

Name of the Assistant/Associate Professor: MS. ARCHNA DUA
Class And Section: B.SC (HOME SCIENCE) VI SEM
Subject : Nutritional Biochemistry II
Mode Of Teaching : Offline
Lectures Per Week:6

Date	Topic To Be Covered
21.3.2022	
22.3.2022	Introduction of Syllabus
23.3.2022	SHAHEEDI DIWAS
24.3.2022	PROPERTIES OF FATTY & ACIDS
25.3.2022	Lipids- Definition, Classification of Lipids, Properties of Fatty & Acids Contd
26.3.2022	Lipids- Definition, Classification of Lipids, Properties of Fatty & Acids Contd
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	Practical -Do's & Don'ts of working in the biochemistry lab, Reactions of Fatty & Acids
30.3.2022	
31.3.2022	Lipids- Definition, Classification of Lipids, Properties of Fatty & Acids Contd
1.4.2022	PROPERTIES OF FATTY & ACIDS CONTD..
2.4.2022 Assignment	DISCUSS THE FOLLOWING A) HALOGENATION OF FATTY ACIDS B) HYDROGENATION IN FATTY ACIDS C) SATURATED & UNSATURATED FATTY ACIDS
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	Practical - Reactions of Fats & oils
6.4.2022	
7.4.2022	β Oxidation of Fatty Acids
8.4.2022	β Oxidation of Fatty Acids Contd..
9.4.2022	β Oxidation of Fatty Acids Contd..
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	Practical - Reactions of Fats & oils
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Test of β Oxidation of Fatty Acids
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	Practical-Determination of acids value of fats & oils
20.4.2022	
21.4.2022	Biosynthesis of fatty acids
22.4.2022	Biosynthesis of fatty acids
23.4.2022	KETONE BODY FORMATION
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	Practical - Reactions of Fats & oils
27.4.2022	
28.4.2022	Ketosis & Fatty Livers
29.4.2022 Assignment	Fatty Livers Contd.. Write about the following:- a) β Oxidation of fatty acids b) Ketone body formation
30.4.2022	TCA CYCLE
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR

04.5.2022	
05.5.2022	TCA Cycle Contd..
06.5.2022	TCA Cycle Contd..
07.5.2022	Test of TCA Cycle
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	Practical- Determination of Saponification value of fats & oils
11.5.2022	
12.5.2022	Electron Transport Chain
13.5.2022	Electron Transport Chain
14.5.2022	Electron Transport Chain
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	Practical- Determination of Saponification value of fats & oils
18.5.2022	
19.5.2022	Oxidative Phosphorylation Theories Contd..
20.5.2022	Oxidative Phosphorylation Theories Contd..
21.5.2022	Describe various components of electron transport chain?
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	Practical- To study properties of amino acids phenylalamine, tyrosine, arguine, cysereine, tryptophan
25.5.2022	
26.5.2022	BIOSYNTHESIS OF PROTEINS
27.5.2022	BIOSYNTHESIS OF PROTEINS
28.5.2022	BIOSYNTHESIS OF PROTEINS
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	Practical- To study properties of amino acids
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	BIOSYNTHESIS OF PROTEINS
4.6.2022	BIOSYNTHESIS OF PROTEINS
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	Practical- To study properties of amino acids
8.6.2022	
9.6.2022	Biosynthesis of proteins Contd..
10.6.2022	Biosynthesis of proteins Contd..
11.6.2022	Test on Biosynthesis of protein
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	Practical- Identity the given unknown amino acids
15.6.2022	
16.6.2022	Explain biosynthesis of proteins?
17.6.2022	Nuclic Acids- What are these
18.6.2022	DNA & RNA SIMILARITIES & DIFFERENCES DNA- STRUCTURE
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	Practical- Identify the given unknown amino acids
22.6.2022	
23.6.2022	RNA- Structure,Nucleosides
24.6.2022	Replication Transcription
25.6.2022	Translation,GENETIC CODE

26.6.2022	SUNDAY
27.6.2022	
28.6.2022	Previous year Questions Discussed
29.6.2022	
30.6.2022	Revision

Name of the Assistant/Associate Professor :Ms. Archna Dua

Class And Section: B. A.(Home Science) – III Year

Subject: HS06

Mode Of Teaching: Offline

Lectures Per Week:6 Practical & 2 Theory

Date	Topic To Be Covered
21.3.2022	
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Practical –Discussion on diet planning for pre-school children & recipes of nutrient rich diets
25.3.2022	Practical –Meal preparation for pre-school going children – Cereal based meal Theory – Lecture on advantages of breast feeding
26.3.2022	Practical –Meal preparation for pre-school going children – Protein rich meal Theory – breast feeding topic contd.
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	
30.3.2022	
31.3.2022	Practical –Discussion on diet planning for school going children & recipes of nutrient rich diets
1.4.2022	Practical –Meal preparation for school going children –Breakfast meal Theory – Lecture on artificial feeding
2.4.2022	Practical –Meal preparation for school going children – Tiffin preparation Theory – Topic of artificial feeding contd.
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	
6.4.2022	
7.4.2022	Practical –Discussion on diet planning for adolescent boys & recipes of healthy diets
8.4.2022	Practical –Meal preparation for adolescent boys– Lunch meal Theory – lecture on difference between breast feeding & artificial feeding
9.4.2022	Practical –Meal preparation for adolescent boys– Tiffin preparation Theory - Topic contd.
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Practical –Discussion on diet planning for adolescent girls & recipes of nutrient rich diets Theory – Lecture on weaning
16.4.2022	Practical –Meal preparation for adolescent girls– Tiffin preparation Theory – Topic contd.
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	
20.4.2022	
21.4.2022	Practical –Discussion on diet planning for adults (male & female)& recipes of nutrient rich diets
22.4.2022	Practical –Meal preparation for Adult (male) – Breakfast meal Theory – Cold, cough & fever
23.4.2022	Practical –Meal preparation for Adult (female) – snacks meal/ Tea time meal Theory – Topic contd.
24.4.2022	SUNDAY

25.4.2022	
26.4.2022	
27.4.2022	
28.4.2022	Practical –Discussion on diet planning for a pregnant lady & recipes of nutrient rich diets
29.4.2022	Practical –Meal preparation for pregnant lady – Lunch meal Theory – Diarrhoea, Constipation & vomiting
30.4.2022	Practical –Meal preparation for pregnant lady – Evening snacks meal Theory – Topic contd.
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	Practical –Discussion on diet planning for lactating mother & recipes of nutrient rich diets
06.5.2022	Practical –Meal preparation for lactating mother – Mid Morning meal Theory – Skin infections in childhood
07.5.2022	Practical –Meal preparation for lactating mother – Dinner meal Theory – Topic contd.
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	
11.5.2022	
12.5.2022	Practical –Discussion on different recipes of pickles
13.5.2022	Practical –Preparation of Pickles (Mixed Pickle) Theory – Revision & assignment presentation by students
14.5.2022	Practical –Preparation of Pickles (Seasonal Veggies/fruits) Theory – Revision & assignment presentation by students
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	
18.5.2022	
19.5.2022	Practical –Discussion on different recipes of chutney & squash
20.5.2022	Practical –Preparation of different types of chutney Theory – Revision & assignment presentation by students
21.5.2022	Practical –Preparation of squash Theory – Revision & assignment presentation by students
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	
25.5.2022	
26.5.2022	Practical –Discussion on different recipes of jam & jelly
27.5.2022	Practical –Preparation of Jam Theory – Revision & assignment presentation by students
28.5.2022	Practical –Preparation of Jelly Theory – Revision & assignment presentation by students
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Practical –Preparation of Jam
4.6.2022	Practical –Preparation of Jelly
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	

8.6.2022	
9.6.2022	Practical –Discussion on different recipes of morrabba
10.6.2022	Practical –Preparation of morrabba Theory – Revision & assignment presentation by students
11.6.2022	Practical –Preparation of morrabba Theory – Revision & assignment presentation by students
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	
15.6.2022	
16.6.2022	Practical –Discussion on recipes of different types of desserts & healthy drinks
17.6.2022	Practical –Preparation of desserts Theory – Revision & assignment presentation by students
18.6.2022	Practical –Preparation of healthy drinks Theory – Revision & assignment presentation by students
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	
22.6.2022	
23.6.2022	Practical –Discussion on recipes of different types of preservative drinks
24.6.2022	Practical –Preparation of Preservative drinks Theory – Revision & assignment presentation by students
25.6.2022	Practical –Preparation of Preservative drinks Theory – Revision & assignment presentation by students
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	
29.6.2022	
30.6.2022	Theory - Class Test Practical – Class Test

Name of the Assistant/Associate Professor: Ms. Archna Dua
Class And Section: B A I Year
Subject: Home Science HS02
Mode Of Teaching: Offline
Lectures Per Week: 2+2

Date	Topic To Be Covered
21.3.2022	Introduction of the Unit
22..3.2022	Transmission of heat- introduction
23.3.2022	SHAHEEDI DIWAS
24.3.2022	
25.3.2022	
26.3.2022	Pottery painting on sheet—practical
27..3.2022	SUNDAY
28.3.2022	Conduction- meaning and its use in heat transmission
29.3.2022	Use of good and bad conductors in daily life
30.3.2022	Writing practical on file-group I
31.3.2022	
1.4.2022	
2.4.2022	Writing practical on file-group II
3.4.2022	SUNDAY
4.4.2022	Convection—meaning and its use in daily life
5.4.2022	Radiation—meaning and its use in daily life
6.4.2022	Base painting on pot- group I
7.4.2022	
8.4.2022	
9.4.2022	Base painting on pot- group II
10.4.2022	SUNDAY
11.4.2022	Thermos flask- structure
12.4.2022	Working principle of thermos flask
13.4.2022	Coloring the pattern on pot- group I
14.4.2022	DR B.R AMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Coloring pattern on pot-group II
17.4.2022	SUNDAY
18.4.2022	Test
19.4.2022	Thermometer—introduction and structure
20.4.2022	Completing file work -group I
21.4.2022	
22.4.2022	
23.4.2022	Completing file work -group II
24.4.2022	SUNDAY
25.4.2022	Types of thermometers
26.4.2022	Types of thermometers
27.4.2022	Base painting on second pot-group I
28.4.2022	
29.4.2022	
30.4.2022	Base painting on second pot-group II
01.5.2022	SUNDAY
02.5.2022	Simple conversion from centigrade to Fahrenheit
03.5.2022	ID UL FITR
04.5.2022	Decorating second pot -group I
05.5.2022	
06.5.2022	
07.5.2022	Decorating second pot -group II
08.5.2022	SUNDAY

09.5.2022	Conversion from Fahrenheit to centigrade
10.5.2022	Calculation of conversion of thermometer
11.5.2022	Finishing second pot -group I
12.5.2022	
13.5.2022	
14.5.2022	Finishing second pot -group II
15.5.2022	SUNDAY
16.5.2022	Calculation of conversion of thermometer
17.5.2022	Test
18.5.2022	Demonstration on paper flower making- group I
19.5.2022	
20.5.2022	
21.5.2022	Demonstration on paper flower making- group II
22.5.2022	SUNDAY
23.5.2022	Evaporation--introduction
24.5.2022	Factors affecting evaporation
25.5.2022	Flower making with organdy cloth- group I
26.5.2022	
27.5.2022	
28.5.2022	Flower making with organdy cloth- group II
29.5.2022	SUNDAY
30.5.2022	Refrigerator- introduction
31.5.2022	Structure of refrigerator
01.6.2022	Demonstration on tie and dye -group I
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	Demonstration on tie and dye -group II
5.6.2022	SUNDAY
6.6.2022	Working principle of refrigerator
7.6.2022	Working principle of refrigerator
8.6.2022	Making tie and dye samples-group I
9.6.2022	
10.6.2022	
11.6.2022	Making tie and dye samples-group II
12.6.2022	SUNDAY
13.6.2022	Care of refrigerator
14.6.2022	Care of refrigerator
15.6.2022	Dyeing of samples-group I
16.6.2022	
17.6.2022	
18.6.2022	Dyeing of samples-group II
19.6.2022	SUNDAY
20.6.2022	Test
21.6.2022	Revision
22.6.2022	Making chart on hygiene-group I
23.6.2022	
24.6.2022	
25.6.2022	Making chart on hygiene-group II
26.6.2022	SUNDAY
27.6.2022	Doubt class
28.6.2022	Doubt class
29.6.2022	Completing file work
30.6.2022	

Name of the Assistant/Associate Professor: Mrs. Archna Dua

Class And Section: BA II Year

Subject: Home Science HS04

Mode Of Teaching :Offline

Lectures Per Week:2

21.3.2022	Practical- Introduction to the parts of sewing machine
22..3.2022	Practical- Introduction to the parts of sewing machine
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Theory-Introduction to syllabus
25.3.2022	
26.3.2022	
27..3.2022	SUNDAY
28.3.2022	Practical- Defects of sewing machine
29.3.2022	Practical- Defects of sewing machine
30.3.2022	Theory-Endocrine system in brief Practical- Defects of sewing machine
31.3.2022	Theory-Endocrine system in brief
1.4.2022	
2.4.2022	
3.4.2022	SUNDAY
4.4.2022	Practical- sewing machine cleaning instructions
5.4.2022	Practical- Introduction to instruments used in stitching
6.4.2022	Theory-Functions of hormones Practical- How to take measurements
7.4.2022	Theory-Functions of hormones
8.4.2022	
9.4.2022	
10.4.2022	SUNDAY
11.4.2022	Practical- Measuring instructions
12.4.2022	Practical- Drafting of petticoat
13.4.2022	Theory-pituitary glands Practical- Drafting of petticoat on graph paper
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	
17.4.2022	SUNDAY
18.4.2022	Practical- Cutting of petticoat on Cloth
19.4.2022	Practical- Cutting of petticoat on Cloth
20.4.2022	Theory-pituitary glands Practical- Cutting of petticoat on Cloth
21.4.2022	Theory-pituitary glands
22.4.2022	
23.4.2022	
24.4.2022	SUNDAY
25.4.2022	Practical- Stitching of petticoat
26.4.2022	Practical- Stitching of petticoat
27.4.2022	Theory-Study of thyroid glands Practical- Stitching of petticoat
28.4.2022	Theory-Study of thyroid glands
29.4.2022	
30.4.2022	
01.5.2022	SUNDAY
02.5.2022	Practical- Stitching of petticoat
03.5.2022	ID UL FITR
04.5.2022	Theory-Adrenal glands – parts Practical- Stitching of petticoat
05.5.2022	Theory-Adrenal glands – parts

06.5.2022	
07.5.2022	
08.5.2022	SUNDAY
09.5.2022	Practical- Stitching of petticoat
10.5.2022	Practical- Stitching of petticoat
11.5.2022	Theory-Adrenal glands – functions Practical- finishing of petticoat
12.5.2022	Theory-Adrenal glands –functions
13.5.2022	
14.5.2022	
15.5.2022	SUNDAY
16.5.2022	Practical- finishing of petticoat
17.5.2022	Practical- finishing of petticoat
18.5.2022	Theory-Revision Practical- Attaching the belt on petticoat
19.5.2022	Theory-Test
20.5.2022	
21.5.2022	
22.5.2022	SUNDAY
23.5.2022	Practical- Attaching the belt on petticoat
24.5.2022	Practical- Attaching the belt on petticoat
25.5.2022	Theory-Discussion of Test Practical- Drafting of child’s bodice block
26.5.2022	Theory-Doubt Clearance
27.5.2022	
28.5.2022	
29.5.2022	SUNDAY
30.5.2022	Practical- Drafting of child’s bodice block
31.5.2022	Practical- Making Paper Pattern
01.6.2022	Theory-Islet of Langerhans Practical- Making Paper Pattern
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	
5.6.2022	SUNDAY
6.6.2022	Practical- Adaptation of frock from child’s bodice block
7.6.2022	Practical- paper pattern of child’s bodice block
8.6.2022	Theory-Secretion of insulin Practical- Making of paper pattern of A-line frock
9.6.2022	Theory-Secretion of insulin
10.6.2022	
11.6.2022	
12.6.2022	SUNDAY
13.6.2022	Practical- Drafting of belts , collars & sleeves
14.6.2022	Practical- Cutting of belts , collars & sleeves
15.6.2022	Theory-Diabetics in relation to insulin secretion Practical- Stitching of frock
16.6.2022	Theory-Diabetics in relation to insulin secretion
17.6.2022	
18.6.2022	
19.6.2022	SUNDAY
20.6.2022	Practical-Drafting of ladies kameez on the graph paper
21.6.2022	Practical- Cutting of ladies kameez on cloth
22.6.2022	Theory-Hyper secretion of hormones Practical- Stitching of kameez
23.6.2022	Theory-Hyper secretion of hormones
24.6.2022	
25.6.2022	

26.6.2022	SUNDAY
27.6.2022	Practical- Drafting and Stitching of salwar
28.6.2022	Practical- Making Pauncha
29.6.2022	Theory-Revision Practical- Renovation of Garments
30.6.2022	Theory-Doubt Clearance

Name of the Assistant/Associate Professor: Dr .Sangeeta Kulshrestha

Class And Section: B.Sc. Home Sc. 6th Sem.

Subject: Therapeutic Nutrition

Mode Of Teaching : Offline

Lectures Per Week: 4Th+3 Pr

21.3.2022	Introduction of Syllabus
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Pr- Introduction to Practical Syllabus, various modifications of normal diet
25.3.2022	Principles of Diet Therapy
26.3.2022	
27.3.2022	SUNDAY
28.3.2022	Various modifications of normal diet for therapeutic purposes
29.3.2022	
30.3.2022	Topic contd.
31.3.2022	Pr.-Telling about Full fluid, Clear fluid and Soft diet
1.4.2022	Topic contd.
2.4.2022	Dietician- Definition, role
3.4.2022	SUNDAY
4.4.2022	Topic contd.
5.4.2022	
6.4.2022	Test- Role of Dietician
7.4.2022	Pr. – Making a list of high and low fibre foods
8.4.2022	Gastro-intestinal diseases
9.4.2022	Diarrhoea- Causes and types
10.4.2022	SUNDAY
11.4.2022	Nutritional management in diarrhoea
12.4.2022	
13.4.2022	Nutritional management in diarrhoea contd.
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Constipation -Types and causes
16.4.2022	Nutritional management in constipation
17.4.2022	SUNDAY
18.4.2022	Nutritional management in constipation contd.
19.4.2022	
20.4.2022	Fever- types and causes
21.4.2022	Pr. – Make a menu plan for an adult suffering from chronic diarrhoea and calculate calories and protein
22.4.2022	Fever- causes contd.
23.4.2022	Nutritional management in Typhoid
24.4.2022	SUNDAY
25.4.2022	Nutritional management in Typhoid contd.
26.4.2022	
27.4.2022	Nutritional management in T.B.
28.4.2022	Pr. – Make a menu plan for an adult female suffering from constipation and calculate calories and protein
29.4.2022	Nutritional management in T.B. contd.
30.4.2022	Nutritional management in T.B. contd. Assignment – Make a menu plan for a child suffering from chronic typhoid and calculate calories, protein, vitamin A and C
01.5.2022	SUNDAY
02.5.2022	Obesity- types and causes
03.5.2022	ID UL FITR
04.5.2022	Nutritional management in Obesity
05.5.2022	Pr. – Make a menu plan for a child suffering from T.B. and calculate calories, protein, vitamin A and C
06.5.2022	Nutritional management in Obesity contd.
07.5.2022	Nutritional management in Obesity contd.

08.5.2022	SUNDAY
09.5.2022	Underweight -causes, nutritional management
10.5.2022	
11.5.2022	Underweight - nutritional management contd.
12.5.2022	Constipation – Types & Causes
13.5.2022	Diabetes Mellitus- signs and symptoms
14.5.2022	Diabetes Mellitus- causes
15.5.2022	SUNDAY
16.5.2022	Nutritional management in Diabetes Mellitus contd.
17.5.2022	
18.5.2022	Nutritional management in Diabetes Mellitus contd.
19.5.2022	Pr. – Make a menu plan for a man suffering from Diabetes and calculate calories, protein, vitamin A and C
20.5.2022	Test= Diabetes Mellitus
21.5.2022	Hypertension- causes and symptoms
22.5.2022	SUNDAY
23.5.2022	Hypertension- nutritional management
24.5.2022	
25.5.2022	Hypertension- nutritional management contd.
26.5.2022	Pr. – Make a menu plan for a woman suffering from Hypertension and calculate calories, protein, vitamin A and C
27.5.2022	Kidney disorders- types and causes
28.5.2022	Kidney disorders- types and causes contd.
29.5.2022	SUNDAY
30.5.2022	Kidney disorders- nutritional management
31.5.2022	
01.6.2022	Nutritional management in various kidney disorders contd.
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Nutritional management in various kidney disorders contd.
4.6.2022	Revision Unit I (Discussion through old question papers)
5.6.2022	SUNDAY
6.6.2022	Revision Unit I (Discussion through old question papers)
7.6.2022	
8.6.2022	Revision Unit II (Discussion through old question papers)
9.6.2022	Pr. – Make a menu plan for a woman suffering from kidney disorder and calculate calories and protein
10.6.2022	Revision Unit II (Discussion through old question papers)
11.6.2022	Revision Unit III (Discussion through old question papers)
12.6.2022	SUNDAY
13.6.2022	Revision Unit III (Discussion through old question papers)
14.6.2022	
15.6.2022	Revision Unit IV (Discussion through old question papers)
16.6.2022	Pr. – Make a menu plan for a man suffering from kidney disorder and calculate calories, protein, vitamin A and C
17.6.2022	Revision Unit IV Revision Unit I (Discussion through old question papers)
18.6.2022	Test- Kidney disorders and hypertension
19.6.2022	SUNDAY
20.6.2022	Objective test covering unit I & II
21.6.2022	
22.6.2022	Objective test covering unit I & II
23.6.2022	Pr. – any left out planning and calculation
24.6.2022	Revision
25.6.2022	Revision
26.6.2022	SUNDAY
27.6.2022	Revision
28.6.2022	
29.6.2022	Revision
30.6.2022	Pr. – any left out planning and calculation

Name of the Assistant/Associate Professor: Dr. Sangeeta Kulshrestha
Class And Section: B. Sc. Home Science 6th Sem.
Subject: Women Empowerment
Mode Of Teaching : Offline
Lectures Per Week:6

Date	TopicToBeCovered
21.3.2022	Introduction to the syllabus
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	
25.3.2022	Need of Women Empowerment
26.3.2022	
27.3.2022	SUNDAY
28.3.2022	Study KL METHA of Indian Women- A historic perspective
29.3.2022	
30.3.2022	Legal status of Indian women – Pre - and post-independence
31.3.2022	
1.4.2022	Social status of Indian women – Pre - and post-independence
2.4.2022	
3.4.2022	SUNDAY
4.4.2022	Social status of Indian women – Pre - and post-independence
5.4.2022	
6.4.2022	Economic status of Indian women – Pre - and post-independence
7.4.2022	
8.4.2022	Economic status of Indian women – Pre - and post-independence
9.4.2022	
10.4.2022	SUNDAY
11.4.2022	Political status of Indian women – Pre - and post-independence
12.4.2022	
13.4.2022	Educational status of Indian women – Pre - and post-independence
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Educational status of Indian women – Pre - and post-independence
16.4.2022	
17.4.2022	SUNDAY
18.4.2022	Educational status of Indian women – Pre - and post-independence
19.4.2022	
20.4.2022	Test- Status of Indian women – Pre and Post – Independence
21.4.2022	
22.4.2022	Contemporary problems and issues related to women
23.4.2022	
24.4.2022	SUNDAY
25.4.2022	Topic contd.
26.4.2022	
27.4.2022	Families with marital disharmony- reasons and problems
28.4.2022	
29.4.2022	Families with marital disharmony- reasons and problems
30.4.2022	
01.5.2022	SUNDAY
02.5.2022	Families with marital disharmony- reasons and problems
03.5.2022	ID UL FITR
04.5.2022	Problems faced by children and family members
05.5.2022	
06.5.2022	Violence against women
07.5.2022	
08.5.2022	SUNDAY
09.5.2022	Violence and abuse faced by women in homes
10.5.2022	

11.5.2022	Violence and abuse faced by women in homes
12.5.2022	
13.5.2022	Test
14.5.2022	
15.5.2022	SUNDAY
16.5.2022	Dowry victimization of women -causes
17.5.2022	
18.5.2022	Dowry victimization of women -remedies
19.5.2022	
20.5.2022	Assignment- Survey of domestic violence and dowry abuse in the locality where students reside Detailed discussion with students on domestic violence and dowry
21.5.2022	
22.5.2022	SUNDAY
23.5.2022	Sexual discrimination and exploitation of Indian women
24.5.2022	
25.5.2022	Sexual discrimination and exploitation of Indian women
26.5.2022	
27.5.2022	Empowerment of women
28.5.2022	
29.5.2022	SUNDAY
30.5.2022	Mass media and women empowerment
31.5.2022	
01.6.2022	Role of media in showing women as stereotypes
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Role of media in Women empowerment
4.6.2022	
5.6.2022	SUNDAY
6.6.2022	Education and empowerment of women
7.6.2022	
8.6.2022	Employment and empowerment of women
9.6.2022	
10.6.2022	Role of Home Science education for personal growth
11.6.2022	
12.6.2022	SUNDAY
13.6.2022	Role of Home Science education for professional growth
14.6.2022	
15.6.2022	Trends in Women's movements in reference to India
16.6.2022	
17.6.2022	Social welfare programmes and their impact
18.6.2022	
19.6.2022	SUNDAY
20.6.2022	Social welfare programmes and their impact
21.6.2022	
22.6.2022	Revision and discussion of old question papers
23.6.2022	
24.6.2022	Revision and discussion of old question papers
25.6.2022	
26.6.2022	SUNDAY
27.6.2022	Revision and discussion of old question papers
28.6.2022	
29.6.2022	Revision and discussion of old question papers
30.6.2022	

Name of the Assistant/Associate Professor: Dr Sangeeta Kulshrestha
Class And Section: B. Sc. Home Sc. 4thSem
Subject: Psychology II
Mode Of Teaching : Offline
Lectures Per Week:3

Date	TopicToBeCovered
21.3.2022	
22.3.2022	Introduction to the syllabus
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Motivation-definition
25.3.2022	
26.3.2022	Types of motivation
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	Types of motivation
30.3.2022	
31.3.2022	Learning meaning &nature
1.4.2022	
2.4.2022	Topic contd.
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	Theories of learning
6.4.2022	
7.4.2022	Theories of learning
8.4.2022	
9.4.2022	Theories of learning
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	Principles of learning
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Principles of learning
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	Factors affecting learning
20.4.2022	
21.4.2022	Factors affecting learning
22.4.2022	
23.4.2022	Test- Motivation
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	Effect of motivation on learning
27.4.2022	
28.4.2022	Intelligence-introduction and definition
29.4.2022	
30.4.2022	Theories of Intelligence
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	Theories of Intelligence
06.5.2022	
07.5.2022	Development of Intelligence
08.5.2022	SUNDAY

09.5.2022	
10.5.2022	Development of Intelligence
11.5.2022	
12.5.2022	Thinking
13.5.2022	
14.5.2022	Tools of thinking
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	Reasoning as related to imagination and thinking
18.5.2022	
19.5.2022	Contd ASSIGNMENT-INTELLIGENCE TEST
20.5.2022	
21.5.2022	Imagination -nature
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	Development of Imagination
25.5.2022	
26.5.2022	Personality –concept and definition
27.5.2022	
28.5.2022	Personality types
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	Personality types
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	Assessment of personality
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	Assessment of personality
8.6.2022	
9.6.2022	Assessment of personality
10.6.2022	
11.6.2022	Demonstration of Personality Assessment methods and writing a report
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	Factors influencing personality
15.6.2022	
16.6.2022	Factors influencing personality
17.6.2022	
18.6.2022	Freud's theory
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	Freud's theory
22.6.2022	
23.6.2022	Memory –Definition and analysis
24.6.2022	
25.6.2022	Analysis of Memory, Types of memory
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	Improvement of memory
29.6.2022	
30.6.2022	Forgetting–definition, types and theories. Revision

Name of the Assistant/Associate Professor: Dr. Sangeeta Kulshrestha Class And Section: B. Sc. Home Sc. 2nd Sem. Subject: Fundamentals of Nutrition Mode Of Teaching : Offline Lectures Per Week: 4 TH+ 3Pr	
Date	TopicToBeCovered
21.3.2022	
22.3.2022	Introduction to the syllabus
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Carbohydrates – definition and classification
25.3.2022	Classification Contd.
26.3.2022	Functions of carbohydrate
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	Pr – use of food composition tables given by ICMR
30.3.2022	Sources and RDA of carbohydrates
31.3.2022	Deficiency and excess of carbohydrates
1.4.2022	Proteins – definition and classification
2.4.2022	Classification Contd
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	Pr – learning to calculate protein
6.4.2022	Test – carbohydrates
7.4.2022	Functions of proteins
8.4.2022	Sources and RDA of proteins
9.4.2022	Effects of deficiency and excess of proteins
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	Pr – planning and calculating energy rich recipes
13.4.2022	Test – proteins
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Lipids – definition and classification
16.4.2022	Classification of lipids Contd.
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	Pr – planning and calculating energy rich recipes
20.4.2022	Functions and sources of lipids
21.4.2022	Deficiency and excess of lipids
22.4.2022	Water – functions and sources
23.4.2022	Effects of deficiency and excess of water
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	Pr – Cooking of energy rich recipe
27.4.2022	Vitamins – introduction and classification
28.4.2022	Vitamin A - introduction and functions
29.4.2022	Sources and RDA of Vitamin A
30.4.2022	Effects of deficiency and excess of Vitamin A
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	Vitamin D – functions and sources
05.5.2022	RDA, deficiency and excess
06.5.2022	Vitamin E – functions and sources

07.5.2022	RDA, deficiency and excess of Vitamin E
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	Pr – planning and calculating protein rich recipes
11.5.2022	Test – Vitamin A and D
12.5.2022	Vitamin K – functions and sources
13.5.2022	RDA, deficiency and excess of Vitamin K
14.5.2022	Vitamin C – functions and sources
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	Pr – Cooking of protein rich recipes
18.5.2022	Vitamin C–RDA, deficiency and excess
19.5.2022	Vitamin B1 – functions and sources
20.5.2022	Vitamin B1 - RDA, deficiency and excess
21.5.2022	Vitamin B2 – functions and sources
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	Pr – planning and calculating Vitamin A rich recipes
25.5.2022	Vitamin B2 - RDA, deficiency and excess
26.5.2022	Vitamin B6 – functions and sources
27.5.2022	Vitamin B6 - RDA, deficiency and excess
28.5.2022	Vitamin B12 – functions and sources
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	Pr – planning and calculating Vitamin C rich recipes, Cooking of vitamin A rich dishes
01.6.2022	Vitamin B12 - RDA, deficiency and excess
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Niacin – functions and sources
4.6.2022	Niacin - RDA, deficiency and excess
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	Pr – planning and calculating iron rich recipes Cooking of vitamin C rich dishes
8.6.2022	Folic acid – functions and sources
9.6.2022	Folic acid - RDA, deficiency and excess
10.6.2022	SUNDAY
11.6.2022	
12.6.2022	Pr – planning and calculating calcium rich recipes Cooking of vitamin iron rich dishes
13.6.2022	Calcium – functions, sources and RDA
14.6.2022	Effects of deficiency and excess of calcium
15.6.2022	Magnesium – functions, sources and RDA
16.6.2022	Magnesium – deficiency and excess
17.6.2022	Phosphorous – functions, sources and RDA
18.6.2022	Phosphorous – deficiency and excess
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	Pr – planning and calculating thiamin rich recipes Cooking of calcium rich dishes
22.6.2022	Sodium - functions, sources, Rda, deficiency and excess
23.6.2022	Potassium - functions, sources, Rda, deficiency and excess
24.6.2022	Iron - functions, sources and RDA, effect of deficiency and excess
25.6.2022	Iodine - functions, sources and RDA, effect of deficiency and excess

26.6.2022	SUNDAY
27.6.2022	
28.6.2022	Pr – planning and calculating fibre rich recipes Cooking of thiamin rich dishes
29.6.2022	Objective test – complete syllabus
30.6.2022	Discussion of previous year question paper

Name of the Assistant/Associate Professor: Ms.Dr. Sangeeta Kulshrestha

Class And Section: B. A. III Year

Subject: Home Science HS06

Mode Of Teaching : Offline

Lectures Per Week:6

Date	TopicToBeCovered
21.3.2022	Discussion of syllabus
22.3.2022	Definition of Child Psychology
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Aims of Child Psychology
25.3.2022	Aims of Child Psychology contd.
26.3.2022	Subject matter of Child Psychology
27.3.2022	SUNDAY
28.3.2022	Subject matter of Child Psychology contd.
29.3.2022	Objectives of studying Child Psychology
30.3.2022	Objectives of studying Child Psychology contd.
31.3.2022	Learning- Introduction and Definitions
1.4.2022	Importance of learning
2.4.2022	Methods of learning
3.4.2022	SUNDAY
4.4.2022	Methods of learning contd.
5.4.2022	Methods of learning contd.
6.4.2022	Methods of learning contd.
7.4.2022	Factors affecting learning
8.4.2022	Factors affecting learning contd.
9.4.2022	Factors affecting learning contd.
10.4.2022	SUNDAY
11.4.2022	Role of reward in learning
12.4.2022	Role of reward in learning contd.
13.4.2022	Role of punishment in learning
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Role of punishment in learning contd.
16.4.2022	Test- learning
17.4.2022	SUNDAY
18.4.2022	Personality- introduction
19.4.2022	Nature of Personality
20.4.2022	Nature of Personality contd.
21.4.2022	Definitions of Personality
22.4.2022	Types of Personality
23.4.2022	Types of Personality contd.
24.4.2022	SUNDAY
25.4.2022	Factors affecting Personality
26.4.2022	Factors affecting Personality contd.
27.4.2022	Factors affecting Personality contd.
28.4.2022	Factors affecting Personality contd.
29.4.2022	Play- definitions
30.4.2022	Features of play
01.5.2022	SUNDAY
02.5.2022	Test- Personality
03.5.2022	ID UL FITR
04.5.2022	Features of play contd.
05.5.2022	Difference between work and play
06.5.2022	Difference between work and play contd.
07.5.2022	Types of play
08.5.2022	SUNDAY
09.5.2022	Types of play contd.
10.5.2022	Types of play contd.
11.5.2022	Importance of play in Childhood

12.5.2022	Importance of play in Childhood contd.
13.5.2022	Stages of Child development
14.5.2022	Stages of Child development contd.
15.5.2022	SUNDAY
16.5.2022	Characteristics of Infancy
17.5.2022	Characteristics of Infancy contd.
18.5.2022	Characteristics of Early childhood
19.5.2022	Characteristics of Early childhood contd.
20.5.2022	Characteristics of Late childhood
21.5.2022	Characteristics of Late childhood contd.
22.5.2022	SUNDAY
23.5.2022	Characteristics of Adolescence
24.5.2022	Characteristics of Adolescence contd.
25.5.2022	Problems of adolescence
26.5.2022	Problems of adolescence contd.
27.5.2022	Role of parents in solving their problems
28.5.2022	Role of parents in solving their problems contd.
29.5.2022	SUNDAY
30.5.2022	Role of teachers in solving their problems
31.5.2022	Role of teachers in solving their problems contd.
01.6.2022	Test- Stages of Child development
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Signs of Pregnancy
4.6.2022	Signs of Pregnancy contd.
5.6.2022	SUNDAY
6.6.2022	Discomforts of Pregnancy
7.6.2022	Discomforts of Pregnancy contd.
8.6.2022	Discomforts of Pregnancy contd.
9.6.2022	ill-effects of an early marriage
10.6.2022	ill-effects of an early marriage
11.6.2022	Breast feeding
12.6.2022	SUNDAY
13.6.2022	Advantages of breast feeding
14.6.2022	Artificial feeding
15.6.2022	Difference between breast feeding and artificial feeding
16.6.2022	Weaning
17.6.2022	Cold, cough and fever
18.6.2022	Diarrhoea, constipation and Vomiting
19.6.2022	SUNDAY
20.6.2022	Skin infections in childhood
21.6.2022	Revision
22.6.2022	Discussion of old question papers
23.6.2022	Discussion of old question papers
24.6.2022	Discussion of old question papers
25.6.2022	Discussion of old question papers
26.6.2022	SUNDAY
27.6.2022	Objective Test
28.6.2022	Revision
29.6.2022	Discussion of old question papers
30.6.2022	Revision

Name of the Assistant/Associate Professor: Ms. Usha Pant

Class And Section: B. SC Home Science 6thSem

Subject: Interior Space Designing

ModeOfTeaching:Offline

LecturesPer Week:4+3

Date	TopicToBeCovered
21.3.2022	Introduction of the syllabus
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Furniture—introduction
25.3.2022	Selection of furniture
26.3.2022	Selection of furnitiure
27..3.2022	SUNDAY
28.3.2022	Types of furniture
29.3.2022	
30.3.2022	Practical syllabus discussion
31.3.2022	Types of furniture
1.4.2022	Furniture arrangement in rooms
2.4.2022	Furniture arrangement in different rooms
3.4.2022	SUNDAY
4.4.2022	Furniture arrangement in different rooms
5.4.2022	
6.4.2022	Pottery painting on sheet---practical
7.4.2022	Lighting arrangement in home--introduction
8.4.2022	Types of lighting arrangement
9.4.2022	Lighting arrangement in different rooms
10.4.2022	SUNDAY
11.4.2022	Lighting arrangement in different rooms
12.4.2022	
13.4.2022	Preparing pot for painting---practical
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Accessories- importance in home decoration
16.4.2022	Types of accessories
17.4.2022	SUNDAY
18.4.2022	Types of accessories
19.4.2022	
20.4.2022	Pot painting—practical
21.4.2022	Commonly used accessories used in home decoration
22.4.2022	Test
23.4.2022	Window treatment--introduction
24.4.2022	SUNDAY
25.4.2022	Importance of window treatment
26.4.2022	
27.4.2022	File completing---practical
28.4.2022	Basic window treatments
29.4.2022	Types of curtains
30.4.2022	Types of curtains
01.5.2022	SUNDAY
02.5.2022	Importance of curtains and draperies
03.5.2022	ID UL FITR
04.5.2022	Making curtain samples
05.5.2022	Selection of draping fabric
06.5.2022	Selection of draping fabric
07.5.2022	Care of draping fabric
08.5.2022	SUNDAY
09.5.2022	Hanging of curtains---pelmet
10.5.2022	
11.5.2022	Curtain sample---practical

12.5.2022	Hanging of curtains---swag, valance
13.5.2022	Discussion on window treatment
14.5.2022	Test
15.5.2022	SUNDAY
16.5.2022	Wall treatment--introduction
17.5.2022	
18.5.2022	Pot decoration –practical
19.5.2022	Paint---types of paint
20.5.2022	Use of paint
21.5.2022	Wallpaper---introduction
22.5.2022	SUNDAY
23.5.2022	Types of wall papers
24.5.2022	
25.5.2022	Pot decoration---practical
26.5.2022	Care of wallpaper
27.5.2022	Wood panel---introduction and use
28.5.2022	Floor treatment—tiles
29.5.2022	SUNDAY
30.5.2022	Floor treatment-carpets
31.5.2022	
01.6.2022	Making paper flowers--practical
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Importance and types of carpet
4.6.2022	Care of carpet and rugs
5.6.2022	SUNDAY
6.6.2022	Design—definition and types
7.6.2022	
8.6.2022	Organdy flower making--practical
9.6.2022	Principles of design—harmony, balance
10.6.2022	Proportion, rhythm and emphasis
11.6.2022	use of principles in decoration
12.6.2022	SUNDAY
13.6.2022	Flower arrangement----introduction
14.6.2022	
15.6.2022	File completion
16.6.2022	Types of flower arrangement
17.6.2022	Types of flower arrangement
18.6.2022	Use of principles of design in flower arrangement
19.6.2022	SUNDAY
20.6.2022	Use of principles of design in flower arrangement
21.6.2022	
22.6.2022	Glass painting—practical
23.6.2022	Doubt class
24.6.2022	Discussing old question paper
25.6.2022	Revision
26.6.2022	SUNDAY
27.6.2022	Revision
28.6.2022	
29.6.2022	Completing file
30.6.2022	Revision

Name of the Assistant/Associate Professor: Ms. Usha Pant

Class And Section: B. Sc Home Sc II Year

Subject: Introduction to Home Management II

ModeOfTeaching:Offline

LecturesPer Week:4 + 3

Date	TopicToBeCovered
21.3.2022	Introduction of the subject
22..3.2022	Ergonomics—introduction
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Use of ergonomics in home
25.3.2022	
26.3.2022	Introduction of practical syllabus
27..3.2022	SUNDAY
28.3.2022	Body mechanics-introduction
29.3.2022	Principles of body mechanics
30.3.2022	Work simplification—introduction and importance
31.3.2022	Classes of change
1.4.2022	
2.4.2022	Making colour wheel
3.4.2022	SUNDAY
4.4.2022	Classes of change
5.4.2022	Work study techniques--introduction
6.4.2022	Operation chart
7.4.2022	Pathway chart
9.4.2022	Completing color wheel and color schemes
10.4.2022	SUNDAY
11.4.2022	Discussion on work simplification and techniques
12.4.2022	Income---types
13.4.2022	Budget—meaning and introduction
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Making color schemes
17.4.2022	SUNDAY
18.4.2022	Types of budget
19.4.2022	Steps in making budget
20.4.2022	Factors affecting budget
21.4.2022	Ernest Engel's law of consumption
22.4.2022	
23.4.2022	Budget making for LIG, MIG, HIG
24.4.2022	SUNDAY
25.4.2022	Test on income and budget
26.4.2022	Saving-introduction
27.4.2022	Importance of saving
28.4.2022	Types of saving---PF, Pension
29.4.2022	
30.4.2022	Making color schemes
01.5.2022	SUNDAY
02.5.2022	Voluntary saving—Banks
03.5.2022	ID UL FITR
04.5.2022	Insurance---importance
05.5.2022	Types of Insurance
06.5.2022	
07.5.2022	Making of Alpana on sheet
08.5.2022	SUNDAY
09.5.2022	Test on saving
10.5.2022	Credit---its use
11.5.2022	Problems in credit
12.5.2022	Types of credit

13.5.2022	
14.5.2022	Making Alpana on floor
15.5.2022	SUNDAY
16.5.2022	Requirements in taking credit
17.5.2022	Taxation---importance and use
18.5.2022	Types of tax
19.5.2022	Basic calculation of tax
20.5.2022	
21.5.2022	Calculating income tax----numerical
22.5.2022	SUNDAY
23.5.2022	Calculating income tax --numerical
24.5.2022	Test on tax
25.5.2022	Art—introduction
26.5.2022	Lines—use of line as an element
27.5.2022	
28.5.2022	Making rangoli on sheet
29.5.2022	SUNDAY
30.5.2022	Use of form and texture as element of art
31.5.2022	Pattern and light as element of art
01.6.2022	Color-----qualities of color
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	Completing file work
5.6.2022	SUNDAY
6.6.2022	Qualities of color
7.6.2022	Classification of color
8.6.2022	Classification of color, color wheel
9.6.2022	Emotional effects of colors
10.6.2022	
11.6.2022	Making rangoli on floor
12.6.2022	SUNDAY
13.6.2022	Color schemes
14.6.2022	Color schemes
15.6.2022	Factors affecting use of color in decoration
16.6.2022	Factors affecting use of color in decoration
17.6.2022	
18.6.2022	Rangoli making
19.6.2022	SUNDAY
20.6.2022	Discussing old question paper
21.6.2022	Revision of Unit I
22.6.2022	Revision of Unit II
23.6.2022	Revision of Unit III
24.6.2022	
25.6.2022	File work
26.6.2022	SUNDAY
27.6.2022	Revision of Unit IV
28.6.2022	Doubt class
29.6.2022	Doubt class
30.6.2022	Old question paper discussion

Name of the Assistant/Associate Professor: Ms. Usha Pant

Class And Section: B A 2nd Sem

Subject: Home Science

Mode Of Teaching: Offline

Lectures Per Week: 6

Date	Topic To Be Covered
21.3.2022	Discussion of the syllabus
22.3.2022	Objectives and meaning of health
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Causes and effect of soil pollution
25.3.2022	Causes and effect of air pollution
26.3.2022	Causes and effect of noise pollution
27.3.2022	SUNDAY
28.3.2022	Causes and effect of water pollution
29.3.2022	Test
30.3.2022	Definition of health and hygiene
31.3.2022	Factors affecting good health- good habit of eating and drinking
1.4.2022	Importance of exercise, rest and sleep
2.4.2022	Importance of cleanliness and posture on good health
3.4.2022	SUNDAY
4.4.2022	Water---importance and types
5.4.2022	Impurities of water
6.4.2022	Source of contamination of water
7.4.2022	Domestic method of purification of water
8.4.2022	Domestic method of purification of water
9.4.2022	Test
10.4.2022	SUNDAY
11.4.2022	Infection---introduction
12.4.2022	Agents of infection, stages of infection
13.4.2022	Mode of spread of infection
14.4.2022	DR B.R AMBEDKAR JAYANTI
15.4.2022	Prevention and control of infection
16.4.2022	Test
17.4.2022	SUNDAY
18.4.2022	Disinfection—meaning and types
19.4.2022	Types of disinfectants
20.4.2022	Types of disinfectants
21.4.2022	Immunity- meaning and introduction
22.4.2022	Types of immunity
23.4.2022	Natural immunity---types
24.4.2022	SUNDAY
25.4.2022	Acquired immunity--types
26.4.2022	Immunization schedule--discussion
27.4.2022	Assignment on immunization schedule
28.4.2022	Test
29.4.2022	Diseases spread by insects—malaria—causes, mode of spread , symptom and prevention
30.4.2022	Test
01.5.2022	SUNDAY
02.5.2022	Typhoid---introduction, causes, symptom and prevention
03.5.2022	ID UL FITR
04.5.2022	Presentation by student
05.5.2022	Cholera---causes, symptoms, mode of spread, prevention
06.5.2022	Presentation
07.5.2022	Test
08.5.2022	SUNDAY
09.5.2022	Dysentery-- causes, symptoms, mode of spread, prevention
10.5.2022	Presentation

11.5.2022	Test
12.5.2022	Diseases spread by droplet infection--introduction
13.5.2022	Measles – causes and symptoms
14.5.2022	Measles--- mode of spread, prevention
15.5.2022	SUNDAY
16.5.2022	Presentation by student
17.5.2022	Test
18.5.2022	Diphtheria- causes and symptoms
19.5.2022	Diphtheria-- mode of spread, prevention
20.5.2022	Presentation by student
21.5.2022	Test
22.5.2022	SUNDAY
23.5.2022	Tuberculosis- causes and symptoms
24.5.2022	Tuberculosis-- mode of spread, prevention
25.5.2022	Discussion on the topic
26.5.2022	Presentation by student
27.5.2022	Test
28.5.2022	Causes and mode of spread of mumps
29.5.2022	SUNDAY
30.5.2022	Symptoms of mumps
31.5.2022	Prevention and control of mumps
01.6.2022	Presentation by student
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	test
4.6.2022	Causes and mode of spread of leprosy
5.6.2022	SUNDAY
6.6.2022	Symptoms and control of leprosy
7.6.2022	Presentation
8.6.2022	Causes and mode of spread of tetanus
9.6.2022	Symptoms and control of tetanus
10.6.2022	Causes and mode of spread of AIDS
11.6.2022	Symptoms and control of AIDS
12.6.2022	SUNDAY
13.6.2022	Presentation by student
14.6.2022	Test
15.6.2022	Transmission of heat---methods
16.6.2022	Conduction, convection, radiation
17.6.2022	Use of good and bad conductors in daily life
18.6.2022	Thermos flask-structure and working principle
19.6.2022	SUNDAY
20.6.2022	Test
21.6.2022	Thermometer- types, simple conversion
22.6.2022	Evaporation---introduction, factors affecting evaporation
23.6.2022	Refrigerator---structure and working principle
24.6.2022	Test
25.6.2022	Revision-----unit I
26.6.2022	SUNDAY
27.6.2022	Revision ---unit II
28.6.2022	Revision—unit III
29.6.2022	Revision --IV
30.6.2022	Discussing old papers

Name of the Assistant/Associate Professor: Ms. Usha Pant
Class And Section: B A 2ndSem
Subject: Home Science Practical HS02
Mode Of Teaching:Offline
LecturesPer Week:8

Date	TopicToBeCovered
21.3.2022	Discussion of syllabus, making list of material required – group I
22.3.2022	Pottery painting on sheet- group I
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Discussion of syllabus, making list of material required – group II
25.3.2022	Pottery painting on sheet- group II
26.3.2022	
27.3.2022	SUNDAY
28.3.2022	Pottery painting on sheet- group I
29.3.2022	Writing practical on file-group I
30.3.2022	
31.3.2022	Pottery painting on sheet- group II
1.4.2022	Writing practical on file-group II
2.4.2022	
3.4.2022	SUNDAY
4.4.2022	Preparing pot for base paint-group I
5.4.2022	Base painting on pot-group I
6.4.2022	
7.4.2022	Preparing pot for base paint-group II
8.4.2022	Base painting on pot-group II
9.4.2022	
10.4.2022	SUNDAY
11.4.2022	Making pattern on pot—group I
12.4.2022	Completing pattern with color-group I
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Making pattern on pot—group II
16.4.2022	
17.4.2022	SUNDAY
18.4.2022	Completing pattern with color-group I
19.4.2022	Completing file work-group I
20.4.2022	
21.4.2022	Completing pattern with color-group II
22.4.2022	Completing file work-group II
23.4.2022	
24.4.2022	SUNDAY
25.4.2022	Prepare second pot for base paint-group I
26.4.2022	Base painting on pot-group I
27.4.2022	
28.4.2022	Prepare second pot for base paint-group II
29.4.2022	Base painting on pot-group II
30.4.2022	
01.5.2022	SUNDAY
02.5.2022	Decorating second pot—group I
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	Decorating second pot—group II
06.5.2022	Decorating second pot—group II
07.5.2022	
08.5.2022	SUNDAY
09.5.2022	Finishing the second pot-group I
10.5.2022	Complete file-group I
11.5.2022	

12.5.2022	Finishing the second pot-group II
13.5.2022	Complete file-group II
14.5.2022	
15.5.2022	SUNDAY
16.5.2022	Listing material for flower making with paper -group I
17.5.2022	Giving demo on flower making -group I
18.5.2022	
19.5.2022	Listing material for flower making with paper -group II
20.5.2022	Giving demo on flower making -group II
21.5.2022	
22.5.2022	SUNDAY
23.5.2022	Paper flower making by students-group I
24.5.2022	Paper flower making by students-group I
25.5.2022	
26.5.2022	Paper flower making by students-group II
27.5.2022	Paper flower making by students-group II
28.5.2022	
29.5.2022	SUNDAY
30.5.2022	Flower making with organdy cloth- group I
31.5.2022	Flower making with organdy cloth- group I
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Flower making with organdy cloth- group II
4.6.2022	
5.6.2022	SUNDAY
6.6.2022	Tie and dye introduction-group I
7.6.2022	Demo on tie and dye-group I
8.6.2022	
9.6.2022	Tie and dye introduction-group II
10.6.2022	Demo on tie and dye-group II
11.6.2022	
12.6.2022	SUNDAY
13.6.2022	Making tie and dye samples-group I
14.6.2022	Dyeing of samples-group I
15.6.2022	
16.6.2022	Making tie and dye samples-group II
17.6.2022	Dyeing of samples-group II
18.6.2022	
19.6.2022	SUNDAY
20.6.2022	Making chart on hygiene-group I
21.6.2022	Making chart on hygiene-group I
22.6.2022	
23.6.2022	Making chart on hygiene-group II
24.6.2022	Making chart on hygiene-group II
25.6.2022	
26.6.2022	SUNDAY
27.6.2022	Completing file—group I
28.6.2022	Completing file—group I
29.6.2022	
30.6.2022	Completing file—group II

Name of the Assistant/Associate Professor: Ms. Benu Mehta

Class And Section: B. Sc 6th Semester

Subject: Apparel Designing

ModeOfTeaching:Offline

LecturesPer Week:6

Date	TopicToBeCovered
21.3.2022	Introduction to the syllabus
22.3.2022	Introduction to the syllabus
23.3.2022	SHAHEEDI DIWAS
24.3.2022	-----
25.3.2022	Components of design
26.3.2022	Design-Definition ,Components of design
27.3.2022	SUNDAY
28.3.2022	Practical – Preparing colour wheel and chart of Tints & shades
29.3.2022	Structural designs through variations in yarns
30.3.2022	-----
31.3.2022	-----
1.4.2022	Structural designs through variations in weaves
2.4.2022	Structural designs through variations in finishes
3.4.2022	SUNDAY
4.4.2022	Practical- Colour harmonies & colour schemes
5.4.2022	Definition of Applied design- Introduction to applied designs
6.4.2022	-----
7.4.2022	-----
8.4.2022	Applied designs in fabrics through dyeing.
9.4.2022	Applied designs in fabrics through printing.
10.4.2022	SUNDAY
11.4.2022	Practical-Line & form- different types of lines
12.4.2022	Applied designs through embroidery
13.4.2022	-----
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Discussion and revision of the chapters covered so far
16.4.2022	Line form & shape analysis
17.4.2022	SUNDAY
18.4.2022	Practical-Geometric and abstract designs
19.4.2022	Appropriate use of line and form in apparel designing
20.4.2022	-----
21.4.2022	-----
22.4.2022	Test of the chapters covered so far
23.4.2022	Texture-Definition, analysis
24.4.2022	SUNDAY
25.4.2022	Practical- Floral designs/ Natural designs
26.4.2022	Texture in relation to size & figure
27.4.2022	-----
28.4.2022	-----
29.4.2022	Texture in relation to occasion and season
30.4.2022	Revision of line & texture
01.5.2022	SUNDAY
02.5.2022	Practical- Geometric designs/ Abstract designs
03.5.2022	ID UL FITR
04.5.2022	-----
05.5.2022	-----
06.5.2022	Colour-Its dimensions
07.5.2022	Colour in relation to season, occasion, size, figure and occasion
08.5.2022	SUNDAY
09.5.2022	Practical- Development of motif, placement for all over patterns
10.5.2022	Test of chapters covered so far
11.5.2022	-----

12.5.2022	
13.5.2022	Principles of design- Introduction
14.5.2022	Principles of design- Balance & harmony
15.5.2022	SUNDAY
16.5.2022	Practical- Batik on cotton fabric
17.5.2022	Principles of Design – Rhythm, Proportion & Emphasis
18.5.2022	-----
19.5.2022	-----
20.5.2022	Principles of design- Continued in detail
21.5.2022	Revision & discussion on principles of design
22.5.2022	SUNDAY
23.5.2022	Practical- Preparing one article of ‘Apparel’
24.5.2022	Test on the chapters covered
25.5.2022	-----
26.5.2022	-----
27.5.2022	Figure types-Introduction
28.5.2022	Average types of figures for which ready to wear garments are made
29.5.2022	SUNDAY
30.5.2022	Practical- Completion of both the articles
31.5.2022	Designing clothes for average figure types using various principles of design
01.6.2022	-----
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Designing clothes for average figure types using principles of design
4.6.2022	Designing clothes for tall and stout figures
5.6.2022	SUNDAY
6.6.2022	Designing clothes for tall and slim figures
7.6.2022	Designing clothes for short and stout figures
8.6.2022	-----
9.6.2022	-----
10.6.2022	Motif enlarging & reducing
11.6.2022	Designing clothes for short and thin figures
12.6.2022	SUNDAY
13.6.2022	Revision- Designing for average figures
14.6.2022	Figure illustrations and revision with diagrams
15.6.2022	-----
16.6.2022	-----
17.6.2022	How to design clothes for figures with variations
18.6.2022	Batik on cloth fabrics
19.6.2022	SUNDAY
20.6.2022	Designing clothes for figures with large hips
21.6.2022	Designing clothes for figures with large busts
22.6.2022	-----
23.6.2022	-----
24.6.2022	Designing clothes for figures with large upper arm
25.6.2022	Designing clothes for figure with prominent abdomen
26.6.2022	SUNDAY
27.6.2022	Using elements of design to camouflage figure defects
28.6.2022	How to enhance your designing skills
29.6.2022	-----
30.6.2022	-----

Name of the Assistant/Associate Professor: Ms. Benu Mehta
Class And Section: B.Sc 4th Semester
Subject: Garment Construction and Apparel Design
ModeOfTeaching:Offline
LecturesPer Week:6

Date	TopicToBeCovered
21.3.2022	-----
22.3.2022	Introduction to the practical syllabus, Introduction to the theory syllabus
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Clothing needs of various age groups
25.3.2022	-----
26.3.2022	-----
27.3.2022	SUNDAY
28.3.2022	-----
29.3.2022	Practical-Drafting of child's bodice block, Clothing needs of various age groups
30.3.2022	Selection of garments for toddlers and infants
31.3.2022	Selection of garments for pre-school and school going children
1.4.2022	-----
2.4.2022	-----
3.4.2022	SUNDAY
4.4.2022	-----
5.4.2022	Practical- Drafting of sleeves-simple & puff sleeves, Selection of garments for teenagers
6.4.2022	Selection of garments for adults
7.4.2022	Revision of the chapters covered so far
8.4.2022	-----
9.4.2022	-----
10.4.2022	SUNDAY
11.4.2022	-----
12.4.2022	Practical- Adaption of child's bodice block to a gathered frock, Discussion, oral test & solving the problems of students
13.4.2022	Selection of garments for people of old age
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	-----
16.4.2022	-----
17.4.2022	SUNDAY
18.4.2022	-----
19.4.2022	Practical- Adaption of child's bodice block to "A line frock", Selection of household linen
20.4.2022	Continued
21.4.2022	Drafting of baby collar/ Peter pan collar
22.4.2022	-----
23.4.2022	-----
24.4.2022	SUNDAY
25.4.2022	-----
26.4.2022	Practical-Stitching of child's frock, Different types of curtains and draperies
27.4.2022	Selection of various types of curtains
28.4.2022	Selection of various types of draperies
29.4.2022	-----
30.4.2022	-----
01.5.2022	SUNDAY
02.5.2022	-----
03.5.2022	ID UL FITR
04.5.2022	Selection of various types of towels
05.5.2022	Test of all the topics covered
06.5.2022	-----

07.5.2022	-----
08.5.2022	SUNDAY
09.5.2022	-----
10.5.2022	Practical-Stitching of child's frock, Renovation of clothes- meaning, importance
11.5.2022	Review the test marks, take up queries and doubts of students and discussion on how to improve , if needed
12.5.2022	
13.5.2022	-----
14.5.2022	-----
15.5.2022	SUNDAY
16.5.2022	-----
17.5.2022	Practical –Drafting of salwar, Renovation of clothes- meaning, importance
18.5.2022	Renovation of clothes- a detailed study
19.5.2022	Renovation of clothes with diagrams, continued
20.5.2022	-----
21.5.2022	-----
22.5.2022	SUNDAY
23.5.2022	-----
24.5.2022	Practical- Stitching of salwar, Meaning & importance of mending
25.5.2022	Different types of mends
26.5.2022	Mending in detail on various types of fabrics
27.5.2022	-----
28.5.2022	-----
29.5.2022	SUNDAY
30.5.2022	-----
31.5.2022	Practical- Drafting of Kameez, An introduction to garment construction technique
01.6.2022	Drafting-meaning, importance
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	-----
4.6.2022	-----
5.6.2022	SUNDAY
6.6.2022	-----
7.6.2022	Practical- Stitching of Kameez, How to do drafting-in detail
8.6.2022	Test- Renovation & Mending
9.6.2022	An introduction to paper patterns, their importance
10.6.2022	-----
11.6.2022	-----
12.6.2022	SUNDAY
13.6.2022	-----
14.6.2022	Practical- Drafting of Petticoat, What are commercial paper patterns?
15.6.2022	How to make paper patterns in detail
16.6.2022	What is draping method
17.6.2022	-----
18.6.2022	-----
19.6.2022	SUNDAY
20.6.2022	-----
21.6.2022	Practical- Stitching of petticoat, Draping techniques continued and importance of draping
22.6.2022	Comparing and importance of all the techniques
23.6.2022	Revision and solving of problems of students
24.6.2022	-----
25.6.2022	-----
26.6.2022	SUNDAY
27.6.2022	-----
28.6.2022	Test- Drafting, Paper pattern & draping
29.6.2022	Meaning of fitting, Recognising correct fit
30.6.2022	Factors leading to good fit

Name of the Assistant/Associate Professor: Ms. Benu Mehta	
Class And Section: B.Sc 2nd semester	
Subject: Introduction to textiles	
Mode Of Teaching :Offline	
Lectures Per Week:6	
Date	TopicToBeCovered
21.3.2022	Introduction to textiles
22.3.2022	-----
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Importance of textiles in daily life
25.3.2022	History of natural textiles
26.3.2022	Practical – Identification of cotton ,linen ,wool & silk
27.3.2022	SUNDAY
28.3.2022	Manufacture of cotton fabrics, properties & importance to consumer
29.3.2022	-----
30.3.2022	Manufacture of linen fabrics ,different varieties and properties of linen
31.3.2022	Manufacture of different varieties of wool fibres& importance to consumers
1.4.2022	Manufacture of different varieties of silk and their properties & importance to consumers
2.4.2022	Practical- Burning test of cotton ,linen ,wool silk
3.4.2022	SUNDAY
4.4.2022	-----
5.4.2022	Test of all natural fibres
6.4.2022	Manufacture of man-made fibres
7.4.2022	Manufacture of Rayon fibres ,its types
8.4.2022	Study of properties of rayon & its importance to consumer
9.4.2022	Practical- Chemical test of natural & synthetic fibres
10.4.2022	SUNDAY
11.4.2022	Manufacture of polyester fibres& their properties& importance
12.4.2022	-----
13.4.2022	Manufacture of polyamide fibres& their importance
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Practical – Test of identification of various fibres ,microscopic, burning test and chemical test
17.4.2022	SUNDAY
18.4.2022	Comparison of all the manmade & synthetic fibres
19.4.2022	-----
20.4.2022	Revision of all the man-made & synthetic fibres
21.4.2022	Test of all the man-made & synthetic fibres
22.4.2022	Basic principles of yarn making
23.4.2022	Practical – Identification of weaves – simple weaves
24.4.2022	SUNDAY
25.4.2022	Properties of yarn, yarn twist , types of twists
26.4.2022	-----
27.4.2022	Yarn numbering – different system
28.4.2022	Simple yarns, ply yarns
29.4.2022	Complex yarns – manufacture & importance
30.4.2022	Practical- Graphic representation of weaves
01.5.2022	SUNDAY
02.5.2022	Novelty yarns – manufacture & importance
03.5.2022	ID UL FITR
04.5.2022	Identification of natural, man-made & synthetic fibres
05.5.2022	Detailed study of manufacture of novelty and complex yarns
06.5.2022	Comparative study of simple, novelty, complex yarns
07.5.2022	Practical- Identification of fancy weaves , their graphic representation

08.5.2022	SUNDAY
09.5.2022	Revision of whole chapters on yarns
10.5.2022	-----
11.5.2022	What is blending? Importance of blending
12.5.2022	Manufacture of acrylic fabrics, properties & Importance
13.5.2022	Test of chapter of yarns
14.5.2022	Practical identification of various weaves and their graphic representatives
15.5.2022	SUNDAY
16.5.2022	Detailed study of various blends & their properties
17.5.2022	-----
18.5.2022	Detailed study of various blends , their manufacturing
19.5.2022	Importance of proper proportion in blending, their properties
20.5.2022	Comparison of various blends & their importance to consumer
21.5.2022	Practical test-identification of weaves
22.5.2022	SUNDAY
23.5.2022	Revision & discussion of all the blends
24.5.2022	-----
25.5.2022	Various methods of fabric construction
26.5.2022	Weaving – various types of looms
27.5.2022	Parts of looms
28.5.2022	Working of loom
29.5.2022	SUNDAY
30.5.2022	Test of all the blended fabrics
31.5.2022	-----
01.6.2022	Basic weaves & their variations
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Detailed study of all the basic weaves
4.6.2022	Practical identification of various weaves and their graphic representatives
5.6.2022	SUNDAY
6.6.2022	Fancy weaves & their variation
7.6.2022	-----
8.6.2022	Twill, satin, sateen weave
9.6.2022	Pile weave, cut & uncut pile
10.6.2022	Study of Dobby and Jaquard weave
11.6.2022	Study of Leno; swivel and lappet weave
12.6.2022	SUNDAY
13.6.2022	Discussion of all weaves and their importance
14.6.2022	-----
15.6.2022	Comparison of various weaves and their advantages
16.6.2022	Introduction to knitting
17.6.2022	Knitting of samples, following knitting instructions
18.6.2022	Knitting technology
19.6.2022	SUNDAY
20.6.2022	Knitting technology
21.6.2022	-----
22.6.2022	Types of knits
23.6.2022	Detailed study of warp knitting
24.6.2022	Learning-thread count
25.6.2022	Detailed study of weft knitting
26.6.2022	SUNDAY
27.6.2022	Comparison, advantages and disadvantages of various types of knits
28.6.2022	-----
29.6.2022	Braiding, felting and bonding
30.6.2022	Learning-thread count

Name of the Assistant/Associate Professor: Ms. Benu Mehta
Class And Section: B.A. 4th Semester
Subject: Home Science (Practical)
Mode Of Teaching :Offline
Lectures Per Week:3

Date	Topic To Be Covered
21.3.2022	
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Introduction to the parts of sewing machine
25.3.2022	Introduction to the parts of sewing machine
26.3.2022	Defects of sewing machine
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	
30.3.2022	
31.3.2022	Defects of sewing machine
1.4.2022	Defects of sewing machine
2.4.2022	sewing machine cleaning instructions
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	
6.4.2022	
7.4.2022	Introduction to instruments used in stitching
8.4.2022	How to take measurements
9.4.2022	Measuring instructions
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Drafting of petticoat
16.4.2022	Drafting of petticoat on graph paper
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	
20.4.2022	
21.4.2022	Cutting of petticoat on Cloth
22.4.2022	Cutting of petticoat on Cloth
23.4.2022	Stitching of petticoat
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	
27.4.2022	
28.4.2022	Stitching of petticoat
29.4.2022	Stitching of petticoat
30.4.2022	finishing of petticoat
01.5.2022	SUNDAY
02.5.2022	

03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	finishing of petticoat
06.5.2022	Attaching the belt on petticoat
07.5.2022	Attaching the belt on petticoat
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	
11.5.2022	
12.5.2022	Drafting of child's bodice block
13.5.2022	Drafting of child's bodice block on graph paper
14.5.2022	Making Paper Pattern
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	
18.5.2022	
19.5.2022	Adaptation of frock from child's bodice block
20.5.2022	paper pattern of child's bodice block
21.5.2022	Making of paper pattern of A-line frock
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	
25.5.2022	
26.5.2022	Drafting of belts , collars & sleeves
27.5.2022	Cutting of belts , collars & sleeves
28.5.2022	Stitching of frock
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Drafting of belts , collars & sleeves
4.6.2022	Cutting of belts , collars & sleeves
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	
8.6.2022	
9.6.2022	Stitching of frock
10.6.2022	Attaching belts & sleeves
11.6.2022	Making the Pipings
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	
15.6.2022	
16.6.2022	Finishing the fabric
17.6.2022	Drafting of ladies kameez on the graph paper
18.6.2022	Making the paper pattern of ladies kameez
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	
22.6.2022	

23.6.2022	Cutting of ladies kameez on cloth
24.6.2022	Stitching of kameez
25.6.2022	Attaching of sleeves
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	
29.6.2022	Stitching of salwar
30.6.2022	Making Pauncha

Name of the Assistant/Associate Professor: Dr. Pragati Chitkara
Class And Section: BSc Home Science 6th semester
Subject: Food Microbiology
Mode Of Teaching : Offline
Lectures Per Week : 4

Date	TopicToBeCovered
21.3.2022	Discussion of syllabus
22.3.2022	Characteristics of moulds
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Characteristics of yeasts
25.3.2022	
26.3.2022	
27.3.2022	SUNDAY
28.3.2022	Characteristics of bacteria
29.3.2022	Useful microorganisms
30.3.2022	Pathogenic microorganisms
31.3.2022	Brief history of Food Microbiology
1.4.2022	
2.4.2022	
3.4.2022	SUNDAY
4.4.2022	Importance of microorganisms in food
5.4.2022	Primary sources of microorganisms in food
6.4.2022	Extrinsic parameters affecting growth and survival of microorganisms
7.4.2022	Extrinsic parameters affecting growth and survival of microorganisms
8.4.2022	
9.4.2022	
10.4.2022	SUNDAY
11.4.2022	Test on Extrinsic parameters affecting growth and survival of microorganisms
12.4.2022	Discussion of test
13.4.2022	Intrinsic parameters affecting growth and survival of microorganisms
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	
17.4.2022	SUNDAY
18.4.2022	Intrinsic parameters affecting growth and survival of microorganisms
19.4.2022	Contamination and microorganisms in the spoilage of cereals and cereal products
20.4.2022	microorganisms in the spoilage of cereals and cereal products
21.4.2022	microorganisms in the spoilage of eggs and poultry
22.4.2022	
23.4.2022	
24.4.2022	SUNDAY
25.4.2022	microorganisms in the spoilage of milk and milk products
26.4.2022	microorganisms in the spoilage of canned foods
27.4.2022	Test on microorganisms in the spoilage of food
28.4.2022	Use of high temperature in food preservation
29.4.2022	
30.4.2022	
01.5.2022	SUNDAY
02.5.2022	Use of high temperature in food preservation
03.5.2022	ID UL FITR
04.5.2022	Dehydration
05.5.2022	Freezing
06.5.2022	
07.5.2022	
08.5.2022	SUNDAY

09.5.2022	Freeze drying and irradiation in food preservation
10.5.2022	Test of Use of high and low temperature in food preservation
11.5.2022	Discussion of test
12.5.2022	Microbes used in food biotechnology
13.5.2022	
14.5.2022	
15.5.2022	SUNDAY
16.5.2022	Microbes used in food biotechnology
17.5.2022	Fermented foods
18.5.2022	Benefits of Fermented foods
19.5.2022	Food borne infections
20.5.2022	
21.5.2022	
22.5.2022	SUNDAY
23.5.2022	Food borne infections
24.5.2022	Food borne intoxications
25.5.2022	Food borne intoxications
26.5.2022	Symptoms of Food borne intoxications
27.5.2022	
28.5.2022	
29.5.2022	SUNDAY
30.5.2022	Mode and sources of transmission and methods
31.5.2022	Test on Food borne infections and intoxications
01.6.2022	Indices of food
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	
5.6.2022	SUNDAY
6.6.2022	Indices of food
7.6.2022	Indices of food
8.6.2022	Indices of milk
9.6.2022	Indices of water
10.6.2022	
11.6.2022	
12.6.2022	SUNDAY
13.6.2022	Indices of water
14.6.2022	Sanitary qualities of food
15.6.2022	Sanitary qualities of food
16.6.2022	Bacteriological testing of water
17.6.2022	
18.6.2022	
19.6.2022	SUNDAY
20.6.2022	Bacteriological testing of water
21.6.2022	Revision of Unit 1 and Unit 2
22.6.2022	Revision of Unit 3 and Unit 4
23.6.2022	Doubt clearance
24.6.2022	
25.6.2022	
26.6.2022	SUNDAY
27.6.2022	Doubt clearance
28.6.2022	Doubt clearance
29.6.2022	Doubt clearance
30.6.2022	Doubt clearance

Name of the Assistant/Associate Professor: Dr. Pragati Chitkara
Class And Section: B.Sc Home Science 4th semester
Subject: Food Science II
Mode Of Teaching : Offline
Lectures Per Week:4+3

Date	TopicToBeCovered
21.3.2022	Classification of fruits and vegetables
22.3.2022	Composition of fruits and vegetables
23.3.2022	SHAHEEDI DIWAS
24.3.2022	nutritive value of fruits
25.3.2022	
26.3.2022	Introduction to food preservation practical, does and don'ts
27.3.2022	SUNDAY
28.3.2022	nutritive value of vegetables
29.3.2022	Classification composition and nutritive value of fruits and vegetables
30.3.2022	Vegetable cookery
31.3.2022	Storage of fruits and vegetables
1.4.2022	
2.4.2022	Prac. Preparation of apple Jam
3.4.2022	SUNDAY
4.4.2022	Post harvest changes in fruits
5.4.2022	Enzymatic browning of fruits and vegetables
6.4.2022	Use of fruits and vegetables in different preparations
7.4.2022	Types of Raising Agents
8.4.2022	
9.4.2022	Prac. Preparation of pineapple and apple Jam
10.4.2022	SUNDAY
11.4.2022	Types of Leavening Agents
12.4.2022	Use of Leavening agents in cookery and baking
13.4.2022	Composition of eggs
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Prac. Preparation of Mixed fruit Jam
17.4.2022	SUNDAY
18.4.2022	Quality of Eggs
19.4.2022	Egg cookery
20.4.2022	Use of egg in different preparations
21.4.2022	Composition and nutritive value of meat
22.4.2022	
23.4.2022	Prac. Preparation of Aonlamurraba
24.4.2022	SUNDAY
25.4.2022	Post mortem changes in meat
26.4.2022	Aging of meat
27.4.2022	Tenderization of meat
28.4.2022	Cuts and grades of meat
29.4.2022	
30.4.2022	Prac. Preparation of Apple Jam
01.5.2022	SUNDAY
02.5.2022	Meat cookery
03.5.2022	ID UL FITR
04.5.2022	Storage of meat
05.5.2022	Test of eggs and meat
06.5.2022	
07.5.2022	Prac. Preparation of Orange marmalade
08.5.2022	SUNDAY
09.5.2022	Type of fish
10.5.2022	Composition of fish
11.5.2022	Fish cookery

12.5.2022	Spoilage and storage of fish
13.5.2022	
14.5.2022	Prac. Preparation of green chutney
15.5.2022	SUNDAY
16.5.2022	Types of poultry
17.5.2022	Composition and nutritive value of poultry
18.5.2022	Cooking of poultry
19.5.2022	Description of spices and condiments
20.5.2022	
21.5.2022	Prac. Preparation of radish cauliflower turnip carrot pickle
22.5.2022	SUNDAY
23.5.2022	Uses of spices and condiments
24.5.2022	Procurement of spices and condiments
25.5.2022	Storage of spices and condiments
26.5.2022	Herbs
27.5.2022	
28.5.2022	Prac. Preparation of red chilli pickle
29.5.2022	SUNDAY
30.5.2022	Test of spices and condiments
31.5.2022	Evaluation of food quality
01.6.2022	Sensory evaluation of foods
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	Prac. Preparation of carrot murraba
5.6.2022	SUNDAY
6.6.2022	Types of sensory tests
7.6.2022	Types of sensory tests
8.6.2022	Objective evaluation
9.6.2022	Objective evaluation
10.6.2022	
11.6.2022	Prac. Preparation of tomato chutney
12.6.2022	SUNDAY
13.6.2022	Instruments used for texture evaluation
14.6.2022	Instruments used for texture evaluation
15.6.2022	Instruments used for texture evaluation
16.6.2022	Instruments used for texture evaluation
17.6.2022	
18.6.2022	Prac. Preparation of beetroot chutney
19.6.2022	SUNDAY
20.6.2022	Revision of Unit 1
21.6.2022	Revision of Unit 2
22.6.2022	Test of Unit 1 and Unit 2
23.6.2022	Revision of Unit 3
24.6.2022	
25.6.2022	Prac. Preparation of mango pickle
26.6.2022	SUNDAY
27.6.2022	Revision of Unit 4
28.6.2022	Test of Unit 3 and Unit 4
29.6.2022	Doubt clearance
30.6.2022	Doubt clearance

Name of the Assistant/Associate Professor: Dr. Pragati Chitkara
Class And Section: BSc Home Science 4th semester
Subject: Institutional Food Management
Mode Of Teaching : Offline
Lectures Per Week: 3

Date	TopicToBeCovered
21.3.2022	
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Discussion of Syllabus
25.3.2022	Catering Management- Introduction & Definition
26.3.2022	Scope of Catering Management Assignment – Definition & Scope of Catering Management
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	
30.3.2022	
31.3.2022	Environmental Hygiene & Sanitation
1.4.2022	Environmental Hygiene & Sanitation
2.4.2022	Environmental Hygiene & Sanitation
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	
6.4.2022	
7.4.2022	Hygiene in Food Handling
8.4.2022	Hygiene in Food Handling
9.4.2022	Personal Hygiene
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	
13.4.2022	
14.4.2022	DR B.R AMBEDKAR JAYANTI
15.4.2022	Test- Catering Management
16.4.2022	Organisaiton of Spaces - Introduction
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	
20.4.2022	
21.4.2022	Kitchen Spaces – Work Space
22.4.2022	Kitchen Spaces – Work Surfaces
23.4.2022	Kitchen Spaces – Lighting
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	
27.4.2022	
28.4.2022	Ventilation of Kitchen Space
29.4.2022	Storage Spaces - Location
30.4.2022	Types & Sanitation
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	Safety & Security of Stores
06.5.2022	Safety & Security of Stores
07.5.2022	Service Areas - Location
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	

11.5.2022	
12.5.2022	Planning of Service Areas
13.5.2022	Planning Menus
14.5.2022	Writing of Menus
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	
18.5.2022	
19.5.2022	Test – Kitchen Spaces
20.5.2022	Types of Menus
21.5.2022	Various Styles of Service
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	
25.5.2022	
26.5.2022	Various Styles of Service
27.5.2022	Class Assignment- Make a Sample Menu Card for a Restaurant
28.5.2022	Why Food Costs are Controlled?
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Costing of Dishes
4.6.2022	Costing of Meals & Events
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	
8.6.2022	
9.6.2022	Test – Various Styles of Services
10.6.2022	Methods of Pricing
11.6.2022	Methods of Pricing
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	
15.6.2022	
16.6.2022	Factors Affecting Pricing
17.6.2022	Factors Affecting Pricing
18.6.2022	Test – Organisation of Spaces
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	
22.6.2022	
23.6.2022	Revision of syllabus
24.6.2022	Test of syllabus
25.6.2022	Doubt clearance
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	
29.6.2022	
30.6.2022	Doubt clearance

Name of the Assistant/Associate Professor: Dr. Pragati Chitkara
Class And Section: B.Sc Home Science 2nd semester
Subject: Applied Botany
Mode Of Teaching: Offline
Lectures Per Week:3

Date	TopicToBeCovered
21.3.2022	
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Introduction to Home Gardening
25.3.2022	Introduction to soil,
26.3.2022	Soil profile
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	
30.3.2022	
31.3.2022	Soil profile contd
1.4.2022	structure of soil
2.4.2022	components of soil
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	
6.4.2022	
7.4.2022	Different types of soil
8.4.2022	Tillage
9.4.2022	Tillage
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Test of unit 1
16.4.2022	Principles of kitchen gardening
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	
20.4.2022	
21.4.2022	Lay out of kitchen gardening
22.4.2022	Utilization of space by intense successive cultivation
23.4.2022	Utilization of space by intense successive cultivation
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	
27.4.2022	
28.4.2022	Crop rotation
29.4.2022	Role of microorganisms in soil fertility
30.4.2022	Intercropping
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	Raising of healthy seedling
06.5.2022	Economic botany- commonly used herbal and medicinal plants
07.5.2022	Neem
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	
11.5.2022	

12.5.2022	Aloe Vera
13.5.2022	Tulsi
14.5.2022	Ginger
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	
18.5.2022	
19.5.2022	Test of unit 2
20.5.2022	Maintenance of lawn
21.5.2022	Maintenance of lawn
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	
25.5.2022	
26.5.2022	Introduction to Terrace Gardening
27.5.2022	Application of terrace gardening in growing vegetables
28.5.2022	Terrace Gardening-Ornamental Plants
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Ornamental plants in pots
4.6.2022	Ornamental plants in pots
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	
8.6.2022	
9.6.2022	Vegetative propagation of plants- cutting
10.6.2022	Vegetative propagation of plants- cutting
11.6.2022	Vegetative propagation of plants- layering
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	
15.6.2022	
16.6.2022	Vegetative propagation of plants- layering
17.6.2022	Vegetative propagation of plants- grading
18.6.2022	Vegetative propagation of plants- grading
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	
22.6.2022	
23.6.2022	Tissue culture
24.6.2022	Tissue culture
25.6.2022	Importance of tissue culture
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	
29.6.2022	
30.6.2022	Doubt clearance

Name of the Assistant/Associate Professor: Dr. Pragati Chitkara
Class And Section: BA 4th semester
Subject: Home Science (TH)
Mode Of Teaching : Offline
Lectures Per Week : 6

Date	Topic To Be Covered
21.3.2022	Introduction to animal cell & diagram of animal cell
22.3.2022	Introduction to animal cell & diagram of animal cell
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Functions of cell membrane , cytoplasm , lysosomes
25.3.2022	Functions of cell membrane , cytoplasm , lysosomes
26.3.2022	Functions of cell membrane , cytoplasm , lysosomes
27.3.2022	SUNDAY
28.3.2022	Mitochondria, golgi bodies, endoplasmic reticulum
29.3.2022	Mitochondria, golgi bodies, endoplasmic reticulum
30.3.2022	Nucleus & nuclear membrane
31.3.2022	Revision of the chapter
1.4.2022	Test
2.4.2022	Doubt Clearance
3.4.2022	SUNDAY
4.4.2022	Introduction to skeleton system
5.4.2022	Functions of skeleton system
6.4.2022	Different types of bones in axial skeleton
7.4.2022	Functions of vertebral column with diagram
8.4.2022	Appendicular skeleton with diagram
9.4.2022	Joints of the skeleton
10.4.2022	SUNDAY
11.4.2022	Joints of the skeleton
12.4.2022	Revision of the chapter
13.4.2022	Test
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	Introduction to digestive system
16.4.2022	Diagram of alimentary canal
17.4.2022	SUNDAY
18.4.2022	Diagram of alimentary canal
19.4.2022	Introduction to digestive organs
20.4.2022	Digestion in mouth – salivary glands
21.4.2022	Stomach – diagram & digestive juices
22.4.2022	Mechanical & chemical digestion
23.4.2022	Digestion in small intestines
24.4.2022	SUNDAY
25.4.2022	Digestion in large intestines
26.4.2022	Absorption and assimilation
27.4.2022	Test of unit -1 &2
28.4.2022	Assignment of diagrams
29.4.2022	Discussion of Test
30.4.2022	Accessory glands – liver (functions)
01.5.2022	SUNDAY
02.5.2022	Accessory glands – liver (functions)
03.5.2022	ID UL FITR
04.5.2022	Gall bladder & pancreas
05.5.2022	Test of accessory glands
06.5.2022	Digestive enzymes
07.5.2022	Diagrams & charts
08.5.2022	SUNDAY
09.5.2022	Introduction to excretory system
10.5.2022	Kidneys – diagrams in detail
11.5.2022	Functions of kidneys & study of nephrons

12.5.2022	Functions of kidneys & study of nephrons
13.5.2022	Functions of kidneys & study of nephrons
14.5.2022	Functions of kidneys & study of nephrons
15.5.2022	SUNDAY
16.5.2022	Skin – diagram of V.S. of skin
17.5.2022	Layers of skin
18.5.2022	Skin derivatives & functions
19.5.2022	Lungs – diagrams & functions
20.5.2022	Lungs – diagrams & functions
21.5.2022	Lungs – diagrams & functions
22.5.2022	SUNDAY
23.5.2022	Test of the excretory system
24.5.2022	Introduction to the circulatory system
25.5.2022	Blood composition – plasma, cell
26.5.2022	R.B.C, W.B.C, platelets – functions
27.5.2022	Functions of leucocytes & coagulation of blood
28.5.2022	Functions of blood
29.5.2022	SUNDAY
30.5.2022	Functions of blood
31.5.2022	Revision of blood
01.6.2022	External diagram of heart
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Valves of heart – names & functions
4.6.2022	Diagram of direction of blood circulation
5.6.2022	SUNDAY
6.6.2022	Circulation of blood in detail
7.6.2022	Circulation of blood in detail
8.6.2022	Blood pressure – types
9.6.2022	Haemoglobin
10.6.2022	Cholesterol – functions / HDL,LDL,VLDL
11.6.2022	Urea & uric acid
12.6.2022	SUNDAY
13.6.2022	Level of glucose in blood
14.6.2022	Test of circulatory system
15.6.2022	Introduction to reproductive system
16.6.2022	Diagram of female reproductive system
17.6.2022	Sex glands – male
18.6.2022	Sex glands – male
19.6.2022	SUNDAY
20.6.2022	Sex glands – female
21.6.2022	Sex glands – female
22.6.2022	Menstrual cycle & hormones
23.6.2022	Fertilization – single & multiple
24.6.2022	Pregnancy
25.6.2022	Delivery & stages of delivery
26.6.2022	SUNDAY
27.6.2022	Revision of Unit 1 and Unit 2
28.6.2022	Revision of Unit 3 and Unit 4
29.6.2022	Doubt Clearance
30.6.2022	Doubt Clearance

Name of the Assistant/Associate Professor: Dr. Pragati Chitkara
Class And Section: BA 6th semester
Subject: Home Science practical
Mode Of Teaching : Offline
Lectures Per Week:2

Date	Topic To Be Covered
21.3.2022	
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Diet plan for a pre school child
25.3.2022	
26.3.2022	
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	
30.3.2022	
31.3.2022	Diet plan for a pre-school child
1.4.2022	
2.4.2022	
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	
6.4.2022	
7.4.2022	Diet plan for a school going child
8.4.2022	
9.4.2022	
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	
20.4.2022	
21.4.2022	Diet plan for an adolescent boy
22.4.2022	
23.4.2022	
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	
27.4.2022	
28.4.2022	Diet plan for an adolescent boy
29.4.2022	
30.4.2022	
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	Diet plan for an adolescent girl
06.5.2022	
07.5.2022	
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	
11.5.2022	

12.5.2022	Diet plan for an adult male
13.5.2022	
14.5.2022	
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	
18.5.2022	
19.5.2022	Diet plan for an adult male
20.5.2022	
21.5.2022	
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	
25.5.2022	
26.5.2022	Diet plan for an adult female
27.5.2022	
28.5.2022	
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	
8.6.2022	
9.6.2022	Diet plan for an adult female
10.6.2022	
11.6.2022	
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	
15.6.2022	
16.6.2022	Diet plan for a pregnant lady
17.6.2022	
18.6.2022	
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	
22.6.2022	
23.6.2022	Diet plan for lactating mother
24.6.2022	
25.6.2022	
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	
29.6.2022	
30.6.2022	Checking of files and doubt clearance

Name of the Assistant/Associate Professor: Dr. Pragati Chitkara
Class And Section: BA 2nd semester
Subject: Home Science practical
Mode Of Teaching :Offline
Lectures Per Week :2

Date	TopicToBeCovered
21.3.2022	
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	
25.3.2022	
26.3.2022	Discussion of syllabus, making list of material required
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	
30.3.2022	
31.3.2022	
1.4.2022	
2.4.2022	Pottery painting on sheet
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	
6.4.2022	
7.4.2022	
8.4.2022	
9.4.2022	Colouring of pottery on sheet
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Preparing pot for base paint
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	
20.4.2022	
21.4.2022	
22.4.2022	
23.4.2022	Preparing pot for base paint
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	
27.4.2022	
28.4.2022	
29.4.2022	
30.4.2022	Base painting on pot
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	
06.5.2022	
07.5.2022	Making pattern on pot
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	
11.5.2022	

12.5.2022	
13.5.2022	
14.5.2022	Completing pattern with colour
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	
18.5.2022	
19.5.2022	
20.5.2022	
21.5.2022	Completing pattern with colour
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	
25.5.2022	
26.5.2022	
27.5.2022	
28.5.2022	Completing file work
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	Preparing second pot for base paint
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	
8.6.2022	
9.6.2022	
10.6.2022	
11.6.2022	Base paint on second pot
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	
15.6.2022	
16.6.2022	
17.6.2022	
18.6.2022	Decorating second pot
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	
22.6.2022	
23.6.2022	
24.6.2022	
25.6.2022	Finishing second pot and completion of file
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	
29.6.2022	
30.6.2022	

Name of the Assistant/Associate Professor: Dr. Shruti Singh
Class And Section: B.Sc. (Home Science) – VI Semester
Subject: Child Welfare -602
Mode Of Teaching: Offline
Lectures Per Week:6

Date	Topic To Be Covered
21.3.2022	
22.3.2022	Class I - Introductory Session Class – II – Definition & Objective of Child Welfare
23.3.2022	SHAHEEDI DIWAS
24.3.2022	
25.3.2022	Child Rights & Philosophy of Child Welfare
26.3.2022	Practical – Preparing play materials for children
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	Class I – National Policy of Child Welfare Class II – Needs & Organization
30.3.2022	
31.3.2022	
1.4.2022	Goals of National Policy for Child Welfare
2.4.2022	Practical – Preparing toys for children
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	Class I - Class Test of Unit - I Class II – Problems of school dropouts
6.4.2022	
7.4.2022	
8.4.2022	Problems of Child Labour
9.4.2022	Practical - Visit to National association for the Blind, Faridabad
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	Class I - Problems of Child Labour Class II – Effect of Mass Media on Children
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Practical – Preparation of questionnaire regarding girl child deprivation
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	Class I & Class II – Nutritional & educational deprivation among children
20.4.2022	
21.4.2022	
22.4.2022	Emotional deprivation among children
23.4.2022	Practical – Survey to know deprivation among girl child of middle income group
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	Class I - Class Test of unit - II Class II –Children with special needs; Blind Children & their rehabilitation
27.4.2022	
28.4.2022	
29.4.2022	Deaf & dumb children & their rehabilitation
30.4.2022	Practical – Survey to know deprivation among girl child of lower income group
01.5.2022	SUNDAY
02.5.2022	Class I - Deaf & dumb children & their rehabilitation Class II – Mentally retarded children & their rehabilitation
03.5.2022	ID UL FITR
04.5.2022	

05.5.2022	
06.5.2022	Mentally retarded children & their rehabilitation
07.5.2022	Practical – Analysis of the survey and report writing
08.5.2022	SUNDAY
09.5.2022	
10.5.2022	Class I & Class II – Voluntary agencies working for child welfare
11.5.2022	
12.5.2022	Effect of Mass Media on Children
13.5.2022	International agencies working for child welfare
14.5.2022	Practical – Involvement in child welfare activities
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	Class I - International agencies working for child welfare Class II – Family planning programmes in India
18.5.2022	
19.5.2022	
20.5.2022	Family planning programmes in India
21.5.2022	Practical – Involvement in child welfare activities
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	Class I & Class II - Family planning programmes in India
25.5.2022	
26.5.2022	
27.5.2022	Class test of unit - IV
28.5.2022	Practical – Report writing of child welfare activities
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	Class I & II - Juvenile delinquency – causes & ways to tackle the menace
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Juvenile delinquency – causes & ways to tackle the menace
4.6.2022	Practical – Preparation of a resource file regarding child welfare activities
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	Class test of unit - III
8.6.2022	
9.6.2022	
10.6.2022	Revision
11.6.2022	Practical – Preparation of a resource file regarding child welfare activities
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	Revision & presentation of assignments by the students
15.6.2022	
16.6.2022	
17.6.2022	Revision & presentation of assignments by the students
18.6.2022	Revision & presentation of assignments by the students
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	Revision & presentation of assignments by the students
22.6.2022	
23.6.2022	
24.6.2022	Revision & presentation of assignments by the students
25.6.2022	Revision & presentation of assignments by the students
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	Mock Test
29.6.2022	
30.6.2022	

Name of the Assistant/Associate Professor: Dr. Shruti Singh

Class And Section: B.Sc(Home Science) – IV Semester

Subject: Human Development – III - 402

Mode Of Teaching : Offline

Lectures Per Week :3

Date	TopicToBeCovered
21.3.2022	
22.3.2022	Introductory Session
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Young adulthood ; Definition & Developmental tasks
25.3.2022	
26.3.2022	
27.3.2022	SUNDAY
28.3.2022	
29.3.2022	Significance of young adulthood & adjustments
30.3.2022	Young Adulthood; Newfamily, work place, parenthood
31.3.2022	Young Adulthood; Independence & financial matters
1.4.2022	
2.4.2022	
3.4.2022	SUNDAY
4.4.2022	
5.4.2022	Sex role issues & implications for young adults
6.4.2022	Revision of Unit – I
7.4.2022	Class Test of Unit - I
8.4.2022	
9.4.2022	
10.4.2022	SUNDAY
11.4.2022	
12.4.2022	Middle adulthood – Definition, Physical changes (senses & diseases)
13.4.2022	Middle adulthood – Menopause, health issues & stresses
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	
17.4.2022	SUNDAY
18.4.2022	
19.4.2022	Middle adulthood – Coping with stress at family &work place
20.4.2022	Middle adulthood – Occupation & job satisfaction
21.4.2022	Middle adulthood – preparation for retirement
22.4.2022	
23.4.2022	
24.4.2022	SUNDAY
25.4.2022	
26.4.2022	Revision of Unit – II
27.4.2022	Class Test of Unit - II
28.4.2022	Late Adulthood & Ageing – Definition & Developmental tasks
29.4.2022	
30.4.2022	
01.5.2022	SUNDAY
02.5.2022	
03.5.2022	ID UL FITR
04.5.2022	Common interests & adjustment to family in old age
05.5.2022	Late Adulthood & Ageing – Psychological changes
06.5.2022	
07.5.2022	
08.5.2022	SUNDAY

09.5.2022	
10.5.2022	Late Adulthood & Ageing – Health Problems
11.5.2022	Late Adulthood & Ageing – Health Problems
12.5.2022	
13.5.2022	Late Adulthood & Ageing – cognitive & memory changes
14.5.2022	
15.5.2022	SUNDAY
16.5.2022	
17.5.2022	Late Adulthood & Ageing – cognitive & memory changes
18.5.2022	Revision of Unit - III
19.5.2022	Class Test of Unit - III
20.5.2022	
21.5.2022	
22.5.2022	SUNDAY
23.5.2022	
24.5.2022	Retirement – Effect on self, family & society
25.5.2022	Retirement – Effect on self, family & society
26.5.2022	Identity & family problems of old age
27.5.2022	
28.5.2022	
29.5.2022	SUNDAY
30.5.2022	
31.5.2022	Identity & family problems of old age
01.6.2022	Identity & family problems of old age
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	
5.6.2022	SUNDAY
6.6.2022	
7.6.2022	Identity & family problems of old age
8.6.2022	Revision of Unit - IV
9.6.2022	Class Test of Unit - IV
10.6.2022	
11.6.2022	
12.6.2022	SUNDAY
13.6.2022	
14.6.2022	Mock Test
15.6.2022	Revision
16.6.2022	Revision
17.6.2022	
18.6.2022	
19.6.2022	SUNDAY
20.6.2022	
21.6.2022	Revision
22.6.2022	Revision
23.6.2022	Revision
24.6.2022	
25.6.2022	
26.6.2022	SUNDAY
27.6.2022	
28.6.2022	Revision
29.6.2022	Revision
30.6.2022	Revision

Name of the Assistant/Associate Professor: Dr. Shriti Singh
Class And Section: B.Sc. (Home science) – IV Semester
Subject: Community Development & Communication - 401
Mode Of Teaching :Offline
Lectures Per Week :6

Date	TopicToBeCovered
21.3.2022	Introductory Session
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Meaning & scope of communication
25.3.2022	Importance of communication
26.3.2022	
27.3.2022	SUNDAY
28.3.2022	Elements of communication
29.3.2022	
30.3.2022	Practical – Preparation of non- projected aids to educate rural Women on different aspects like; School drop outs, health & care of pregnant women, Hygiene & sanitation, Blood donation, Health of adolescent girls & lactating mothers.
31.3.2022	Barriers of communication
1.4.2022	Problems of communication with special reference to India
2.4.2022	
3.4.2022	SUNDAY
4.4.2022	Models of communication
5.4.2022	
6.4.2022	Practical - Preparation of non- projected aids to educate rural Women on different aspects
7.4.2022	Types of communication
8.4.2022	Class Test of Unit - I
9.4.2022	
10.4.2022	SUNDAY
11.4.2022	Classification of teaching methods according to form & use
12.4.2022	
13.4.2022	Preparation of non- projected aids to educate rural Women on different aspects
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	
17.4.2022	SUNDAY
18.4.2022	Limitations of extension methods
19.4.2022	
20.4.2022	Practical - Preparation of non- projected aids to educate rural Women on different aspects
21.4.2022	Class test of unit – II
22.4.2022	Panchayati Raj System- meaning & functions
23.4.2022	
24.4.2022	SUNDAY
25.4.2022	Panchayati Raj System- organizational set up & problems
26.4.2022	
27.4.2022	Practical – Preparation of projected aid i.e. power point
28.4.2022	Principles of democratic decentralization
29.4.2022	Revision of Unit - III
30.4.2022	
01.5.2022	SUNDAY
02.5.2022	Class test of Unit - III
03.5.2022	ID UL FITR
04.5.2022	Practical - Preparation of projected aid i.e. power point
05.5.2022	Classification of audio – visual aids; Scope, advantages & limitations
06.5.2022	Audio – Visual Aids; Scope, advantages & limitations
07.5.2022	

08.5.2022	SUNDAY
09.5.2022	Factors limiting the selection & use of Audio – Visual Aids
10.5.2022	
11.5.2022	Practical – Making a puppet as a media of communication
12.5.2022	Use of radio talks, television & personal talk, Scope & advantage of extension methods
12.5.2022	Scope & advantage of extension methods
13.5.2022	Use of conferences, tours, campaigns & village fair
14.5.2022	
15.5.2022	SUNDAY
16.5.2022	Revision of Unit - IV
17.5.2022	
18.5.2022	Practical - Making a puppet as a media of communication
19.5.2022	Class test of Unit - IV
20.5.2022	Revision of all units
21.5.2022	
22.5.2022	SUNDAY
23.5.2022	Mock Test
24.5.2022	
25.5.2022	Practical – Preparing a radio talk related to educate rural people on different aspects
26.5.2022	Presentation of assignments by the students
27.5.2022	Presentation of assignments by the students
28.5.2022	
29.5.2022	SUNDAY
30.5.2022	Revision & Presentation of assignments by the students
31.5.2022	
01.6.2022	Practical – Preparing a radio talk related to educate rural people on different aspects
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Revision & Presentation of assignments by the students
4.6.2022	
5.6.2022	SUNDAY
6.6.2022	Revision & Presentation of assignments by the students
7.6.2022	
8.6.2022	Practical - Power Point Presentation
9.6.2022	Revision & Presentation of assignments by the students
10.6.2022	Revision & Presentation of assignments by the students
11.6.2022	
12.6.2022	SUNDAY
13.6.2022	Revision & Presentation of assignments by the students
14.6.2022	
15.6.2022	Practical - Power Point Presentation
16.6.2022	Revision & Presentation of assignments by the students
17.6.2022	Revision & Presentation of assignments by the students
18.6.2022	
19.6.2022	SUNDAY
20.6.2022	Revision & Presentation of assignments by the students
21.6.2022	
22.6.2022	Practical - Power Point Presentation
23.6.2022	Revision & Presentation of assignments by the students
24.6.2022	Revision & Presentation of assignments by the students
25.6.2022	
26.6.2022	SUNDAY
27.6.2022	Revision & Presentation of assignments by the students
28.6.2022	
29.6.2022	Practical - Power Point Presentation
30.6.2022	Revision & Presentation of assignments by the students

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Name of the Assistant/Associate Professor: Dr. Shruti Singh
Class And Section: B.Sc. (Home Science) – II semester
Subject: Human Development – I (203)
Mode of Teaching : Offline
Lectures Per Week :6

Date	Topic To Be Covered
21.3.2022	Introductory Session
22..3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	Theory - Human Development & Child Development, Growth & Development Practical – Collection of stories for children of nursery school
25.3.2022	
26.3.2022	Principles of Development
27..3.2022	SUNDAY
28.3.2022	Principles of Development
29.3.2022	
30.3.2022	
31.3.2022	Theory - Factors affecting development Practical - Collection of rhymes for children of nursery school
1.4.2022	
2.4.2022	Class test – Unit I
3.4.2022	SUNDAY
4.4.2022	Stages of Development
5.4.2022	
6.4.2022	
7.4.2022	Theory – Stages of development Practical - Constructing a game for 5-6 year old children
8.4.2022	
9.4.2022	Prenatal development – Stages, Identical – Non identical twins
10.4.2022	SUNDAY
11.4.2022	Prenatal development during three trimesters
12.4.2022	
13.4.2022	
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Factors affecting prenatal development
17.4.2022	SUNDAY
18.4.2022	Class Test of Unit - II
19.4.2022	
20.4.2022	
21.4.2022	Theory – Infancy, Physical characteristics of neonate Practical – Developmental assessment of infants
22.4.2022	
23.4.2022	Sensory capacities & reflexes of infants
24.4.2022	SUNDAY
25.4.2022	Developmental tasks, milestones of infants
26.4.2022	
27.4.2022	
28.4.2022	Theory – Physical & motor development of infants Practical – Developmental assessment of infants
29.4.2022	
30.4.2022	Social, emotional & cognitive development of infants
01.5.2022	SUNDAY
02.5.2022	Factors influencing development among infants
03.5.2022	ID UL FITR
04.5.2022	
05.5.2022	Theory – Early childhood; developmental tasks & milestones

	Practical – Developmental assessment of preschoolers
06.5.2022	
07.5.2022	Physical, social & motor development during early childhood
08.5.2022	SUNDAY
09.5.2022	Emotional, cognitive & language development among preschoolers
10.5.2022	
11.5.2022	
12.5.2022	Theory – Preschool orientation & significance Practical – Observation of physical & motor development among infants
13.5.2022	
14.5.2022	Factors affecting development during early childhood stage
15.5.2022	SUNDAY
16.5.2022	Class test of Unit - III
17.5.2022	
18.5.2022	
19.5.2022	Theory – Importance of play for all-round development of preschoolers Practical – Observation of motor-emotional, social development among preschoolers
20.5.2022	
21.5.2022	Revision of unit –IV
22.5.2022	SUNDAY
23.5.2022	Class test of Unit - IV
24.5.2022	
25.5.2022	
26.5.2022	Theory – Revision of Unit – I & Presentation by the students Practical - Observation of parent child interaction & child-child interaction among preschoolers
27.5.2022	
28.5.2022	Class test of Unit – I
29.5.2022	SUNDAY
30.5.2022	Revision of Unit – II & Presentation by the students
31.5.2022	
01.6.2022	
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	
4.6.2022	Class test of Unit - II
5.6.2022	SUNDAY
6.6.2022	Revision of Unit – III & Presentation by the students
7.6.2022	
8.6.2022	
9.6.2022	Theory – Class test of Unit – III Practical – Plan activities for physical & motor development of preschoolers
10.6.2022	
11.6.2022	Revision of Unit – I, II,III
12.6.2022	SUNDAY
13.6.2022	Mock test – Unit I, II & III
14.6.2022	
15.6.2022	
16.6.2022	Theory – Revision of Unit – IV & presentation by students Practical - Plan craft activities for preschoolers
17.6.2022	
18.6.2022	Revision of Unit – IV & presentation by students
19.6.2022	SUNDAY
20.6.2022	Class test of unit - IV
21.6.2022	
22.6.2022	
23.6.2022	Presentation of assignments by students
24.6.2022	
25.6.2022	Presentation of assignments by students

26.6.2022	SUNDAY
27.6.2022	Presentation of assignments by students
28.6.2022	
29.6.2022	
30.6.2022	Presentation of assignments by students

Name of the Assistant/Associate Professor: Dr. Shruti Singh
Class And Section: B. A.(Home Science) – III Year
Subject: HS06
Mode Of Teaching: Offline
Lectures Per Week :8

Date	TopicToBeCovered
21.3.2022	Introductory Session
22.3.2022	
23.3.2022	SHAHEEDI DIWAS
24.3.2022	
25.3.2022	Meal preparation for pre-school going children – Cereal based meal
26.3.2022	Meal preparation for pre-school going children – Milk & fruit based meal
27.3.2022	SUNDAY
28.3.2022	Meal preparation for pre-school going children – Cereal based meal
29.3.2022	
30.3.2022	Meal preparation for pre-school going children – Milk & fruit based meal
31.3.2022	
1.4.2022	Meal preparation for school going children –Breakfast meal
2.4.2022	Meal preparation for school going children – Tiffin preparation
3.4.2022	SUNDAY
4.4.2022	Meal preparation for school going children –Breakfast meal
5.4.2022	
6.4.2022	Meal preparation for school going children – Tiffin preparation
7.4.2022	
8.4.2022	Meal preparation for adolescent boys– Lunch meal
9.4.2022	Meal preparation for adolescent boys– Tiffin preparation
10.4.2022	SUNDAY
11.4.2022	Meal preparation for adolescent boys– Lunch meal
12.4.2022	
13.4.2022	Meal preparation for adolescent boys– Tiffin preparation
14.4.2022	DRB.RAMBEDKAR JAYANTI
15.4.2022	
16.4.2022	Meal preparation for adolescent girls– Tiffin preparation
17.4.2022	SUNDAY
18.4.2022	Meal preparation for adolescent girls– Dinner meal
19.4.2022	
20.4.2022	Meal preparation for adolescent girls– Tiffin preparation
21.4.2022	
22.4.2022	Meal preparation for Adult male – Breakfast meal
23.4.2022	Meal preparation for Adult female – snacks meal/ Tea time meal
24.4.2022	SUNDAY
25.4.2022	Meal preparation for Adult male – Breakfast meal
26.4.2022	
27.4.2022	Meal preparation for Adult female – snacks meal/ Tea time meal
28.4.2022	
29.4.2022	Meal preparation for pregnant lady – Lunch meal
30.4.2022	Meal preparation for pregnant lady – Evening snacks meal
01.5.2022	SUNDAY
02.5.2022	Meal preparation for pregnant lady – Lunch meal
03.5.2022	ID UL FITR
04.5.2022	Meal preparation for pregnant lady – Evening snacks meal
05.5.2022	
06.5.2022	Meal preparation for lactating mother – Mid Morning meal
07.5.2022	Meal preparation for lactating mother – Dinner meal
08.5.2022	SUNDAY
09.5.2022	Meal preparation for lactating mother – Mid Morning meal
10.5.2022	
11.5.2022	Meal preparation for lactating mother – Dinner meal

12.5.2022	Meal preparation for adolescent girls– Dinner meal
13.5.2022	Preparation of Pickles (Mixed Pickle)
14.5.2022	Preparation of Pickles (Seasonal Veggies/fruits)
15.5.2022	SUNDAY
16.5.2022	Preparation of Pickles (Mixed Pickle)
17.5.2022	
18.5.2022	Preparation of Pickles (Seasonal Veggies/fruits)
19.5.2022	
20.5.2022	Preparation of different types of chutney
21.5.2022	Preparation of squash
22.5.2022	SUNDAY
23.5.2022	Preparation of different types of chutney
24.5.2022	
25.5.2022	Preparation of squash
26.5.2022	
27.5.2022	Preparation of Jam
28.5.2022	Preparation of Jelly
29.5.2022	SUNDAY
30.5.2022	Preparation of Jam
31.5.2022	
01.6.2022	Preparation of Jelly
02.6.2022	MAHARANA PRATAP JAYANTI
03.6.2022	Preparation of Jam
4.6.2022	Preparation of Jelly
5.6.2022	SUNDAY
6.6.2022	Preparation of morrabba
7.6.2022	
8.6.2022	Preparation of morrabba
9.6.2022	
10.6.2022	Preparation of morrabba
11.6.2022	Preparation of morrabba
12.6.2022	SUNDAY
13.6.2022	Preparation of protein rich diets for Pre School going children
14.6.2022	
15.6.2022	Preparation of healthy drinks School going children
16.6.2022	
17.6.2022	Preparation of protein rich diets for Pre School going children
18.6.2022	Preparation of healthy drinks School going children
19.6.2022	SUNDAY
20.6.2022	Preparation of Preservative drinks
21.6.2022	
22.6.2022	Preparation of Preservative drinks
23.6.2022	
24.6.2022	Preparation of Preservative drinks
25.6.2022	Preparation of Preservative drinks
26.6.2022	SUNDAY
27.6.2022	Revision
28.6.2022	
29.6.2022	Revision
30.6.2022	