021	Types of accessories
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Painting the bottle.....practical
16.5.2021	SUNDAY
17.5.2021	Types of accessories
18.5.2021	
19.5.2021	Commonly used accessories used in home
20.5.2021	Window treatment...introduction
21.5.2021	Importance of window treatment
22.5.2021	Paper flower making...demonstration

23.5.2021	SUNDAY
24.5.2021	Basic window treatment
25.5.2021	
26.5.2021	Types of curtains
27.5.2021	Types of curtains
28.5.2021	Importance of curtains and draperies
29.5.2021	Flower making....practical
30.5.2021	SUNDAY
31.5.2021	Selection of draping fabric
01.6.2021	
02.6.2021	Selection of draping fabric
03.6.2021	Care of draping fabric
04.6.2021	Hanging of curtains....pelmet, swag, valance
05.6.2021	Making curtain samples...practical
06.6.2021	SUNDAY
07.6.2021	Discussion on the chapter of window treatment
08.6.2021	
09.6.2021	Test
10.6.2021	Wall treatment...introduction
11.6.2021	Paints.....types of paints
12.6.2021	Making curtain samples...practical
13.6.2021	SUNDAY
14.6.2021	Wall paper...use and types
15.6.2021	
16.6.2021	Wall paper...care
17.6.2021	Wood panel...use
18.6.2021	Video on types of wall papers
19.6.2021	Making curtain samples
20.6.2021	SUNDAY
21.6.2021	Floor treatment.. introduction
22.6.2021	
23.6.2021	Tiles ...types
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Soft floor covering
26.6.2021	Paper Mache....practical
27.6.2021	SUNDAY
28.6.2021	Carpets, importance of carpets
29.6.2021	
30.6.2021	Types of carpet
01.7.2021	Care of carpet and rugs
02.7.2021	Test on floor treatment
03.7.2021	Texture making....practical
04.7.2021	SUNDAY
05.7.2021	Design.....definition and types
06.7.2021	

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Name of the Assistant/Associate Professor: Dr. Sangeeta Kulshrestha
Class and Section: BSc. Home Science- 2nd Semester
Subject: Fundamentals of Nutrition
Mode of Teaching: Online & Offline
Lectures Per Week: 4+3
Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to the syllabus
13.4.2021	Carbohydrates – definition and classification
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Pr – introduction to the practical syllabus
16.4.2021	
17.4.2021	Classification Contd.
18.4.2021	Sunday
19.4.2021	Functions of carbohydrates
20.4.2021	Sources and Rda of carbohydrates
21.4.2021	RAM NAVMI
22.4.2021	Pr – use of food composition tables given by ICMR
23.4.2021	Fri
24.4.2021	Deficiency and excess of carbohydrates
25.4.2021	Sunday
26.4.2021	Test – carbohydrates
27.4.2021	Proteins – definition and classification
28.4.2021	Classification Contd
29.4.2021	Pr – learning to calculate protein
30.4.2021	Fri
01.5.2021	Functions of proteins
02.5.2021	SUNDAY
03.5.2021	Sources and Rda of proteins
04.5.2021	Effects of deficiency and excess of proteins
05.5.2021	Test – proteins
06.5.2021	Pr – planning and calculating energy rich recipes
07.5.2021	Fri
08.5.2021	Lipids – definition and classification
09.5.2021	SUNDAY
10.5.2021	Classification of lipids Contd.
11.5.2021	Functions and sources of lipids
12.5.2021	Deficiency and excess of lipids
13.5.2021	Water – functions and sources
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Effects of deficiency and excess of water
16.5.2021	SUNDAY
17.5.2021	Vitamins – introduction and classification
18.5.2021	Vitamin A - introduction and functions
19.5.2021	Sources and Rda of Vitamin A
20.5.2021	Pr – planning and calculating energy rich recipes
21.5.2021	Fri
22.5.2021	Effects of deficiency and excess of Vitamin A
23.5.2021	SUNDAY

24.5.2021	Vitamin D – functions and sources
25.5.2021	Rda, deficiency and excess
26.5.2021	Vitamin E – functions and sources
27.5.2021	Pr – planning and calculating protein rich recipes
28.5.2021	Fri
29.5.2021	Rda, deficiency and excess of Vitamin E
30.5.2021	SUNDAY
31.5.2021	Test – Vitamin A and D
01.6.2021	Vitamin K – functions and sources
02.6.2021	Rda, deficiency and excess of Vitamin K
03.6.2021	Pr – planning and calculating protein rich recipes
04.6.2021	Fri
05.6.2021	Vitamin C – functions and sources
06.6.2021	SUNDAY
07.6.2021	Vitamin –Rda, deficiency and excess
08.6.2021	Vitamin B1 – functions and sources
09.6.2021	Vitamin B1 - Rda, deficiency and excess.
10.6.2021	Pr – planning and calculating Vitamin A rich recipes
11.6.2021	Fri
12.6.2021	Vitamin B2 – functions and sources
13.6.2021	SUNDAY
14.6.2021	Vitamin B2 - Rda, deficiency and excess
15.6.2021	Vitamin B6 – functions and sources
16.6.2021	Pr – planning and calculating Vitamin C rich recipes
17.6.2021	
18.6.2021	Fri
19.6.2021	Vitamin B6 - Rda, deficiency and excess
20.6.2021	SUNDAY
21.6.2021	Vitamin B12 – functions and sources
22.6.2021	Vitamin B12 - Rda, deficiency and excess
23.6.2021	Niacin – functions and sources
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Fri
26.6.2021	Niacin – functions and sources
27.6.2021	SUNDAY
28.6.2021	Niacin - Rda, deficiency and excess
29.6.2021	Folic acid – functions and sources
30.6.2021	Folic acid - Rda, deficiency and excess
01.7.2021	Pr – planning and calculating iron and calcium rich recipes.
02.7.2021	Fri
03.7.2021	Calcium – functions, sources and Rda
04.7.2021	SUNDAY
05.7.2021	Effects of deficiency and excess of calcium
06.7.2021	Magnesium – functions, sources and Rda
07.7.2021	Magnesium – deficiency and excess.
08.7.2021	Pr – planning and calculating thiamin rich recipes
09.7.2021	Fri
10.7.2021	Phosphorous – functions, sources and Rda
11.7.2021	SUNDAY
12.7.2021	Phosphorous – deficiency and excess
13.7.2021	Sodium - functions, sources, Rda, deficiency and excess

14.7.2021	Potassium - functions, sources, Rda, deficiency and excess
15.7.2021	Pr – planning and calculating thiamin rich recipes
16.7.2021	Fri
17.7.2021	Iron - functions, sources and RdaIron – effect of deficiency and excess
18.7.2021	SUNDAY
19.7.2021	Iodine - functions, sources and RdaIodine - effect of deficiency and excess
20.7.2021	Fluorine - functions, sources, deficiency and excess
21.7.2021	ID UL ZUHA
22.7.2021	Pr – planning and calculating fibre rich recipes
23.7.2021	Fri
24.7.2021	Objective test – complete syllabus
25.7.2021	SUNDAY
26.7.2021	Discussion of previous year question paper
27.6 2021	Discussion of previous year question paper
28.7.2021	Discussion of previous year question paper

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Name of the Assistant/Associate Professor: Dr. Sangeeta Kulshrestha
Class and Section: B.Sc. Home Science -4th Semester
Subject: Psychology -II
Mode of Teaching: Online & Offline
Lectures Per Week: 3
Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to the syllabus
13.4.2021	Motivation-definition
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	
16.4.2021	
17.4.2021	
18.4.2021	Sunday
19.4.2021	Types of motivation
20.4.2021	Contd
21.4.2021	RAM NAVMI
22.4.2021	
23.4.2021	
24.4.2021	
25.4.2021	Sunday
26.4.2021	Learning meaning &nature
27.4.2021	Contd
28.4.2021	Theories of learning .
29.4.2021	
30.4.2021	
01.5.2021	
02.5.2021	SUNDAY
03.5.2021	Contd
04.5.2021	Contd
05.5.2021	Principles of learning
06.5.2021	
07.5.2021	
08.5.2021	
09.5.2021	SUNDAY
10.5.2021	Contd
11.5.2021	Factors affecting learning
12.5.2021	Contd
13.5.2021	
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	
16.5.2021	SUNDAY
17.5.2021	Test-motivation
18.5.2021	Effect of motivation on learning
19.5.2021	Intelligence-introduction and definition
20.5.2021	
21.5.2021	

22.5.2021	
23.5.2021	SUNDAY
24.5.2021	Theories of Intelligence
25.5.2021	Development of Intelligence
26.5.2021	Measurement of Intelligence
27.5.2021	
28.5.2021	
29.5.2021	
30.5.2021	SUNDAY
31.5.2021	Thinking
01.6.2021	Tools of thinking
02.6.2021	Reasoning as related to imagination and thinking
03.6.2021	
04.6.2021	
05.6.2021	
06.6..2021	SUNDAY
07.6.2021	Contd ASSIGNMENT-INTELLIGENCE TEST
08.6.2021	Imagination -nature
09.6.2021	Development of Imagination
10.6.2021	
11.6.2021	
12.6.2021	
13.6.2021	SUNDAY
14.6.2021	Personality –concept and definition
15.6.2021	Personality types
16.6.2021	Topic cont.
17.6.2021	
18.6.2021	
19.6.2021	
20.6.2021	SUNDAY
21.6.2021	Assessment of personality
22.6.2021	Topic cont.
23.6.2021	Topic cont.
24.6.2021	SANT KABIR JAYANTI
25.6.2021	
26.6 2021	
27.6.2021	SUNDAY
28.6.2021	Demonstration of Personality Assessment methods and writing a report
29.6.2021	Factors influencing personality
30.6.2021	Freud's theory
01.7.2021	
02.7.2021	
03.7.2021	
04.7.2021	SUNDAY
05.7.2021	Memory –Definition and analysis
06.7.2021	Analysis of Memory
07.7.2021	Types of memory
08.7.2021	Improvement of memory
09.7.2021	
10.7.2021	

11.7.2021	SUNDAY
12.7.2021	Remembering and memory
13.7.2021	Improvement of memory
14.7.2021	Forgetting–definition and types
15.7.2021	
16.7.2021	
17.7.2021	
18.7.2021	SUNDAY
19.7.2021	Theories of forgetting
20.7.2021	Revision
21.7.2021	ID UL ZUHA
22.7.2021	
23.7.2021	
24.7.2021	

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Name of the Assistant/Associate Professor: Dr. Sangeeta Kulshrestha
Class and Section: B. Sc. (Home Science) -6th Semester
Subject: Women Empowerment
Mode of Teaching: Online & Offline
Lectures Per Week: 3
Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	
13.4.2021	Introduction to the syllabus
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	
16.4.2021	Need of Women Empowerment
17.4.2021	Study of Indian Women- A historic perspective
18.4.2021	Sunday
19.4.2021	
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	
23.4.2021	Study of various Indian Reformers who worked for women empowerment
24.4.2021	Legal status of Indian women – Pre - and post-independence
25.4.2021	Sunday
26.4.2021	
27.4.2021	
28.4.2021	Social status of Indian women – Pre - and post-independence
29.4.2021	
30.4.2021	Social status of Indian women – Pre - and post-independence
01.5.2021	Economic status of Indian women – Pre - and post-independence
02.5.2021	SUNDAY
03.5.2021	
04.5.2021	
05.5.2021	Economic status of Indian women – Pre - and post-independence
06.5.2021	
07.5.2021	Political status of Indian women – Pre - and post-independence
08.5.2021	Educational status of Indian women – Pre - and post-independence
9.5.2021	SUNDAY
10.5.2021	
11.5.2021	
12.5.2021	Educational status of Indian women – Pre - and post-independence
13.5.2021	
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Test- Status of Indian women – Pre and Post - Independence
16.5.2021	SUNDAY
17.5.2021	
18.5.2021	
19.5.2021	Contemporary problems and issues related to women
20.5.2021	
21.5.2021	Topic contd.
22.5.2021	Families with marital disharmony- reasons and problems
23.5.2021	SUNDAY

24.5.2021	
25.5.2021	
26.5.2021	Families with marital disharmony- reasons and problems
27.5.2021	
28.5.2021	Families with marital disharmony- reasons and problems
29.5.2021	Problems faced by children and family members
30.5.2021	SUNDAY
31.5.2021	
01.6.2021	
02.6.2021	Violence against women
03.6.2021	
04.6.2021	Violence and abuse faced by women in homes
05.6.2021	Violence and abuse faced by women in homes
06.6.2021	SUNDAY
07.6.2021	
08.6.2021	
09.6.2021	Test
10.6.2021	
11.6.2021	Dowry victimization of women -causes
12.6.2021	Dowry victimization of women – remedies
13.6.2021	SUNDAY
14.6..2021	
15.6.2021	
16.6.2021	Assignment- Survey of domestic violence and dowry abuse in the locality where students reside Detailed discussion with students on domestic violence and dowry
17.6.2021	
18.6.2021	Sexual discrimination and exploitation of Indian women
19.6.2021	Sexual discrimination and exploitation of Indian women
20.6.2021	SUNDAY
21.6.2021	
22.6.2021	
23.6.2021	Empowerment of women
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Mass media and women empowerment
26.6.2021	Role of media in showing women as stereotypes
27.6.2021	SUNDAY
28.6.2021	
29.6.2021	
30.6.2021	Role of media in Women empowerment
01.7.2021	
02.7.2021	Education and empowerment of women
03.7.2021	Employment and empowerment of women
04.7.2021	SUNDAY
05.7.2021	
06.7.2021	
07.7.2021	Role of Home Science education for personal growth
08.7.2021	
09.7.2021	Role of Home Science education for professional development
10.7.2021	Trends in Women’s movements in reference to India
11.7.2021	SUNDAY

12.7.2021	
13.7.2021	
14.7..2021	Social welfare programmes and their impact
15.7.2021	
16.7.2021	Revision and discussion of old question papers

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Name of the Assistant/Associate Professor: Dr. Sangeeta Kulshrestha
Class and Section: B.A. 6th Semester
Subject: Home Science (Theory)
Mode of Teaching: Online & Offline
Lectures Per Week: 8
Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Discussion of syllabus
13.4.2021	Definition of Child Psychology
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Aims of Child Psychology
16.4.2021	Topic contd.
17.4.2021	Subject matter of Child Psychology
18.4.2021	Sunday
19.4.2021	Topic contd.
20.4.2021	Objectives of studying Child Psychology
21.4.2021	RAM NAVMI
22.4.2021	Topic contd.
23.4.2021	Learning- Introduction and Definitions
24.4.2021	Importance of learning
25.4.2021	Sunday
26.4.2021	Methods of learning
27.4.2021	Topic contd.
28.4.2021	Topic contd.
29.4.2021	Methods Of learning contd.
30.4.2021	Factors affecting learning
01.5.2021	Topic contd.
02.5.2021	SUNDAY
03.5.2021	Topic contd.
04.5.2021	Role of reward in learning
05.5.2021	Topic contd.
06.5.2021	Role of punishment in learning
07.5.2021	Topic contd.
08.5.2021	Revision
9.5.2021	SUNDAY
10.5.2021	Test- Learning
11.5.2021	Personality- introduction
12.5.2021	Nature of Personality
13.5.2021	Topic contd.
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Definitions of Personality
16.5.2021	SUNDAY
17.5.2021	Types of Personality
18.5.2021	Topic contd.
19.5.2021	Factors affecting Personality
20.5.2021	Topic contd.
21.5.2021	Topic contd.

22.5.2021	Topic contd.
23.5.2021	SUNDAY
24.5.2021	Revision
25.5.2021	Test- Personality
26.5.2021	Play- definitions
27.5.2021	Features of play
28.5.2021	Topic contd.
29.5.2021	Difference between work and play
30.5.2021	SUNDAY
31.5.2021	Topic contd.
01.6.2021	Types of play
02.6.2021	Topic contd.
03.6.2021	Topic contd.
4.6.2021	Importance of play in Childhood
5.6.2021	Topic contd.
6.6..2021	SUNDAY
7.6.2021	Stages of Child development
8.6..2021	Topic contd.
9.6.2021	Characteristics of Infancy
10.6.2021	Topic contd.
11.6.2021	Characteristics of Early childhood
12.6.2021	Topic contd.
13.6.2021	SUNDAY
14.6..2021	Characteristics of Late childhood
15.6.2021	Characteristics of late childhood contd.
16.6.2021	Characteristics of Adolescence
17.6.2021	Topic contd.
18.6.2021	Problems of adolescence
19.6.2021	Topic contd.
20.6.2021	SUNDAY
21.6.2021	Role of parents in solving their problems
22..6.2021	Topic contd.
23.6.2021	Role of teachers in solving adolescent problems
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Topic contd.
26.6.2021	Test- Stages of Child development
27.6.2021	SUNDAY
28.6.2021	Signs of Pregnancy
29.6.2021	Topic contd.
30.6.2021	Discomforts of Pregnancy
01.7.2021	Topic contd.
02.7.2021	Topic contd.
03.7.2021	ill-effects of an early marriage
04.7.2021	SUNDAY
05.7.2021	Topic contd.
06.7.2021	Breast feeding
07.7.2021	Advantages of breast feeding
08.7.2021	Artificial feeding
9.7.2021	Difference between breast feeding and artificial feeding
10.7.2021	Weaning
11.7.2021	SUNDAY

12.7.2021	Cold, cough and fever
13.7.2021	Diarrhoea, constipation and Vomiting
14.7..2021	Skin infections in childhood
15.7.2021	Revision
16.7.2021	Discussion of old question papers



Name of the Assistant/Associate Professor: Dr. Sangeeta Kulshrestha

Class and Section: B. A. -6th Semester

Subject: Home Science Practical

Mode of Teaching: Online & Offline

Lectures Per Week: 6 (3 per Group)

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Discussion to the syllabus
13.4.2021	Principles of meal planning
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Discussion to the syllabus
16.4.2021	Principles of meal planning
17.4.2021	Principles of meal planning
18.4.2021	Sunday
19.4.2021	Principles of meal planning
20.4.2021	How to plan menu plans?
21.4.2021	RAM NAVMI
22.4.2021	How to plan menu plans?
23.4.2021	How to plan menu plans?
24.4.2021	Instructions for planning meals for Pre-school going child
25.4.2021	Sunday
26.4.2021	How to plan menu plans?
27.4.2021	Instructions for planning meals for Pre-school going child
28.4.2021	Instructions for planning meals for Pre-school going child
29.4.2021	Instructions for planning meals for Pre-school going child
30.4.2021	Meal planning by students
01.5.2021	Meal planning by students
02.5.2021	SUNDAY
03.5.2021	Meal planning by students
04.5.2021	Meal planning by students
05.5.2021	Checking of meal plans
06.5.2021	Checking of meal plans
07.5.2021	Checking of meal plans
08.5.2021	Checking of meal plans
9.5.2021	SUNDAY
10.5.2021	Checking of meal plans
11.5.2021	Checking of meal plans
12.5.2021	Instructions for planning meals for school going child
13.5.2021	Instructions for planning meals for school going child
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Meal planning by students
16.5.2021	SUNDAY
17.5.2021	Meal planning by students
18.5.2021	Oral Checking of meal plans
19.5.2021	Checking of meal plans
20.5.2021	Oral Checking of meal plans
21.5.2021	Checking of meal plans

22.5.2021	Checking of meal plans
23.5.2021	SUNDAY
24.5.2021	Instructions for planning meals for adolescent boy
25.5.2021	Meal planning by students
26.5.2021	Oral Checking of meal plans
27.5.2021	Instructions for planning meals for adolescent boy
28.5.2021	Meal planning by students
29.5.2021	Oral Checking of meal plans
30.5.2021	SUNDAY
31.5.2021	Oral Checking of meal plans
01.6.2021	Oral Checking of meal plans
02.6.2021	Test
03.6.2021	Oral Checking of meal plans
04.6.2021	Oral Checking of meal plans
05.6.2021	Test
06.6.2021	SUNDAY
07.6.2021	Instructions for planning meals for adolescent girl
08.6.2021	Oral Checking of meal plans
09.6.2021	Instructions for planning meals for adult male (MIG)
10.6.2021	Instructions for planning meals for adolescent girl
11.6.2021	Oral Checking of meal plans
12.6.2021	Instructions for planning meals for adult male (MIG)
13.6.2021	SUNDAY
14.6..2021	Oral Checking of meal plans
15.6.2021	Instructions for planning meals for adult male (LIG)
16.6.2021	Oral Checking of meal plans
17.6.2021	Instructions for planning meals for adult male (LIG)
18.6.2021	Oral Checking of meal plans
19.6.2021	Instructions for planning meals for adult female
20.6.2021	SUNDAY
21.6.2021	Instructions for planning meals for adult female
22.6.2021	Oral Checking of meal plans
23.6.2021	Instructions for planning meals for pregnant female
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Oral Checking of meal plans
26.6.2021	Instructions for planning meals for pregnant female
27.6.2021	SUNDAY
28.6.2021	Oral Checking of meal plans
29.6.2021	Instructions for planning meals for adult female
30.6.2021	Oral Checking of meal plans
01.7.2021	Instructions for planning meals for lactating female
02.7.2021	Oral Checking of meal plans
03.7.2021	Recipes of Pickles
04.7.2021	SUNDAY
05.7.2021	Recipes of Pickles
06.7.2021	Recipes of Chutneys
07.7.2021	Recipes of Jams
08.7.2021	Recipes of Chutneys
09.7.2021	Recipes of Jams
10.7.2021	Recipes of squashes
11.7.2021	SUNDAY

12.7.2021	Recipes of Jams
13.7.2021	Recipes of squashes
14.7.2021	Recipes of morabbas
15.7.2021	Recipes of morabbas
16.7.2021	Revision

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Name of the Assistant/Associate Professor: Ms. Benu Mehta

Class and Section: BSc Home-Science -2nd Semester

Subject: Introduction to Textiles

Mode of Teaching: Online & Offline

Lectures Per Week: 4+3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to textiles
13.4.2021	Importance of textiles in daily life
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	History of natural textiles
16.4.2021	Manufacture of cotton fabrics, properties & importance to consumer
17.4.2021	-
18.4.2021	Sunday
19.4.2021	Manufacture of linen fabrics ,different varieties and properties of linen
20.4.2021	Manufacture of different varieties of wool fibres & importance to consumers
21.4.2021	RAM NAVMI
22.4.2021	Manufacture of different varieties of silk and their properties & importance to Consumers
23.4.2021	Test of all natural fibres
24.4.2021	-
25.4.2021	Sunday
26.4.2021	Manufacture of man-made fibres
27.4.2021	Manufacture of Rayon fibres ,its types
28.4.2021	Introduction to the practical syllabus
29.4.2021	Study of properties of rayon & its importance to consumer
30.4.2021	Manufacture of polyester fibres & their properties& importance
01.5.2021	-
02.5.2021	Sunday
03.5.2021	Manufacture of polyamide fibres & their importance
04.5.2021	Manufacture of acrylic fabrics, properties & Importance
05.5.2021	Practical – Identification of cotton ,linen ,wool & silk
06.5.2021	Revision of all the man-made & synthetic fibres
07.5.2021	Test of all the man-made & synthetic fibres
08.5.2021	-
09.5.2021	Sunday
10.5.2021	Basic principles of yarn making
11.5.2021	Properties of yarn, yarn twist , types of twists
12.5.2021	Practical- Chemical test of natural & synthetic fibres
13.5.2021	Yarn numbering – different system
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	-
16.5.2021	Sunday
17.5.2021	Simple yarns, ply yarns
18.5.2021	Complex yarns – manufacture & importance
19.5.2021	Practical – Test of identification of various fibres ,microscopic, burning test and chemical test
20.5.2021	What is blending? Importance of blending
21.5.2021	Revision of whole chapters on yarns
22.5.2021	-

23.5.2021	Sunday
24.5.2021	Test of chapter of yarns
25.5.2021	Detailed study of various blends & their properties
26.5.2021	Practical – Identification of weaves – simple weaves
27.5.2021	Importance of proper proportion in blending, their properties
28.5.2021	Comparison of various blends & their importance to consumer
29.5.2021	-
30.5.2021	Sunday
31.5.2021	Revision & discussion of all the blends
01.6.2021	Various methods of fabric construction
02.6.2021	Practical- Graphic representation of weaves
03.6.2021	Weaving – various types of looms
04.6.2021	Parts of looms
05.6.2021	-
06.6..2021	Sunday
07.6.2021	Working of loom
08.6.2021	Test of all the blended fabrics
09.6.2021	Practical- Identification of fancy weaves , their graphic representation
10.6.2021	Basic weaves & their variations
11.6.2021	Detailed study of all the basic weaves
12.6.2021	-
13.6.2021	Sunday
14.6..2021	Fancy weaves & their variation
15.6.2021	Twill, satin, sateen weave
16.6.2021	Practical identification of various weaves and their graphic representatives
17.6.2021	Pile weave, cut & uncut pile
18.6.2021	Study of Dobby and Jacquard weave
19.6.2021	-
20.6.2021	Sunday
21.6.2021	Study of Leno; swivel and lappet weave
22..6.2021	Discussion of all weaves and their importance
23.6.2021	Practical test-identification of weaves
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Comparison of various weaves and their advantages
26.6 2021	-
27.6.2021	Sunday
28.6.2021	Introduction to knitting
29.6.2021	Knitting of samples, following knitting instructions
30.6.2021	Practical revision
01.7.2021	Knitting technology
02.7.2021	Types of knits
03.7.2021	-
04.7.2021	Sunday
05.7.2021	Detailed study of warp knitting
06.7.2021	Learning-thread count
07.7.2021	Practical test
08.7.2021	Detailed study of weft knitting
09.7.2021	Comparison, advantages and disadvantages of various types of knits
10.7.2021	-

11.7.2021	Sunday
12.7.2021	Braiding, felting and bonding
13.7.2021	Learning-thread count
14.7..2021	Revision and Discussion
15.7.2021	Importance, advantages and disadvantages of all the types of felting and bonding
16.7.2021	Knitting of five samples of hand knitting, following knitting instructions.
17.7.2021	-
18.7.2021	Sunday
19.7.2021	Revision and Discussion
20.7.2021	Revision and Discussion
21.7.2021	ID UL ZUHA
22.7.2021	Revision and Discussion
23.7.2021	Revision and Discussion
24.7.2021	-
25.7.2021	Sunday
26.7.2021	Test
27.6 2021	Test
28.7.2021	Test



Name of the Assistant/Associate Professor: Ms. Benu Mehta

Class and Section: B. Sc. Home Science -4th Semester

Subject: Garment Constructions and Apparel Science

Mode of Teaching: Online & Offline

Lectures Per Week: 4+3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to the practical syllabus
13.4.2021	Introduction to the theory syllabus
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Clothing needs of various age groups
16.4.2021	Clothing needs of various age groups
17.4.2021	Clothing needs of various age groups
18.4.2021	Sunday
19.4.2021	Practical-Drafting of child's bodice block
20.4.2021	Selection of garments for toddlers and infants
21.4.2021	RAM NAVMI
22.4.2021	Selection of garments for pre-school and school going children
23.4.2021	Selection of garments for teenagers
24.4.2021	Selection of garments for adults
25.4.2021	Sunday
26.4.2021	Practical- Drafting of sleeves-simple & puff sleeves
27.4.2021	Revision of the chapters covered so far
28.4.2021	
29.4.2021	selection of garments for people of old age
30.4.2021	Discussion, oral test & solving the problems of students
01.5.2021	Selection of household linen
02.5.2021	Sunday
03.5.2021	Practical- Adaption of child's bodice block to a gathered frock
04.5.2021	Contd
05.5.2021	
06.5.2021	Drafting of baby collar/ Peter pan collar
07.5.2021	Different types of curtains and draperies
08.5.2021	Selection of various types of curtains
9.5.2021	Sunday
10.5.2021	Practical- Adaption of child's bodice block to "A line frock"
11.5.2021	Selection of various types of draperies
12.5.2021	
13.5.2021	Selection of various types of towels
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Test
16.5.2021	Sunday
17.5.2021	Practical- Adaption of child's bodice block to "A line frock"
18.5.2021	Review the test marks, take up queries and doubts of students and discussion on how to improve , if needed
19.5.2021	
20.5.2021	Renovation of clothes- meaning, importance
21.5.2021	Renovation of clothes- a detailed study
22.5.2021	Test

23.5.2021	Sunday
24.5.2021	Practical-Stitching of child's frock
25.5.2021	Renovation of clothes with diagrams, continued
26.5.2021	
27.5.2021	Meaning & importance of mending
28.5.2021	Different types of mends
29.5.2021	Mending in detail on various types of fabrics
30.5.2021	Sunday
31.5.2021	An introduction to garment construction technique
01.6.2021	An introduction to garment construction technique
02.6.2021	
03.6.2021	An introduction to paper patterns, their importance
04.6.2021	What are commercial paper patterns?
05.6.2021	How to make paper patterns in detail
06.6.2021	Sunday
07.6.2021	Practical –Drafting of salwar
08.6.2021	What is draping method
09.6.2021	
10.6.2021	Draping techniques continued and importance of draping
11.6.2021	Comparing and importance of all the techniques
12.6.2021	Revision and solving of problems of students
13.6.2021	Sunday
14.6.2021	Practical- Stitching of salwar
15.6.2021	Test- Drafting, Paper pattern & draping
16.6.2021	
17.6.2021	Meaning of fitting, Recognising correct fit
18.6.2021	Factors leading to good fit
19.6.2021	How to evaluate a good fit
20.6.2021	Sunday
21.6.2021	Practical- Drafting of Kameez
22.6.2021	Common problems encountered and remedies for fitting defects
23.6.2021	
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Common fitting problems and remedies
26.6.2021	What is fashion- Definition/meaning
27.6.2021	Sunday
28.6.2021	Practical- Stitching of Kameez
29.6.2021	Various terms used to describe different fashion trends
30.6.2021	
01.7.2021	Various terms used to describe different fashion trends
02.7.2021	Test
03.7.2021	Factors favoring fashions
04.7.2021	Sunday
05.7.2021	Practical- Drafting of Petticoat
06.7.2021	Fashion cycles
07.7.2021	
08.7.2021	Buying criteria for readymade garments
09.7.2021	Evaluating good workmanship of readymade garments
10.7.2021	Comparing self stitched, tailor made and ready made garments
11.7.2021	Sunday
12.7.2021	Practical- Stitching of petticoat

13.7.2021	Speed test for revision of all the practical
14.7.2021	
15.7.2021	Revision & problems of students to be solved
16.7.2021	Revision & discussion
17.7.2021	Revision & problems of students to be solved
18.7.2021	Sunday
19.7.2021	File check and viva
20.7.2021	Test- Fashion & Readymade garments
21.7.2021	ID UL ZUHA
22.7.2021	Test
23.7.2021	Test
24.7.2021	Test



Name of the Assistant/Associate Professor: Ms. Benu Mehta

Class and Section: BSc. Home Science-6th Semester

Subject: Apparel Designing

Mode of Teaching: Online & Offline

Lectures Per Week: 4+3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to the syllabus
13.4.2021	Meaning and types of designs
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Components of design
16.4.2021	-
17.4.2021	Design-Definition ,Components of design
18.4.2021	Sunday
19.4.2021	Structural designs through variations in yarns
20.4.2021	Structural designs through variations in weaves
21.4.2021	RAM NAVMI
22.4.2021	Structural designs through variations in finishes
23.4.2021	-
24.4.2021	Definition of Applied design- Introduction to applied designs
25.4.2021	Sunday
26.4.2021	Applied designs in fabrics through dyeing
27.4.2021	Applied designs in fabrics through printing.
28.4.2021	Practical – Preparing colour wheel and chart of Tints & shades
29.4.2021	Structural designs through variations in finishes
30.4.2021	-
01.5.2021	Definition of Applied design- Introduction to applied designs
02.5.2021	SUNDAY
03.5.2021	Applied designs in fabrics through dyeing.
04.5.2021	Applied designs in fabrics through printing
05.5.2021	Practical- Colour harmonies & colour schemes
06.5.2021	Applied designs through embroidery
07.5.2021	-
08.5.2021	Discussion and revision of the chapters covered so far
09.5.2021	SUNDAY
10.5.2021	Line form & shape analysis
11.5.2021	Appropriate use of line and form in apparel designing
12.5.2021	Practical-Line & form- different types of lines
13.5.2021	Test of the chapters covered so far
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Texture-Definition, analysis
16.5.2021	SUNDAY
17.5.2021	Texture in relation to size & figure
18.5.2021	Texture in relation to occasion and season
19.5.2021	Practical-Geometric and abstract designs
20.5.2021	Texture in relation to occasion and season
21.5.2021	-

22.5.2021	Revision of line & texture
23.5.2021	SUNDAY
24.5.2021	Colour-Its dimensions
25.5.2021	Colour in relation to season, occasion, size, figure and occasion
26.5.2021	Practical- Floral designs/ Natural designs
27.5.2021	Test of chapters covered so far
28.5.2021	-
29.5.2021	Principles of design- Introduction
30.5.2021	SUNDAY
31.5.2021	Principles of design- Balance & harmony
01.6.2021	Principles of Design – Rhythm, Proportion & Emphasis
02.6.2021	Practical- Geometric designs/ Abstract designs
03.6.2021	Principles of design- Continued in detail
04.6.2021	-
05.6.2021	Revision & discussion on principles of design
06.6.2021	SUNDAY
07.6.2021	Test on the chapters covered
08.6.2021	Figure types-Introduction
09.6.2021	Practical- Development of motif, placement for all over patterns
10.6.2021	Average types of figures for which ready to wear garments are made
11.6.2021	-
12.6.2021	Designing clothes for average figure types using various principles of design
13.6.2021	SUNDAY
14.6..2021	Designing clothes for tall and stout figures
15.6.2021	Designing clothes for tall and slim figures
16.6.2021	Practical- Batik on cotton fabric
17.6.2021	Designing clothes for short and thin figures
18.6.2021	-
19.6.2021	Revision- Designing for average figures
20.6.2021	SUNDAY
21.6.2021	Figure illustrations and revision with diagrams
22..6.2021	How to design clothes for figures with variations
23.6.2021	Practical- Batik on cotton fabric
24.6.2021	SANT KABIR JAYANTI
25.6.2021	-
26.6.2021	Batik on cloth fabrics
27.6.2021	SUNDAY
28.6.2021	Designing clothes for figures with large hips
29.6.2021	Designing clothes for figures with large busts
30.6.2021	Practical- Preparing one article of 'Apparel'
01.7.2021	Using elements of design to camouflage figure defects
02.7.2021	-
03.7.2021	How to enhance your designing skills
04.7.2021	SUNDAY
05.7.2021	Revision and discussion of the chapter
06.7.2021	Test- Designing for average figure and figures with variations
07.7.2021	Practical- Completion of both the articles
08.7.2021	Preparing one household article using various techniques of applied design
09.7.2021	-
10.7.2021	Elementary computer aided designing
11.7.2021	SUNDAY

12.7.2021	Elementary computer aided designing
13.7.2021	Elementary computer aided designing
14.7..2021	Revision of all the chapters
15.7.2021	The Computers in Apparel construction
16.7.2021	Test of theory topics covered so far

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Name of the Assistant/Associate Professor: Ms. Benu Mehta**Class and Section: B.A. 4th Semester****Subject: Home Science (Practical)****Mode of Teaching: Online & Offline****Lectures Per Week: 3****Note:-Teachers don't have their respective classes on the vacant days.**

Date	Topic to be Covered
12.4.2021	
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Introduction to the parts of sewing machine
16.4.2021	Introduction to the parts of sewing machine
17.4.2021	Defects of sewing machine
18.4.2021	Sunday
19.4.2021	
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	Defects of sewing machine
23.4.2021	Defects of sewing machine
24.4.2021	sewing machine cleaning instructions
25.4.2021	Sunday
26.4.2021	
27.4.2021	
28.4.2021	
29.4.2021	Introduction to instruments used in stitching
30.4.2021	How to take measurements
01.5.2021	Measuring instructions
02.5.2021	Sunday
03.5.2021	
04.5.2021	
05.5.2021	
06.5.2021	Drafting of petticoat
07.5.2021	Drafting of petticoat on graph paper
08.5.2021	Cutting of petticoat on Cloth
09.5.2021	Sunday
10.5.2021	
11.5.2021	
12.5.2021	
13.5.2021	Cutting of petticoat on Cloth
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Stitching of petticoat
16.5.2021	Sunday
17.5.2021	
18.5.2021	
19.5.2021	
20.5.2021	Stitching of petticoat
21.5.2021	Stitching of petticoat
22.5.2021	finishing of petticoat
23.5.2021	Sunday

24.5.2021	
25.5.2021	
26.5.2021	
27.5.2021	finishing of petticoat
28.5.2021	Attaching the belt on petticoat
29.5.2021	Attaching the belt on petticoat
30.5.2021	Sunday
31.5.2021	
01.6.2021	
02.6.2021	
03.6.2021	Drafting of child's bodice block
04.6.2021	Drafting of child's bodice block on graph paper
05.6.2021	Making Paper Pattern
06.6.2021	Sunday
07.6.2021	
08.6.2021	
09.6.2021	
10.6.2021	Adaptation of frock from child's bodice block
11.6.2021	paper pattern of child's bodice block
12.6.2021	Making of paper pattern of A-line frock
13.6.2021	Sunday
14.6.2021	
15.6.2021	
16.6.2021	
17.6.2021	Drafting of belts , collars & sleeves
18.6.2021	Cutting of belts , collars & sleeves
19.6.2021	Stitching of frock
20.6.2021	Sunday
21.6.2021	
22.6.2021	
23.6.2021	
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Attaching belts & sleeves
26.6.2021	Making the Pipings
27.6.2021	Sunday
28.6.2021	
29.6.2021	
30.6.2021	
01.7.2021	Finishing the fabric
02.7.2021	Drafting of ladies kameez on the graph paper
03.7.2021	Making the paper pattern of ladies kameez
04.7.2021	Sunday
05.7.2021	
06.7.2021	
07.7.2021	
08.7.2021	Cutting of ladies kameez on cloth
09.7.2021	Stitching of kameez
10.7.2021	Attaching of sleeves
11.7.2021	Sunday
12.7.2021	
13.7.2021	

14.7..2021	
15.7.2021	Finishing of Neck line & hemming
16.7.2021	Ironing & finishing
17.7.2021	Drafting of salwar
18.7.2021	Sunday
19.7.2021	
20.7.2021	
21.7.2021	ID UL ZUHA
22.7.2021	Stitching of salwar
23.7.2021	Making Pauncha
24.7.2021	Renovation of Garments

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Name of the Assistant/Associate Professor: Dr. Pragati Chitkara

Class and Section: BSc. Home Science -2nd Semester

Subject: Applied Botany

Mode of Teaching: Online & Offline

Lectures Per Week: 3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Introduction to Home Gardening
16.4.2021	Introduction to soil,
17.4.2021	Soil profile
18.4.2021	Sunday
19.4.2021	
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	Soil profile contd
23.4.2021	structure of soil
24.4.2021	components of soil
25.4.2021	Sunday
26.4.2021	
27.4.2021	
28.4.2021	
29.4.2021	Different types of soil
30.4.2021	Tillage
01.5.2021	Tillage
02.5.2021	SUNDAY
03.5.2021	
04.5.2021	
05.5.2021	
06.5.2021	Test of unit 1
07.5.2021	Principles of kitchen gardening
08.5.2021	Lay out of kitchen gardening
09.5.2021	SUNDAY
10.5.2021	
11.5.2021	
12.5.2021	
13.5.2021	Utilization of space by intense successive cultivation
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Utilization of space by intense successive cultivation
16.5.2021	SUNDAY
17.5.2021	
18.5.2021	
19.5.2021	
20.5.2021	Crop rotation
21.5.2021	Role of microorganisms in soil fertility
22.5.2021	Intercropping
23.5.2021	SUNDAY

24.5.2021	
25.5.2021	
26.5.2021	
27.5.2021	Raising of healthy seedling
28.5.2021	Economic botany- commonly used herbal and medicinal plants
29.5.2021	Neem
30.5.2021	SUNDAY
31.5.2021	
01.6.2021	
02.6.2021	
03.6.2021	Aloe Vera
04.6.2021	Tulsi
05.6.2021	Ginger
06.6.2021	SUNDAY
07.6.2021	
08.6.2021	
09.6.2021	
10.6.2021	Test of unit 2
11.6.2021	Maintenance of lawn
12.6.2021	Maintenance of lawn
13.6.2021	SUNDAY
14.6.2021	
15.6.2021	
16.6.2021	
17.6.2021	Introduction to Terrace Gardening
18.6.2021	Application of terrace gardening in growing vegetables
19.6.2021	Terrace Gardening-Ornamental Plants
20.6.2021	SUNDAY
21.6.2021	
22.6.2021	
23.6.2021	
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Ornamental plants in pots
26.6.2021	
27.6.2021	SUNDAY
28.6.2021	
29.6.2021	
30.6.2021	
01.7.2021	Ornamental plants in pots
02.7.2021	Ornamental plants in pots
03.7.2021	Vegetative propagation of plants- cutting
04.7.2021	SUNDAY
05.7.2021	
06.7.2021	
07.7.2021	
08.7.2021	Vegetative propagation of plants- cutting
09.7.2021	Vegetative propagation of plants- layering
10.7.2021	Vegetative propagation of plants- layering
11.7.2021	SUNDAY
12.7.2021	
13.7.2021	

14.7.2021	
15.7.2021	Vegetative propagation of plants- grading
16.7.2021	Vegetative propagation of plants- grading
17.7.2021	Tissue culture
18.7.2021	SUNDAY
19.7.2021	
20.7.2021	
21.7.2021	ID UL ZUHA
22.7.2021	Tissue culture
23.7.2021	Importance of tissue culture
24.7.2021	Doubt clearance
25.7.2021	SUNDAY
26.7.2021	
27.6 2021	
28.7.2021	

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Name of the Assistant/Associate Professor: Dr. Pragati Chitkara

Class and Section: B.Sc Home Science- 4th Semester

Subject: Institutional Food Management

Mode of Teaching: Online & Offline

Lectures Per Week: 3

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Discussion of Syllabus
16.4.2021	Catering Management- Introduction & Definition
17.4.2021	Scope of Catering Management Assignment – Definition & Scope of Catering Management
18.4.2021	Sunday
19.4.2021	
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	Environmental Hygiene & Sanitation
23.4.2021	Environmental Hygiene & Sanitation
24.4.2021	Environmental Hygiene & Sanitation
25.4.2021	Sunday
26.4.2021	
27.4.2021	
28.4.2021	
29.4.2021	Hygiene in Food Handling
30.4.2021	Hygiene in Food Handling
01.5.2021	Personal Hygiene
02.5.2021	Sunday
03.5.2021	
04.5.2021	
05.5.2021	
06.5.2021	Test- Catering Management
07.5.2021	Organization of Spaces - Introduction
08.5.2021	Kitchen Spaces – Work Space
09.5.2021	Sunday
10.5.2021	
11.5.2021	
12.5.2021	
13.5.2021	Kitchen Spaces – Work Surfaces
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Kitchen Spaces – Lighting
16.5.2021	Sunday
17.5.2021	
18.5.2021	
19.5.2021	
20.5.2021	Ventilation of Kitchen Space
21.5.2021	Storage Spaces - Location
22.5.2021	Types & Sanitation

23.5.2021	Sunday
24.5.2021	
25.5.2021	
26.5.2021	
27.5.2021	Safety & Security of Stores
28.5.2021	Safety & Security of Stores
29.5.2021	Service Areas - Location
30.5.2021	Sunday
31.5.2021	
01.6.2021	
02.6.2021	
03.6.2021	Planning of Service Areas
04.6.2021	Planning Menus
05.6.2021	Writing of Menus
06.6.2021	Sunday
07.6.2021	
08.6.2021	
09.6.2021	
10.6.2021	Test – Kitchen Spaces
11.6.2021	Types of Menus
12.6.2021	Various Styles of Service
13.6.2021	Sunday
14.6.2021	
15.6.2021	
16.6.2021	
17.6.2021	Various Styles of Service
18.6.2021	Class Assignment- Make a Sample Menu Card for a Restaurant
19.6.2021	Why Food Costs are Controlled?
20.6.2021	Sunday
21.6.2021	
22.6.2021	
23.6.2021	
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Costing of Dishes
26.6.2021	Costing of Meals & Events
27.6.2021	Sunday
28.6.2021	
29.6.2021	
30.6.2021	
01.7.2021	Test – Various Styles of Services
02.7.2021	Methods of Pricing
03.7.2021	Methods of Pricing
04.7.2021	Sunday
05.7.2021	
06.7.2021	
07.7.2021	
08.7.2021	Factors Affecting Pricing
09.7.2021	Factors Affecting Pricing
10.7.2021	Test – Organization of Spaces
11.7.2021	Sunday
12.7.2021	

13.7.2021	
14.7..2021	
15.7.2021	Revision of unit 1 and 2
16.7.2021	Test of unit 1 and 2
17.7.2021	Doubt clearance
18.7.2021	Sunday
19.7.2021	
20.7.2021	
21.7.2021	ID UL ZUHA
22..7.2021	Revision of unit 3 and 4
23.7.2021	Test of unit 3 and 4
24.7.2021	Doubt clearance



Name of the Assistant/Associate Professor: Dr. Pragati Chitkara

Class and Section: B.A. 4th Semester

Subject: Home Science (Theory)

Mode of Teaching: Online & Offline

Lectures Per Week: 5

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to animal cell & diagram of animal cell
13.4.2021	Introduction to animal cell & diagram of animal cell
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Functions of cell membrane , cytoplasm , lysosomes
16.4.2021	Functions of cell membrane , cytoplasm , lysosomes
17.4.2021	
18.4.2021	Sunday
19.4.2021	Mitochondria ,golgi bodies , endoplasmic reticulum
20.4.2021	Nucleus & nuclear membrane & revision of the chapter
21.4.2021	RAM NAVMI
22.4.2021	Introduction to skeleton system
23.4.2021	Functions of skeleton system
24.4.2021	
25.4.2021	Sunday
26.4.2021	Different types of bones in axial skeleton
27.4.2021	Functions of vertebral column with diagram
28.4.2021	Appendicular skeleton with diagram
29.4.2021	Joints of the skeleton
30.4.2021	Joints of the skeleton
01.5.2021	
02.5.2021	Sunday
03.5.2021	Test of skeleton system
04.5.2021	Introduction to digestive system
05.5.2021	Diagram of alimentary canal
06.5.2021	Diagram of alimentary canal
07.5.2021	Introduction to digestive organs
08.5.2021	
9.5.2021	Sunday
10.5.2021	Digestion in mouth – salivary glands
11.5.2021	Stomach – diagram & digestive juices
12.5.2021	Mechanical & chemical digestion
13.5.2021	Digestion in small intestines
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	
16.5.2021	Sunday
17.5.2021	Digestion in large intestines
18.5.2021	Absorption and assimilation
19.5.2021	Test of unit -1 &2
20.5.2021	Assignment of diagrams
21.5.2021	Discussion of Test

22.5.2021	
23.5.2021	Sunday
24.5.2021	Accessory glands – liver (functions)
25.5.2021	Gall bladder & pancreas
26.5.2021	Test of accessory glands
27.5.2021	Digestive enzymes
28.5.2021	Diagrams & charts
29.5.2021	
30.5.2021	Sunday
31.5.2021	Introduction to excretory system
01.6.2021	Kidneys – diagrams in detail
02.6.2021	Functions of kidneys & study of nephrons
03.6.2021	Functions of kidneys & study of nephrons
04.6.2021	Skin – diagram of V.S. of skin
05.6.2021	
06.6.2021	Sunday
07.6.2021	Layers of skin
08.6.2021	Skin derivatives & functions
09.6.2021	Lungs – diagrams & functions
10.6.2021	Test of the excretory system
11.6.2021	Introduction to the circulatory system
12.6.2021	
13.6.2021	Sunday
14.6.2021	Blood composition – plasma , cell
15.6.2021	R.B.C, W.B.C, platelets – functions
16.6.2021	Functions of leucocytes & coagulation of blood
17.6.2021	Functions of blood
18.6.2021	Revision of blood (oral)
19.6.2021	
20.6.2021	Sunday
21.6.2021	External diagram of heart
22.6.2021	Valves of heart – names & functions
23.6.2021	Diagram of direction of blood circulation
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Circulation of blood in detail
26.6.2021	
27.6.2021	Sunday
28.6.2021	Blood pressure – types
29.6.2021	Hemoglobin
30.6.2021	Cholesterol – functions / HDL,LDL,VLDL
01.7.2021	Urea & uric acid
02.7.2021	Level of glucose in blood
03.7.2021	
04.7.2021	Sunday
05.7.2021	Test of circulatory system
06.7.2021	Introduction to reproductive system
07.7.2021	Diagram of female reproductive system
08.7.2021	Sex glands – male
09.7.2021	Sex glands – female
10.7.2021	
11.7.2021	Sunday

12.7.2021	Menstrual cycle & hormones
13.7.2021	Fertilization – single & multiple
14.7.2021	Pregnancy
15.7.2021	Delivery & stages of delivery
16.7.2021	Introduction to endocrine system
17.7.2021	
18.7.2021	Sunday
19.7.2021	Functions of hormones, pituitary glands
20.7.2021	Study of thyroid glands
21.7.2021	ID UL ZUHA
22.7.2021	Adrenal glands – parts & functions
23.7.2021	Islet of Langerhans – secretion of insulin, Diabetics in relation to insulin secretion
24.7.2021	Hypo & hyper secretion of hormones

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Name of the Assistant/Associate Professor: **Dr. Pragati Chitkara**

Class and Section: **B.A. 4th Semester**

Subject: **Home Science (Practical)**

Mode of Teaching: **Online & Offline**

Lectures Per Week: **3**

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	
13.4.2021	
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Introduction to the parts of sewing machine
16.4.2021	Introduction to the parts of sewing machine
17.4.2021	Defects of sewing machine
18.4.2021	Sunday
19.4.2021	
20.4.2021	
21.4.2021	RAM NAVMI
22.4.2021	Defects of sewing machine
23.4.2021	Defects of sewing machine
24.4.2021	sewing machine cleaning instructions
25.4.2021	Sunday
26.4.2021	
27.4.2021	
28.4.2021	
29.4.2021	Introduction to instruments used in stitching
30.4.2021	How to take measurements
01.5.2021	Measuring instructions
02.5.2021	Sunday
03.5.2021	
04.5.2021	
05.5.2021	
06.5.2021	Drafting of petticoat
07.5.2021	Drafting of petticoat on graph paper
08.5.2021	Cutting of petticoat on Cloth
09.5.2021	Sunday
10.5.2021	
11.5.2021	
12.5.2021	
13.5.2021	Cutting of petticoat on Cloth
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	Stitching of petticoat
16.5.2021	Sunday
17.5.2021	
18.5.2021	
19.5.2021	
20.5.2021	Stitching of petticoat
21.5.2021	Stitching of petticoat
22.5.2021	finishing of petticoat
23.5.2021	Sunday

24.5.2021	
25.5.2021	
26.5.2021	
27.5.2021	finishing of petticoat
28.5.2021	Attaching the belt on petticoat
29.5.2021	Attaching the belt on petticoat
30.5.2021	Sunday
31.5.2021	
01.6.2021	
02.6.2021	
03.6.2021	Drafting of child's bodice block
04.6.2021	Drafting of child's bodice block on graph paper
05.6.2021	Making Paper Pattern
06.6.2021	Sunday
07.6.2021	
08.6.2021	
09.6.2021	
10.6.2021	Adaptation of frock from child's bodice block
11.6.2021	paper pattern of child's bodice block
12.6.2021	Making of paper pattern of A-line frock
13.6.2021	Sunday
14.6.2021	
15.6.2021	
16.6.2021	
17.6.2021	Drafting of belts , collars & sleeves
18.6.2021	Cutting of belts , collars & sleeves
19.6.2021	Stitching of frock
20.6.2021	Sunday
21.6.2021	
22.6.2021	
23.6.2021	
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Attaching belts & sleeves
26.6.2021	Making the Pipings
27.6.2021	Sunday
28.6.2021	
29.6.2021	
30.6.2021	
01.7.2021	Finishing the fabric
02.7.2021	Drafting of ladies kameez on the graph paper
03.7.2021	Making the paper pattern of ladies kameez
04.7.2021	SUNDAY
05.7.2021	
06.7.2021	
07.7.2021	
08.7.2021	Cutting of ladies kameez on cloth
09.7.2021	Stitching of kameez
10.7.2021	Attaching of sleeves
11.7.2021	Sunday
12.7.2021	
13.7.2021	

14.7.2021	
15.7.2021	Finishing of Neck line & hemming
16.7.2021	Ironing & finishing
17.7.2021	Drafting of salwar
18.7.2021	Sunday
19.7.2021	
20.7.2021	
21.7.2021	Sunday
22.7.2021	Stitching of salwar
23.7.2021	Making Pauncha
24.7.2021	Renovation of Garments

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Name of the Assistant/Associate Professor: Dr. Pragati Chitkara**Class and Section: BSc. Home Science 4th Semester****Subject: Food Science II****Mode of Teaching: Online & Offline****Lectures Per Week: 4+3****Note:-Teachers don't have their respective classes on the vacant days.**

Date	Topic to be Covered
12.4.2021	Classification of fruits and vegetables
13.4.2021	Composition of fruits and vegetables
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	nutritive value of fruits
16.4.2021	Prac. Preparation of apple Jam
17.4.2021	
18.4.2021	Sunday
19.4.2021	Nutritive value of vegetables
20.4.2021	Classification composition and nutritive value of fruits and vegetables
21.4.2021	RAM NAVMI
22.4.2021	Vegetable cookery
23.4.2021	Prac. Preparation of pineapple and apple Jam
24.4.2021	
25.4.2021	Sunday
26.4.2021	Storage of fruits and vegetables
27.4.2021	Post harvest changes in fruits
28.4.2021	Enzymatic browning of fruits and vegetables
29.4.2021	Use of fruits and vegetables in different preparations
30.4.2021	Prac. Preparation of Mixed fruit Jam
01.5.2021	
02.5.2021	Sunday
03.5.2021	Types of Raising Agents
04.5.2021	Types of Leavening Agents
05.5.2021	Use of Leavening agents in cookery and baking
06.5.2021	Composition of eggs
07.5.2021	Prac. Preparation of Aonla murraba
08.5.2021	
09.5.2021	Sunday
10.5.2021	Quality of Eggs
11.5.2021	Egg cookery
12.5.2021	Use of egg in different preparations
13.5.2021	Composition and nutritive value of meat
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	
16.5.2021	Sunday
17.5.2021	Post mortem changes in meat
18.5.2021	Aging of meat
19.5.2021	Tenderization of meat
20.5.2021	Cuts and grades of meat
21.5.2021	Prac. Preparation of Apple Jam
22.5.2021	

23.5.2021	Sunday
24.5.2021	Meat cookery
25.5.2021	Storage of meat
26.5.2021	Test of eggs and meat
27.5.2021	Type of fish
28.5.2021	Prac. Preparation of Orange marmalade
29.5.2021	
30.5.2021	Sunday
31.5.2021	Composition of fish
01.6.2021	Fish cookery
02.6.2021	Spoilage and storage of fish
03.6.2021	Types of poultry
04.6.2021	Prac. Preparation of green chutney
05.6.2021	
06.6..2021	Sunday
07.6.2021	Composition and nutritive value of poultry
08.6.2021	Cooking of poultry
09.6.2021	Description of spices and condiments
10.6.2021	Uses of spices and condiments
11.6.2021	Prac. Preparation of radish cauliflower turnip carrot pickle
12.6.2021	
13.6.2021	Sunday
14.6..2021	Procurement of spices and condiments
15.6.2021	Storage of spices and condiments
16.6.2021	Herbs
17.6.2021	Test of spices and condiments
18.6.2021	Prac. Preparation of red chilli pickle
19.6.2021	
20.6.2021	Sunday
21.6.2021	Evaluation of food quality
22.6.2021	Sensory evaluation of foods
23.6.2021	Types of sensory tests
24.6.2021	SANT KABIR JAYANTI
25.6.2021	Prac. Preparation of carrot murraba
26.6 2021	
27.6.2021	Sunday
28.6.2021	Types of sensory tests
29.6.2021	Objective evaluation
30.6.2021	Objective evaluation
01.7.2021	Instruments used for texture evaluation
02.7.2021	Prac. Preparation of carrot murraba
03.7.2021	
04.7.2021	Sunday
05.7.2021	Instruments used for texture evaluation
06.7.2021	Instruments used for texture evaluation
07.7.2021	Instruments used for texture evaluation
08.7..2021	Revision of Unit 1
09.7.2021	Prac. Preparation of tomato chutney
10.7.2021	
11.7.2021	Sunday
12.7.2021	Revision of Unit 2

13.7.2021	Test of Unit 1 and Unit 2
14.7.2021	Revision of Unit 3
15.7.2021	Revision o Unit 4
16.7.2021	Prac. Preparation of beetroot chutney
17.7.2021	
18.7.2021	Sunday
19.7.2021	Doubt clearance
20.7.2021	Doubt clearance
21.7.2021	ID UL ZUHA
22.7.2021	Doubt clearance
23.7.2021	File checking and Viva preparation
24.7.2021	

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Name of the Assistant/Associate Professor: Dr. Pragati Chitkara

Class and Section: BSc- Home Science ,6th Semester

Subject: Food Microbiology

Mode of Teaching: Online & Offline

Lectures Per Week: 4

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Discussion of syllabus
13.4.2021	Characteristics of moulds
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	Characteristics of yeasts
16.4.2021	
17.4.2021	
18.4.2021	Sunday
19.4.2021	Characteristics of bacteria
20.4.2021	Useful microorganisms
21.4.2021	RAM NAVMI
22.4.2021	Pathogenic microorganisms
23.4.2021	
24.4.2021	
25.4.2021	Sunday
26.4.2021	Brief history of Food Microbiology
27.4.2021	Importance of microorganisms in food
28.4.2021	Primary sources of microorganisms in food
29.4.2021	Extrinsic parameters affecting growth and survival of microorganisms
30.4.2021	
01.5.2021	
02.5.2021	Sunday
03.5.2021	Extrinsic parameters affecting growth and survival of microorganisms
04.5.2021	Test on Extrinsic parameters affecting growth and survival of microorganisms
05.5.2021	Discussion of test
06.5.2021	Intrinsic parameters affecting growth and survival of microorganisms
07.5.2021	
08.5.2021	
9.5.2021	Sunday
10.5.2021	Intrinsic parameters affecting growth and survival of microorganisms
11.5.2021	Contamination and microorganisms in the spoilage of cereals and cereal products
12.5.2021	microorganisms in the spoilage of cereals and cereal products
13.5.2021	microorganisms in the spoilage of eggs and poultry
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	
16.5.2021	Sunday
17.5.2021	microorganisms in the spoilage of milk and milk products
18.5.2021	microorganisms in the spoilage of canned foods
19.5.2021	Test on microorganisms in the spoilage of food
20.5.2021	Use of high temperature in food preservation
21.5.2021	
22.5.2021	
23.5.2021	Sunday

24.5.2021	Use of high temperature in food preservation
25.5.2021	dehydration
26.5.2021	freezing
27.5.2021	Freeze drying
28.5.2021	
29.5.2021	
30.5.2021	Sunday
31.5.2021	Freeze drying and irradiation in food preservation
01.6.2021	Test of Use of high and low temperature in food preservation
02.6.2021	Discussion of test
03.6.2021	Microbes used in food biotechnology
04.6.2021	
05.6.2021	
06.6.2021	Sunday
07.6.2021	Microbes used in food biotechnology
08.6.2021	Fermented foods
09.6.2021	Benefits of Fermented foods
10.6.2021	Food borne infections
11.6.2021	
12.6.2021	
13.6.2021	Sunday
14.6.2021	Food borne infections
15.6.2021	Food borne intoxications
16.6.2021	Food borne intoxications
17.6.2021	Symptoms of Food borne intoxications
18.6.2021	
19.6.2021	
20.6.2021	Sunday
21.6.2021	Mode and sources of transmission and methods
22.6.2021	Test on Food borne infections and intoxications
23.6.2021	Indices of food
24.6.2021	SANT KABIR JAYANTI
25.6.2021	
26.6.2021	
27.6.2021	Sunday
28.6.2021	Indices of food
29.6.2021	Indices of food
30.6.2021	Indices of milk
01.7.2021	Indices of water
02.7.2021	
03.7.2021	
04.7.2021	Sunday
05.7.2021	Indices of water
06.7.2021	Sanitary qualities of food
07.7.2021	Sanitary qualities of food
08.7.2021	Bacteriological testing of water
09.7.2021	
10.7.2021	
11.7.2021	Sunday
12.7.2021	Bacteriological testing of water
13.7.2021	Revision of Unit 1 and Unit 2

14.7..2021	Revision of Unit 3 and Unit 4
15.7.2021	Doubt clearance
16.7.2021	



Name of the Assistant/Associate Professor: Dr. Pragati Chitkara

Class and Section: BSc Home Science 6th semester

Subject: Child Welfare

Mode Of Teaching: Online & Offline

Lectures Per Week: 3+2

Note:-Teachers don't have their respective classes on the vacant days.

Date	Topic to be Covered
12.4.2021	Introduction to child welfare
13.4.2021	Definition & objectives of child welfare
14.4.2021	DR B.R AMBEDKAR JAYANTI
15.4.2021	
16.4.2021	
17.4.2021	(pr) Making a questionnaire on nutritional requirement of children
18.4.2021	Sunday
19.4.2021	Definition & objectives of child welfare
20.4.2021	Philosophy of child welfare
21.4.2021	RAM NAVMI
22.4.2021	
23.4.2021	
24.4.2021	(pr) Making a questionnaire on nutritional requirement of children
25.4.2021	Sunday
26.4.2021	Philosophy of child welfare
27.4.2021	Philosophy of child welfare
28.4.2021	Test of objectives and philosophy
29.4.2021	
30.4.2021	
01.5.2021	(pr) Visit to the blind school
02.5.2021	SUNDAY
03.5.2021	Introduction to national policies of child welfare
04.5.2021	Needs of national policies
05.5.2021	Organization of national policies of child welfare
06.5.2021	
07.5.2021	
08.5.2021	(pr) Visit to a nursery school
09.5.2021	SUNDAY
10.5.2021	Goals of national policies of child welfare
11.5.2021	Test of national policies
12.5.2021	Problems of school dropouts
13.5.2021	
14.5.2021	LORD PRASHURAM JAYANTI
15.5.2021	(pr) Preparing play material for the age group 2 – 4 years
16.5.2021	SUNDAY
17.5.2021	Problems of school dropouts
18.5.2021	Problems of school dropouts
19.5.2021	Problems of child labour
20.5.2021	
21.5.2021	
22.5.2021	(pr) Review of the questionnaire last prepared
23.5.2021	SUNDAY

24.5.2021	Problems of child labour
25.5.2021	Revision of the unit (oral test)
26.5.2021	Effect of mass media on children
27.5.2021	
28.5.2021	
29.5.2021	(pr) Prepare the questionnaire on educational deprivation
30.5.2021	SUNDAY
31.5.2021	Advantages & disadvantages of the internet for children
01.6.2021	Nutritional deprivation amongst children
02.6.2021	Nutritional deprivation amongst children
03.6.2021	
4.6.2021	
5.6.2021	
6.6..2021	SUNDAY
7.6.2021	Educational deprivation amongst children
8.6..2021	Educational deprivation amongst children
9.6.2021	Rehabilitation & care of blind children
10.6.2021	
11.6.2021	
12.6.2021	Report Writing
13.6.2021	SUNDAY
14.6..2021	Rehabilitation & care of blind children
15.6.2021	Rehabilitation & care of mentally retarded
16.6.2021	Rehabilitation & care of mentally retarded
17.6.2021	
18.6.2021	
19.6.2021	(pr) Visit to national institute of disabled children
20.6.2021	SUNDAY
21.6.2021	Juvenile delinquency – meaning
22..6.2021	Juvenile delinquency
23.6.2021	Causes & ways to tackle juvenile delinquents
24.6.2021	SANT KABIR JAYANTI
25.6.2021	
26.6 2021	(pr) Making a resource file regarding child welfare
27.6.2021	SUNDAY
28.6.2021	Test of care of children with special needs
29.6.2021	National agencies working for child welfare
30.6.2021	National agencies working for child welfare
01.7.2021	
02.7.2021	
03.7.2021	(pr) Preparing a play material for children above 4 years
4.7.2021	SUNDAY
5.7.2021	International agencies working for child welfare
6.7..2021	International agencies working for child welfare
7.7.2021	Test of voluntary agencies
8.7..2021	
9.7.2021	
10.7.2021	(pr) Review of the questionnaire
11.7.2021	SUNDAY
12.7.2021	Family planning program in India
13.7.2021	methods of family planning

14.7..2021	Revision
15.7.2021	
16.7.2021	Visit to Bal Bhavan